

# Sport/Event: Gymnastics

Location: University High School  
Spokane, Wa

## Camera Equipment

### Camera Body

Nikon D610, 750

Canon 70D

### Lense(s)

85mm f/1.8 (Vault)

50mm f/1.4 (Bars)

70-200mm f/2.8 (Floor/Beam)

## Camera Settings

### Shutter Speed

\_\_\_ 1/320 \_\_\_ 1/500 (prime)

### Aperture

\_\_\_ f/2.8 \_\_\_ f/1.4-1.8 (prime)

### ISO

\_\_\_ 4000 \_\_\_ 3200-4000 (prime)

### White Balance

\_\_\_ Tungsten \_\_\_

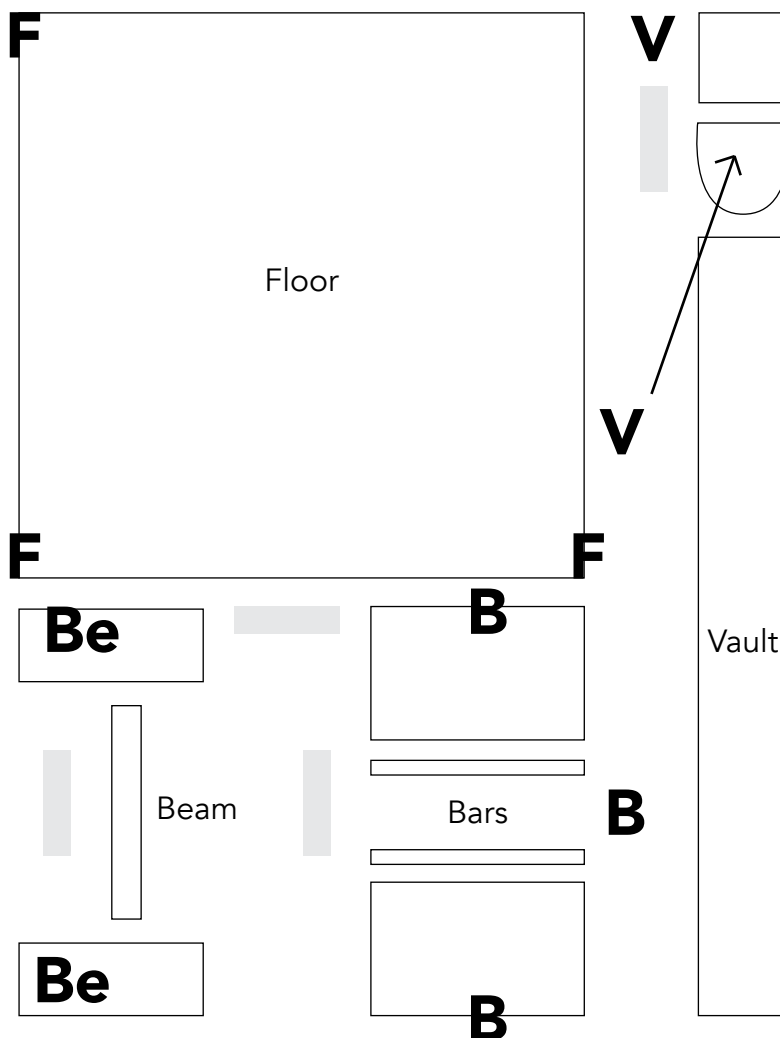
### Special Considerations

#### TURN OFF AF-Light Assistance!! NO FLASH!!

Keep your focus point on the gymnast's face at all times (you will have to refocus A LOT). Make sure you are set to AF-C / CH (mode).

## Where should I stand?

F, Be, B, V = Locations to stand



## Why should I stand there?

### Vault

- To get a face shot photograph the gymnast as they vault over the pommel
- Train your focus on the pommel and wait for their face to appear towards you.
- \*Stand BEHIND the judges line of sight or else they will yell...

### Floor

- Photograph on the corners to capture tumbling passes better
- watch run throughs of the routine and pay attention to their location on the mat when they pose/dance
- photographs towards the team (so they're reactions are in the background)

### Beam

- watch warmups and pick the side where they face during 70% of the routine.
- 45 degree towards the beam (straight on is okay just not the whole time)
- Shoot low, angle high (sit down on the ground if possible)
- Photograph towards the crowd NOT the stage)

### Bars

- If photographing straight on from the mats - choose the side they dismount on. Shoot low, aim high)
- 50mm is best if photographing at a 45 degree angle between the bars (standing)
- Stand behind the weights.
- Avoid photographing near the judges table.

