



V hat's trending in 2019 yearbooks

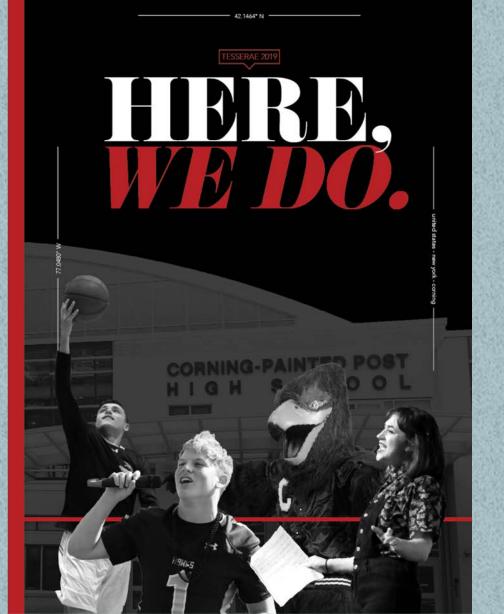
Gary Lundgren National Scholastic Press Association





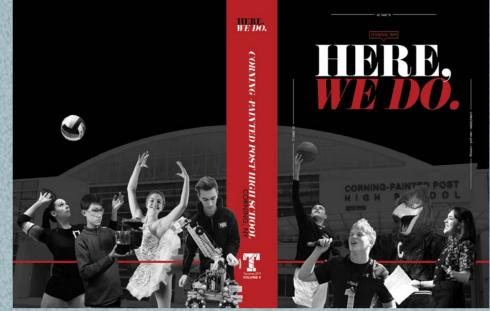
> BOOK LOOKS 800 yearbooks pass through the NSPA offices each year.





> TESSERAE

Corning-Painted Post High School New York



> COVER



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smaller school, because you have coaches who are really supportive of the kids and are willing to put in the time and effort. With a large pool o tudents, our sports teams are more competitive. Within clubs and groups like color guard, at a maller school you don't have as many teachers to pull from. Here, you can find someone who s really interested in investing their time in the tudents-that pushes the students to become more involved and invested as well, when yo have a teacher who's passionate about wha they're doing." junior photo by Alexis Woodcod

Deal With It - 10 • Get Comfortable - 012 • Find Acceptance - 014 • Get Hype - 016 • Get Dressed - 018 • Organize - 020 • Recharge - 026 • Break Down - 028 • Make Decisions - 030 • Double Up - 036 • Dive In - 038 • Fight Through - 040 • Find Our Rhythm - 042

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Full Swing During the halftime show on Oct. 5, union Hulls Brill does a swing flag routine to the theme from Supernan' with the Performance Band. "Here, it's different than if you were at a



Cover (L to R): Front - Justin Rodriguez (10), Adam Zingler (12), Mo the Hawk, Julee Gillemot (12) Back - Katilyn DiNardo (10), Wesley Wu (10), Frances Meck (11), William Boychuck (11)

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we do what others don't.

In our labs

Where we don't cure cancer, but Jerry finds ways to detect it much sooner.

-003

Groundbreaking Results After an extensive amount of research during vacation, junior Jarry Hou test for biomarkers with the use of gold nanoparticles. "Over the summer, I was researching at Binghamton University with a mentor of mine and essentially we were testing for the presence of a biomarker in a solution," Hou said." Based on how much biomarker is present, we can gauge how intensa diseases throughout the body areso we re working on detecting the side biomarker through nanoparticles." Photo by Alexis Woodcock

By the river Where we test our handmade airplanes in Aerospace and Engineering.

Sectional champions play and robots go head-to-head here, in the Field House, where we dream what others won²t.

Should we continue to show up at the pool at 6 a.m. for track practice? I don't know, do you want to beat your PR?

Of course you do. Of course we do.

> OPENING 1



GLORIA SHIELDS NSPA MEDIA WORKSHOP

OO4 Ternate design by Kitain Hauptman HERE, WE NSPIRE WHEN OTHERS NEEDIC

On the sidelines

Where we cheer on our teammates through the end of the game, even when we lose by 19.

