

VERBAL ACD'S



AS SEEN IN DISCOVERIES VOL. 19 ISSUE 2

GO AHEAD, make my day

WHAT GOES AROUND EVERY DAY
 Take a selfie
 Pack a lunch
 HNNews
 Trey Crawford sits in front of trophy case
 Upload selfie
 Tag #pgpod
 Laps on the track
 Brush teeth
 Jam out in car
 Rooster crow
 Blink
 Mr. Kirk gives pre-quiz speech
 Turkey sandwiches
 Take shower
 Check attendance
 3:30 bell
 Sleep
COMES AROUND

WE ALWAYS SAY our days are going by slowly but when **JUST IN CASE** we wonder where it went. See page 89

8/30

like clock WORK

Kailey Carr pulls into the parking lot, after waking up earlier this morning, and lands a spot on the second row. She strolls into school, and exchanges a satisfied smirk with Mrs. Cook. Goline does a quick inspection ... nothing. She walks to first period with her Dr. Pepper tucked safely away in her bag.

Kayne Robinson trudges to the practice area with his tuba. The heat is intense, but his white shirt keeps the sweat to a minimum. Today's two hour rehearsal feels less like a microwave and a little more bearable.

Lexi Zachry eats spaghetti. Her mom has it ready and waiting as soon as she walks in the door. She scarfs it down before the theme song of "Pretty Little Liars" airs. Tonight she starts her biology homework a day early, determined not to procrastinate once again.



Tuesday, senior Regan Arnold uploads a shot of her and some teammates before their win against Prairieland. And then, it's Friday afternoon. Drew Davis waits nervously for kickoff at the first football game against the Panthers.

Because their theme was What Goes Around... it made sense that the ACD that tracked across the bottom margin was a story that not only continued throughout the book, but ended with the same student it started with. In addition to advancing the theme, the device allowed the staff to include 227 students and an array of year-specific events on campus and off in the book.

PLEASANT GROVE HS

HAWK
 TEXARKANA, TX

LEGEND HS

The alternative to the horizontal marginalia is a vertical display of quotes. The theme's high-contrast visuals led the staff to repeat similar visuals on each spread. The theme, A Legend is a Story, was a play on the school name and the conceptual tie presented opportunities for the students to share their own six-word memoirs.

2 CHANGING
A LEGEND IS A STORY **3**

LUZZY SCAMP, 9
"REALITY IS VISIONS, DREAMS ARE REAL."
DOHNEY DORNEY, 9
"WIN WITHOUT BOASTING, LOSE WITHOUT EXCUSE."
BROOKE DOUMER, 10
"THROUGH THE ROUGH WE STICK TOGETHER."
CAROLYN CHAVEZ, 10
"ENOUGH OF THE LITTLE THINGS IN LIFE."
MADRYN JENSON, 11
"I AM CHASING A DREAM."
ALEX CARDONIS, 11
"I FOUND A GEAR AND I CHEVIE IT."
MICHAEL MARLO, 12
"IT GOES BY FAST, BUT NO REGRETS."
BAILEY BAKER, 12
"I MADE IN CALIFORNIA, AGED IN COLORADO."

48 JUNIOR
A LEGEND IS A PERSON **49**

CAULIN FODRIAN, 9
"DO THE BEST THAT I CAN."
MATTHEW CARRANZA, 9
"I WANT AN ONLINE YOUTUBE SHOW."
ANDREW PONCIER, 10
"I LIVE IN PURSUIT OF HAPPINESS."
BRIAN LYLE, 11
"LIFE'S WHAT YOU MAKE OF IT."
BRUCE SPARKS, 9
"SMILE, WAY TOO MUCH ABOUT EVERYTHING."
JENNA PARKHILL, 11
"I WANT TO TRAVEL THE WORLD."
ANDREW SPALDING, 12
"I DO LOVE TO COMPREHEND MY SARCASM."
RAYANNE THUISHER, 12
"PHOTOGRAPHY, MY PRESSION AND FUTURE CAREER."

A Legend is a Story 1080 days, 25920 hours, 1555200 minutes. Legend's story has been developing.

THAT might much time compared to other schools, but it's enough time for our school to develop our own story. It's the stories we hear in the halls. Stories of our multiple sports teams making it to the state playoffs, the stories of several final weeks and the sights of relief after those weeks are over. It's the homecoming weeks and the battle of the sexes. It's the stands in the gym being filled up during the rival games. It's the stories of the Coliseum Craze against the deck when traveling back from lunch. It's your story. It's my story. It's the school's story because after all, **A LEGEND IS A STORY**.