# Sport/Event: Wrestling

Location: Tacoma Dome

WIAA State Wrestling Tournament

## Camera Equipment

### Camera Body

Nikon D610, 750

Canon 70D

### Lense(s)

70-200mm f 2.8

300mm f 2.8

24-70mm f 2.8 (group photo)

## Camera Settings

### Shutter Speed

\_\_\_\_\_ 1/250 - 1/320 \_\_\_\_\_

### Aperture

\_\_\_\_\_ f 2.8 \_\_\_\_\_

### ISO

\_\_\_\_\_ 1600 \_\_\_\_\_

### White Balance

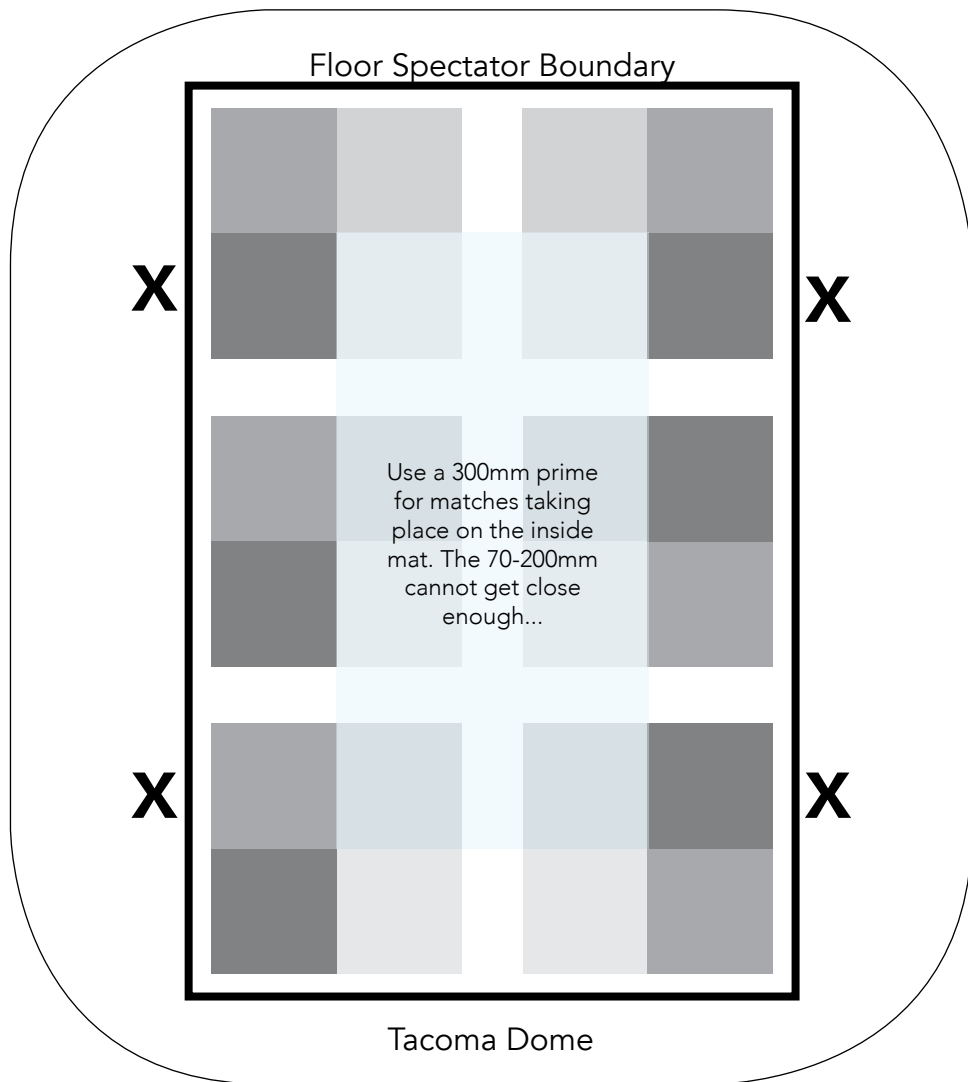
\_\_\_\_\_ AWB \_\_\_\_\_

### Special Considerations

#### TURN OFF AF-Light Assistance!! NO FLASH

WIAA rules don't allow student photographers inside the competition mat areas - all photographers must stay outside the metal barriers \*\* Use the 300mm if wrestler is not near the metal fence.

## Where should I stand?



## Why should I stand there?

### Perimeter

Student photographers are NOT ALLOWED inside the perimeter which means all photographers have to stand on the outside of the fence photographing inwardly. 4A - 3A mats are usually located on the west side of the dome BUT may be moved around so PAY CLOSE ATTENTION to the individual mat signs posted at each mat assignment. Also, make sure you find our teams hangout location

within the dome in case you need to find a wrestler or get up to date information on mat locations, match times, etc.

### Photography advice

LOW ANGLES are the best for wrestling. We need to see both eyes in the photograph.

### Equipment Considerations

If you can stand near a mat towards the edge of the fence then you need to

use a 70-200mm lens. If the match is taking place on the inside mat (see blue shaded area above) then you MUST use the 300mm prime. The 70-200mm cannot take photos close enough to use in the book.

### Timeline

Depending on team results you need to stay for the awards ceremony. If our team places 1st- 3rd they will be on the podium at the end and need a photo!!