In the theater

Where we perform 'Just Around the Corner' from 'The Addams Family.'

Should we continue to take care of others in our community? I don't know– did you see the overflowing boxes of donations for the food pantry?

Of course you did. Of course we will.

We may get lost in the halls on Freshman First Day (where's the B hall again?), but here, we aspire to do more to go beyond our fields and classrooms.

On Market

Where we fuel our ambitions with over-stuffed burritos and iced coffee.

At Sullivan Park

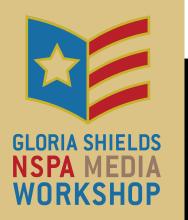
Where we spend our summer coding for a Fortune 500 company.

In Orlando

Where we bump, set and spike our way to stronger bonds as a team Sideline Support The girk variety basketball sam chooses from the bench at the game geant Elimite on Dec. 13. "Overall, I would describe this session as furn and emotional socializing that this is my last year playing packetball with since elementary school," senior aurone Beall acid. "This session was a lot of un and I could always look forward to an worthful and execting practice with the team and coach Tate Williams and coach Michelle Clark. Every practice brought a new memory hat we could all share together and we could always look around with each other and the session so much more un, " photo by Megan West

005

sleep deprivation? snow day superstitions? suny school visits every other weekend? Yeah, we do that.



The Addams Fami cestors and Morticia, played by juni noto by Sara Gamen-Mu Community, education, passion and more—it's what WE DO,

-007

> OPENING 3

LOOK INSIDE.

That's where we find the drive to take three art classes each semester, The means to step into the sound booth and combine four different visions into one song.

Inside, we think, struggle, dream.

Our inner strength gets us through those times when we stay up until 3 a.m. finishing AP homework and playing 'Fortnite' even though we have two quizzes and a test the next day.

It gives us the confidence to spend a year studying in a foreign country.

Inside, we find the courage to come to terms with our sexuality and trust our friends to accept us just the same.

It starts with us

> INSIDE DIVIDER

GLORIA SHIELDS

NSPA MEDIA

WORKSHOP

Recard Time In the Music Production class' studio, serior Mathiwe Surger records a track during sixth period. The studio gives students a space where they can create and be thermeleves, "music teacher Brinne Elikoms raid." It brings down a lot of wells for the lids. They're creating for the same purpose—making music. These lids who might not give each other the time of day in the hallway are up there feeding off one another, collaborating, being supportive of what one another is doing Sophomore Benjamin Storbank is a leader in that group, but he's also stepping back and chowing the rest of them how to do it, which is pretty cool." **photo by Alexis Woodcock**



GLORIA SHIELDS

NSPA MEDIA

WORKSHOP



m-sampuses across the country Where we envision ourselves sitting in lecture halls and relaxing on quads.

At COC Where we put in the work to keep up with a full course load and a full social calendar.

is happening here.

At the high school We create in the Makerspace and get extra help in the Learning Lab.

On the BOCES campus, We practice our welds four hours a day, every day, so we can earn our certifications.

On the morning of Feb. 28 welds a piece o metal during his day on the BOCES campus. "I got involved in the weldin program because it was something th vas interested in and I needed to figure out what I wanted to in the coming years said to myself, 'Let's get into a trade and figure comething out,'" Andrews said. "My figure something out, Andrews said. My fevorite part sbout this class is that to me, it is a passion and an at, and you really get to like what you are doing. The more you do it the more kills you learn and you get impressed with yourself. It's something that you can the like that you did." photo by Alaxis Woodcock

We go and we do.

At The Armory,

Where six of us are named All-American at Indoor Nationals.

In Wales,

Where we exchange our everyday lives for a year of new experiences abroad.

VE PUT OURSELVES OUT THERE

At CMOG,

Where we suppress our opening night jitters so we can make it to the standing ovation.

In California and Boston,

Where we stay up for 46 hours straight for the chance to audition for the top music schools in the country.

In Washington,

Where we join up with thousands like us

to march for the thousands that will come after us.