FRIENDSHIPS we make and the teachers we get to know. It's having the furthest possible parking spot. It's the race

CHEERING LOUDLY. Varsity Cheer supports the Varsity Girls Basketball team at their home game against Fort Collins on December 10. Varsity Cheer cheered at almost all varsity sporting events throughout the year. Photo by Becca Gutierrez.

PHOTOGRAPHIC ACD'S

AS SEEN IN DISCOVERIES VOL. 19 ISSUE 2



TAKE PRIDE While forming the letter "T" with the freshman class, Sam Station participates in the filming of the Katy Perry "Roar" video in October. The video was a way to increase school spirit and address the issue of bullying. "This was something we never would have done at Rocky," Station said. (photo by Sarah Littauer) **HEARING NEWS** An announcer from the WHP radio station interviews running back Alex Ball, a junior. Ball was named player of the game for his 180-yards rushing and three touchdowns in a 35-04 loss to Breard. "The game was my best game of the season and probably one of the reasons I got all-conference and all-area honors," Ball said. (photo by Ralph Rasemann) **OPEN WINGS** After watching the varsity football team score a touch-down against North Henderson, seniors Nick Ours and Donovan Station encourage the team to play well on defense. Students traveled to North Henderson to support the football team in a 7-34 loss. "I tried to make it to every football game because it was my senior year. The best part was going to Waffle House after every game," Ours said. (photo by Sarah Littauer) **THIS IS IT!** At the beginning of the senior night volleyball game against East Henderson, seniors Andrew Murray and Joy Johnston perform the National Anthem. "Working with joy was fun because she is a very talented singer," Murray said. (photo by Sarah Littauer)



Words have an **impact** beyond the sounds they make. The things that we **say** to others, both **empowering** and **crippling**, continue to echo in our **minds** for years to come. It is **up** to us to decide how our syllables will **influence** those around us. **Make** word choices **carefully**, but never be reluctant to **speak**. After all, we have **so much to say.**

— Austin Downing, 12

WITH THE WORDS

6 WITH WORDS

What was your personal highlight for 2013?
 "Figuring out that I am moving to Arizona because we are starting a church there."
 — Jarrett Bull, 10

"Getting my driver's license was exciting because of the freedom that comes with it."
 — Dominic Guerra, 11

"Moving here from Florida because this school and the people are much nicer."
 — Emmanuel Londono, 10

DIVIDER 7

Because they know students love to see their faces in the year, the Westwind staff added square profile-type portraits to the quotes in their ACD. Each spread posed a question answered by students. Making a decision to add photos to an ACD is definitely a photographic commitment. If you simply run the portraits from the photographer's CD, there's no new content involved.

WEST HENDERSON HS

WESTWIND
 HENDERSONVILLE, NC

2015 SNEAK PEAKS

AS SEEN IN DISCOVERIES VOL. 19 ISSUE 2

THE FUN
05

WHAT'S IT WORTH
Students answer what they do in their free time during their precious free time.

98 LISTEN TO MUSIC

"I usually listen to hip-hop and rap. Some of it is kind relaxing, while other times I listen to it to pump up."



57 PLAY AN INSTRUMENT

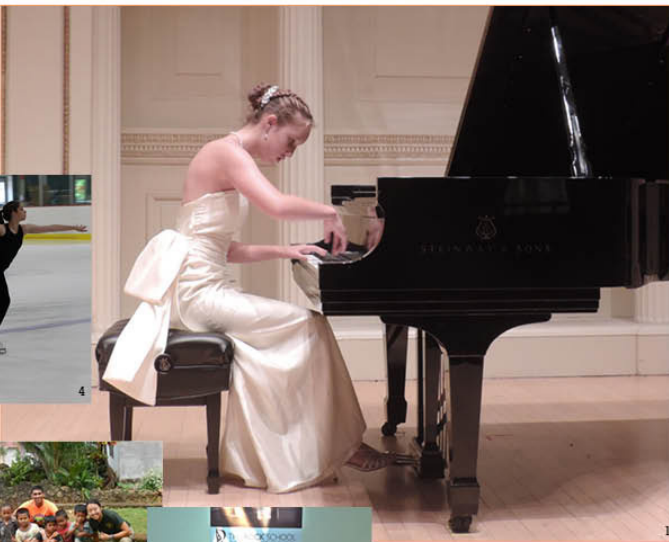


85 STUDY

"Do pushups, take cold showers, and eat bananas to keep focus."