# Sport/Event: Basketball

Location: Mead High School

## Camera Equipment

### Camera Body

Nikon D610, 750  
Canon 70D

### Lense(s)

70-200mm  
24-70mm (under the hoop only)

## Camera Settings

Shutter Speed

\_\_\_ 1/320 - 1/500 \_\_\_

Aperture

\_\_\_ 3200 - 4000 \_\_\_

ISO

\_\_\_ f 2.8 \_\_\_

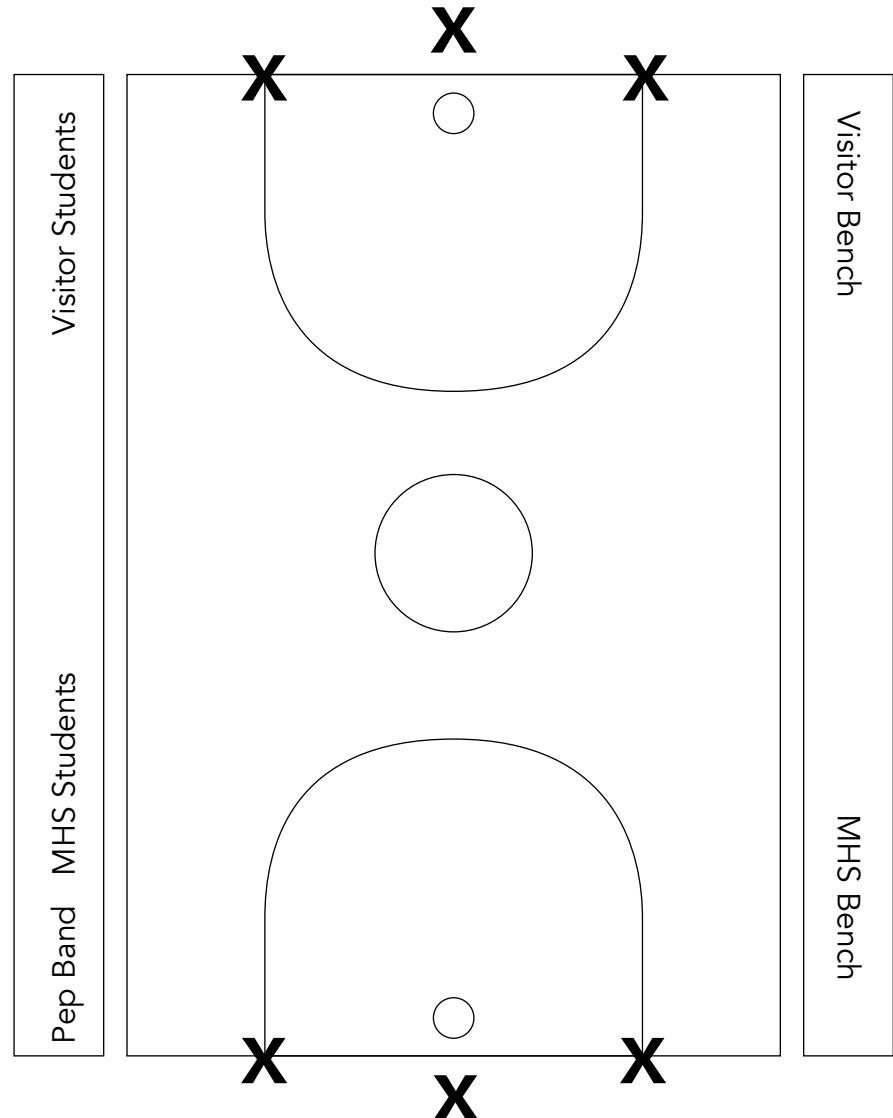
White Balance

\_\_\_ AWB \_\_\_

### Special Considerations

Faster shutter speeds are necessary for this fast paced sport hence the higher ISO... It's recommended you use a monopod to ensure that your photographs are sharp because the ISO is high and there will be some grain. DO NOT go over 4000 ISO.

## Where should I stand?



## Why should I stand there?

- Standing under or near the basket ensures that you get a player's face as they approach the hoop.
- Most of the action takes place under/around the hoop.
- DO NOT stand around the mid-court unless it's during the tip-off. You will only get profile shots and we want a player's entire face in the image.
- Squat or kneel. Photos look more dynamic from a low angle.

## Don't forget to...

- Photograph Pep Band, Cheerleaders, and reactions on the bench (especially after a point is made).
- 30 secs of video (cheers, band songs, player reactions, etc)
- Switch lenses if you're shooting directly under the hoop! 24-70mm is the best lens for jump shots (make sure you don't crop out the hoop!)

# PHOTO EVENT GUIDE

**Sport/event:** \_\_\_\_\_ **Location:** \_\_\_\_\_

## Camera equipment

▶ Camera body:

▶ Lense(s):

## Camera settings

▶ Shutter speed:

▶ Aperture:

▶ ISO:

▶ White Balance:

## Special considerations:

## Where should I stand? (Sketch the location)

## Why should I stand there?