We go to Canada to perform with the band while others band together in Albany to protect student press rights.

Out in the world we make an impact every day.

Being here prepares us to go out there.

Mark Off In the finale of the 171 Cedar Arts story ballst "Phantom," at the Coming Museum of Glass, senior Calmer Ministerio (approximate Jenniter Rouch, "I started dancing at 171 as zoon as I moved here in first grade. I have been doing the story ballst for six years now," freshman Laura Wenta E and. I think the show wont pretty well, there wasn't anything that went wrong and it went as smoothly as it was supposed to go. I was a Spirit of Darkness. We were kind of like the bad characters, so we would come in whenever the Phantom came out and dance in the background". **Photo by Alvia Jiang**

171 Story Ballet 087

> OUT THERE DIVIDER





Family dinner at the Painted Post Denny's is a tradition that the Drama Club upholds after every Friday night performance of musicals and plays, including this year's performance of 'The Addams Family'

1,954	942 FT	1953
Population of Painted Post	Elevation	Year Denny's was founded

From crew to cast members, all Drama Club students are welcome at Denny's for an ennual tradition efter Friday night performances. Before arriving en masse at Denny's,

before arriving an masse at Johnys, senior stage manager Nicholas Rayeski had the job of organizing the late-night dinner. "I call Denny's and talk to their manager and tell them approximately how many people are going to be there. I don't think I've ever called and they've been upset or said 'no," Rayeski said. "'Addams Family,' in particular, left me a little frazzled because our theeter director, Bryan Kelley, paid out upwards to \$800 for everyone. That was very interesting to have somebody dish out that much money for Drama Club. He said that he wanted to give back to all of us amazing kids.")

Family Dinner As the night proceeds, seniors Deseria 'Shepard, Cassidy Owens-Kashorek and Sophie Szukkowski order food after the Friday night performance of 'The Addams Family,' 'It was complete choso: I don't even think it was about getting the food itself but about taking a breath after the show. We stuck around until 12 to one in the morning," senior Austin Parrish said. The show was directed by Dean of Students, Michael Hurd, photo by Elizabeth Hogrefe



> JUMP COVERAGE 1



> JUMP

COVERAGE 2

FEATURE • PAINTED POST Design by Kristin Hauptman "For 'Addams Family,' it was a really small cast, and it was the first time I have

been in a show with such a small cast, so it was really nice to be able to connect with each other. It was nice to have a cast of like 30 people that you could become close friends with," senior Jennifer Roush said. After going to Denny's, Drama Club members thought it helped connect the cast and crew. "I am not exactly sure whether, in a positive or negative way, Denny's helped bridge the gap between actors and tech crew because, as we went on with the musical you get different bonds with different actors and techies along the way, so it really depends on the person," freshman Alexandra Galligan said. "I think it was definitely a great way to get everyone together in a very stress free environment to just chill for once." As a third year Drama Club member, junior Silas Weiland felt that Denny's closed the gap between cast and crew members. "Denny's is a place where we all can talk freely amongst each other, and

that is really interesting," Weiland said. "I would say Denny's definitely closes that gap, or it really displays how small that gap is. When you are surrounded by all of your friends, it does not matter if they are techies or actors. We are all friends and just part of Drama Club."

After the Friday show, freshman Piper Holleran, a Drama Club tech crew member, made a musical connection to the club's past. "There was a guy that works there that was actually part of Drama Club back when he was in high school. He came over to the group and he had a little ukulele and he started singing songs to all the cast and crew members and that was really cool," Holleran said.

At the end of a two-and-a-half hour show, the theater cast was able to relax in the seats of Denny's, "There is an equal amount of chaos in both Denny's and the theater, but it's definitely louder in Denny's. It's way more relaxed because it's after the show so everyone is way less stressed out," senior Felicia Lash said. "This year has been a lot more chaotic than other years, so getting to relax after the show is nice. It's something we do that makes us a family."