3. PLAYING THE PIANO AT CARNEGIE HALL. Freshman Maggie Kelley showed off her talent. Kelley was a competition and the prize was to play a recital in Carnegie Hall in New York. "Getting to travel to New York and being able to play in front of a bunch of people in Carnegie Hall was a great experience." Kelley commented. Photo courtesy of Maggie Kelley.

4. ACQUAINTANCE IT WASN'T YOUR FIRST TIME attending the sleepaway camp, sophomore Audrey Park definitely felt as if she knew as a camper. Coming away for five weeks, she got to train down to every last bit. Being a dancer of the dance team and a ballerina out of school, this was a great opportunity to continue her love throughout the year. "I go to it to summerize my love and it made me feel like I don't just waste the summer by doing nothing." Park said. Photo courtesy of A. Park.



EVEN IN THE SUMMER MONTHS, INJURIES CAN'T RUIN BREAK. "Over the summer, I went to HAWAII. As I was walking towards the beach shower in my flip-flops, I tripped. I didn't hurt much at first, but the next morning I couldn't walk. It turns out I SPRAINED MY ANKLE. When I was at the airport coming back to Virginia, they

didn't want to walk me through the scanner, so they were going to give me a padlock but I had a TSA pre-check card so I didn't actually have to get pad down. Spraining my ankle on vacation was terrible, but at the same time I still had LOTS OF FUN. It was DEFINITELY WORTH IT, and I wouldn't change the experience at all."



SUMMERTIME GLADNESS

During the summer, students found ways to keep busy, whether it was travelling, sports, or summer school.

BY SONIA GUPTA

MUSIC TO MY EARS

BY SONIA GUPTA
During the breaktime homecoming pep rallies, live music jazzes up the crowds.



Claiming her cymbals together, junior Katelyn Clamond raises the crowd. Spirit is a huge part of her life and getting into the school spirit was what it was all about at the pep rally. "Even though my class didn't win spirit most of the time, it was still fun to cheer and play so loudly that I'd get sidesteps on my hands." Photo by A. Zhu.



While playing his drums, junior Hazeem Chang leads his class to victory of the spirit award. Because of Chang and his class' effort, the juniors were able to win the spirit award the last day of homecoming week. "Every class has a tradition of going out into the pep rally with their instruments and playing the heck out of them," said Chang. Photo by W. Igo.

BYE-BYE PING-PONG

BY BRITNEY COOK
Seniors enjoy the last few moments in the Stouge.



The hestball table is another popular pass time that won't be available in the new room.

The favorite place in the room, the Ping-Pong table, will not be moving to the new lounge.

While the new Stouge will have sofas and tables, they will be getting

THOMAS JEFFERSON HS

TECHNIQUES

ALEXANDRIA, VA

Here's what Harris was talking about. Her staff conceded to an ABC for 2015 after they discussed the many kinds of content that could be included. Quotes, images, graphics, fun facts and more provide a mix of coverage possibilities.

TECHNIQUES

THOMAS JEFFERSON HS

REPUTATION
12th

GETTING SLEEP ISN'T GOING TO BE EASY

Sophomore Rashel says talk is about her sleep schedule.

"It depends on the day, but on average I sleep about 6 to 7 hours. I go to bed at 10:30, which is a little early, but I'm used to it because I'm used to it."

reaches the end of the day. For me, I can't get a lot of sleep without some caffeine. I usually have a cup of coffee in the morning, and I usually have a cup of coffee in the afternoon. I usually have a cup of coffee in the afternoon. I usually have a cup of coffee in the afternoon.

REPUTATION
12th

IT'S GONNA TAKE SOME TIME TO GET USED TO IT

Students share their favorite drinks to keep them awake through the school day.

"I usually have a cup of coffee in the morning, and I usually have a cup of coffee in the afternoon. I usually have a cup of coffee in the afternoon. I usually have a cup of coffee in the afternoon."

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PER RALLY PERSPECTIVES

Four students' takes on the Homecoming pep rally



WHAT SURPRISED YOU MOST ABOUT THE HOMECOMING PER RALLY?

The amount of participation surprised me because usually at other schools only a select group of people will participate. When you don't see well, people are less likely to participate. It was a lot of participation. It was a lot of participation. It was a lot of participation.

Yes, at T.J. everyone goes all out. The pep rally was a lot of fun, which was pretty surprising. I was also surprised by how much the juniors participated in the pep rally. It was a lot of fun. It was a lot of fun. It was a lot of fun.