Some members of the cast and crew continued the night after Denny's. "I think that Denny's is really a lot of fun. It's like a pre-cast party because you just did two shows, and it's a way to hype everybody up for the next two nights. It's another way to bond and have fun," sophomore David Maxim said. "Myself and six other guys



actually went to someone's house after, so we stayed at Denny's until two o'clock in the morning, but then right after that

we went straight to his house and played video games until 6 a.m. Then we all crashed and woke up and spent the whole day Saturday healing ourselves before the Saturday night show."

A SPOOKI

outfits, juniors Robert Kesterson, Matthe Reif, Otto Sutton and Alex Hoover march in the annual Painted Post Halloween parade. reporting by Adesh Tiwa *My favorite part of the parade was seeing all the little children get excited when t

they saw us in our costumes," freshman Catherine Santilli said, photo provided by C-PP band performs at the Robert Kesterson 2. Mons-terrific After a annual Halloween Parade night of music and costumes, juniors Abigail

Dejneka and Talia Christiansen pose for a photo, "It was really fun to perform 'Thriller' with all my friends, and dressing up in costumes is definitely the best part. Usually

we all get together to get ready before the parade," Christiansen said, photo provided by Talia Christiansen 3. Honey I'm Home Greeting each other with a hug, junior Jenna Case and Elizabeth Tucker show off their 'Winnie the Pooh' costumes. "This was one of my favorite parades because it's very relaxed and we get to dress up in our costumes instead of plaving in our norma uniforms," Tucker said. "It's also one of the first parades of the year and gets everyone

ready for the season." photo provided by Liz Tucke



227 years before Twitter, Senecas

junction of the Cohocton, Tioga, and Chemung rivers as a message board.

tayern owner and bridge-namesake, Benjamin Patterson, the original post

chief killed in the Revolutionary War. The post was painted in the 1800s

by the first white settlers in the area.

Chief Montour that is standing today was sculpted by a Painted Post High School art teacher in the 1940s.

In 1950, the schoolchildren of Painted Posted donated their pennies to help pay for a stone base for the new statue.

1. Techies in the Light After their three

hour show, the tech crew sits together and converses while waiting for their food. "We all collectively find people we can carpool with so we head over there in a huge swarm," junior Seika Dingel said." Even though things are stressful, milkshake machines are broken, and people's food comes at a wide variety of times, everyone is still very nice and polite." 2. Bon Appétit At the Painted Post Denny's, the actors and tech crew look over menus while talking amongst themselves. "Everyone traditionally gets a milkshake every single time. We actually call ahead and they make a bunch of them for us so everyone can have one," senior Brandon Spaugh said. 3. Order Up With many still wearing their show makeup, the actors and actresses put in their orders. "I don't mind going in my makeup because I want people to know I'm in the show," senior Deserai Shepard said. I think this was one of my favorite Denny's experiences because I love the cast so much."photos by Elizabeth Hogrefe



The Painted Post Native American statue has been an area landmark for 125 years. Here are five things you might not know about THE Painted Post

used an un-painted post at the

According to local frontiersman, marked the burial site of a Seneca

The fourth generation statue of

Sunday night youth group at Immaculate Heart of Mary RC Church is an important part of their week reporting by Kaitlyn Williams "I've always grown up going to Sunday school, so going to youth group is very

normal to me. I really like it because it's on Sunday night, so it's a good way to end the weekend and start the next week. A lot of my friends are there so we get to hang out and talk.

"We start off by having the first 15 minutes n the game room, playing ping-pong or things like that. Then, we go into the main room, and that's usually where our lesson is. We talk about the Gospel and things like that. We also have snacks and usually end the day by going over to the church for adoration for the last 10 minutes.

"When I moved here four years ago, youth group was at Rogers Hall, next to Immaculate Heart. I like it there because it is right next to a church so we can go in there for adoration. There's also a TV game room, which has pingpong and pool tables, and a bean bag room there—it has everything.

"Rogers Hall is where my mom became the youth minister. It's pretty weird because my mom is running it, but I try to make the best of it. I am always making jokes about it and she's always making jokes about it. Everybody knows so we're used to it. "I like the socialization aspect of it.

Not everyone comes every week and there's different people that come each week. I like seeing everybody there. It's a nice way to learn new things because you are surrounded by all your friends.

"Youth group is meant to be fun and different. It's less like a class, which is nice and it's a place you can go to if you want to know more about God. If you want to slowly learn about it or are interested in it, it's a good place to be." Madelyn Beale, 10



Denny's, Madelyn Beale, The Painted Post, Halloween Parade

NSPA MEDIA

WORKSHOP

> SECTION

DESIGN

120 Design by Sofie Buduchina



Why did you decide to purchase a Tesla? "First thing is, I am a technology-lover, so if there's something new I want to try it and be one of the first ones to do it. Secondly, I am also a 'tree hugger.' I try to bring my own water bottle everyday and try in every way I can to help the environment. I would say a Tesla helps me keep that mindset going because it pollutes less than typical cars."

How do you fuel your car?

"I just plug it in. Let's say my battery is at zero, it will take eight hours to fully charge with the charger I have at home because mine is not a supercharger. It charges enough to drive 308 miles, and if using a supercharger it would only take two to three hours to fully charge. How long the battery actually lasts though depends on a lot, especially the weather. Like if you have the air conditioning on or heating it will make the distance it goes vary, since that uses some of the energy."

What is the best part about your Tesla? "The ease of using it and how it's all digital. The pickup is really smooth, so after I stop and have to pick up and go, I barely feel it. Like BMW also has a quick pickup but it's not as smooth as the Tesla, since it's electricity so it just ages. Everything is digital, and really simple. The dashboard is just a monitor, and a steering wheel, of course. Air flow and music is all adjusted on the monitor."

Do you think a Tesla is a good investment? "Yes, I think it's a good investment because the car ride that used to cost me like 20 dollars to go to Rochester and come back now costs me about six dollars, so now the price is a fourth of what I spent before. A Tesla has a small carbon footprint too, and is very economical for long distance trips, in my opinion."



ooking Sharp in the school parking lot math teacher lagin poses with her new Tesla. "My amily was all over it. It took about a year and a half to actually get the car. They took too long to deliver it so my daughter and Lended up going to NYC to pick it up purselves," Mangalagiri said. photo by Rob O'Dell

1. Listen up Ladies During a timeou in the backetball game on Dec. 1. against Elmira, the girls varsity basketball team receives advice from coach Tate Williams on what play to run next "During a game, to keep my energy up, we have this thing with Sara Gamen-Munarriz where we would jump and high five each other during warm ups, sophomore and JV player Elif Can said "Also, before the game would start, we'd go into the locker rooms and coach would give us a pep talk, which helps to keep my energy up." photo by Alexis Woodcock 2. Who's Open? After receiving the ball senior Emma Webster looks for a teammate to pass to. "Before tournament games I eat bread cereal or vegetables, which are all rich in complex carbohydrates," junior Aarush Bharadwaj said. photo by Brooke Yorio 3. Let's Go Team Stepping around a Horseheads defender, sophomore Kalea Faulk goes up for a layup. "Before game and tournament days I usually try to get about eight hours of sleep like what's recommended," senior Erin Terwillige said. "Eating at the start of the day really helps and is very important to feel well and do you good in the games because it brings up the energy." photo by Megan West 4. Tunnel Vision In a game against Binghamton, senior Kenna Newman looks for a teammate to pass to. "Before games I tend to eat pure eucalyptus leaves, "sophomore Sophia McNamara said. "Before, I would eat an eucalyptus asparagus mixture. That wasn't good enough. Now I eat only eucalyptus and I'm all the better for it. photo by Nicholas Jubilee

> reporting by Ella Perry Before the start of each football game, the JV and varsity fall cheerleading tea **Drep** fuel up mentally to get r for their performance

"TO MENTALLY PREPARE FOR MY PERFORMANCES I MAKE SURE THAT I'M HAPPY WITH HOW I PRACTICE BEFOREHAND, LIKE HITTING ALL MY STUNTS WITH THE MUSIC."