I was the year one. I was excited with pretty consistent about having a pep rally. I was excited with pretty consistent about having a pep rally. I was excited with pretty consistent about having a pep rally.

I remember in the past few years other classes would not participate. This year so many did, even though they were not in the pep rally. I was excited with pretty consistent about having a pep rally.

DO YOU FEEL LIKE YOU CAME TOGETHER AS A CLASS DURING THE PER RALLY?

We never talk to each other in class, but during the pep rally we were cheering and cheering with each other. We were cheering and cheering with each other. We were cheering and cheering with each other.

THE T.J. GRUMBLE

Construction at T.J. led to junior Cheryl Marshall and senior Kaleigh Vance to vent their gripes.

Construction at T.J. led to junior Cheryl Marshall and senior Kaleigh Vance to vent their gripes. Construction at T.J. led to junior Cheryl Marshall and senior Kaleigh Vance to vent their gripes.

Check out the percentage of students taking these AP classes

12% are taking AP AB or BC Calculus

11% are taking AP Psychology

11% are taking AP Computer Science

11% are taking AP Statistics

THE EASY WAY

What PHYSICS IS NOT EASY

1. FEEL LIKE IT'S A BURDEN

2. NOT REALLY CHOICE LOSS OR CHOICE LOSS

3. PHYSICS IS HARD TO DO

4. IT'S FUN WHEN YOU UNDERSTAND

5. PHYSICS IS REALLY FUN, ALTHOUGH

HOW TO SURVIVE PHYSICS

What are some tips for surviving physics according to current physics and AP physics students?

1. TO SURVIVE PHYSICS, YOU...
2. TO SURVIVE PHYSICS, YOU...
3. TO SURVIVE PHYSICS, YOU...

THE EASY WAY

What are some tips for surviving physics according to current physics and AP physics students?

NOT A PIECE OF CAKE

On a scale of "how fun" to "how hard," 57 students responded to the question "how do you feel about physics?"



The answer lies in learning how to do it. It's a lot of work, but it's a lot of fun. It's a lot of fun, but it's a lot of work. It's a lot of fun, but it's a lot of work.



Center of mass
Runner's shoes

$F_{net} = ma$
 $F_{x,net} = ma_x = F_s \cos \theta - F_g \sin \theta = ma_x$
 $F_{y,net} = ma_y = F_s \sin \theta - F_g \cos \theta = ma_y$

$h \sin \theta + \cos \theta F_s = 0$
 $F_s = N \tan \theta = mg \tan \theta$
 $a_c = g \tan \theta = a_{cent} = \frac{v^2}{r}$
 $g \tan \theta = \frac{v^2}{r}$
 $r = \frac{v^2}{g \tan \theta}$
 $v = \frac{1 \text{ mi}}{55 \text{ min}} \times \frac{60 \text{ sec}}{60 \text{ sec}} = \frac{1609 \text{ m}}{60 \text{ min}} = 4.88 \text{ m/s}$
 $r = \frac{(4.88 \text{ m/s})^2}{g \tan \theta} = 13.8 \text{ m}$
 $r = 9.81 \text{ m/s}^2 \times \tan \theta = 13.8 \text{ m}$
 $N = mg$
The radius of his turn is 13.8 m

AURORA, CA
SUMMIT

SMOKY HILL HS

Distinctive black and white half portraits accompany the quotes in the theme-promoting ACD in this 2015 yet-to-be-released volume.



WAS IT SORTA CLOSE OR EXACTLY RIGHT?

JUSTIN EAGLET
holding her keys

WHELBY EAGLET
holding her keys

AMANDA ALARON
holding her keys

EXACTLY NOW- PALESTINE PROTEST

SMAYI HAKKI
protesting for the war in Gaza

SURIA A THE COOLEST CAR
Maria Lynn experiences a surprise revelation

OVERSEA ADVENTURES, ENGLISH LANGUAGE SUBVERSION WITH LIFE EXPERIENCES AND ROYAL ENCOUNTERS

IT'S TRAVEL TIME

ROYA SINDYALE

WAS IT SORTA CLOSE OR EXACTLY RIGHT?

JUSTIN EAGLET
holding her keys

WHELBY EAGLET
holding her keys

AMANDA ALARON
holding her keys

TOO CLOSE TO HOME

...for breast cancer awareness month while paying a tribute to those lost

WE SORTA AGREE

MARILEE SORVALD

CLAYTON WILSON

HITTING THE RIGHT MOVES

MEMBERS PRACTICE MOVES WITH DANCE CLUB

CEST