- Makayla West, 10



Cheer This At the pep rally on Oct. 5, the JV and varsity fall cheerleading teams perform their routine. "In order to get our jumps ready we do partner stretches." ior Jewell Dickerson said "W have a partner and they push down on our back to make sure we are going down all the way in our splits." photo by Alexis







ning bell, she drinks an ed Dunkin' Donuts coffee Caffeine is the best thing scause it gets me hype for chool," freshman Trinity Ford said. "If I didn't drink coffee before school I would probably fall asleep: I drink it every schoo day." photo by Merica Griffin "I get my coffee from my house and

Dunkin' For Days As junior

Girls Basketball, Jayasree Mangalagiri, Coffee Drinkers, Fall Cheerleading

"I bring in coffee every day. I make it at home because I don't want to waste my sometimes in the media lab. Coffee helps own money getting it at Dunkin' Donuts me for school because if I don't drink every day. Coffee helps me focus during it I get a killer headache because I am class. I tasted my first sip of coffee when I addicted to it. I started drinking it when I was little and I didn't like it at all, but now was 13 and I drink it every day now." my favorite flavor is caramel.* Matthew Snapp, 12

Kalea Faulk, 10

BEFORE GAMES:

"On tournament days I usually wake up at around 6 a.m. because most of the time we have to be at the school by 7 a.m. or 7:30 a.m., depending on where the tournament is and what time we have to be at the location of our first game. Normally, on game day I try to eat a lot of carbs in the morning like bread, so that I have energy for the game. Before games, I always feel nervous, so it is important that I am full and have a lot of energy to get through warm ups and the game." Aaryaa Donthu, 10

'I usually eat toast with peanut butter and sliced bananas on it on days that we have tournaments. This helps me before the first game because it has protein, potassium and carbohydrates, which I think are all very important prior to a game. It also makes me feel light on my toes because it's not a huge breakfast; it's simple, but gives me enough energy to play " Emma Webster, 12

DURING GAMES: "I prefer to drink water during my games. because I think that it is the best way to stay hydrated, and I am not a big fan of all the sugar in certain sport drinks." Kenna Newman, 12



With tournaments lasting all day, the girls JV and varsity basketball team members eat, drink and do various things to stay energized throughout the day reporting by Nicholas Jubilee

"During a tournament, usually if we've been sitting around for a while, we will stretch and do different exercises to warm our bodies up, like jumping jacks or other exercises. If we see that there are extra basketballs available, we will practice ball handling drills and other types of activities like that. Practicing our ball handling skills

IN BETWEEN GAMES:

and other skills helps us to do better in the game because not only our bodies are warmed up, but our skills are too." Madigan Wakefield, 10

"To stay hydrated during the games I like

to drink Powerade to get the electrolytes I

need. Besides that, I drink a lot of water to

just stay hydrated in general." Stefany Booker, 10

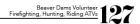
"We usually only have one game, but sometimes when there is multiple games it's tiring. Having morning games is hard because we are used to sleeping in before the tournament because of break, so we usually wake and pump ourselves up by playing loud music in the locker room, and just getting ready for the game. Music helps loosen us all up and gets us excited and hyped up for the game."

Lauron Boall, 12





141





Firefighters that volunteer at the Beaver Dams and Hornby fire departments see firsthand what it takes to serve their community

EST. 1826 111 4.741 Total Population Hornby

Actively refuting the stereotype that teens are lazy and disengaged, student volunteers at the Beaver Dams Volunteer

Fire Department risked their personal safety for the sake of helping their community. "I love to help people and the idea of being a volunteer firefighter is that I'm helping people for free," freshman Ashley Willis said. "I don't really get anything out of it and I don't really want anything out of it except the pleasure of helping people."

Until volunteers turned 18, or 16 in some departments, they were junior firefighters and had some restrictions on what they could and couldn't do. "As a junior firefighter I am only allowed to go to brush fires and tree downs," senior Alisa Willis said, 🕨

It's a Family Thing For over a year, senior Joshua rockway, sophomore Concetta Brockway, juniors Ross Hall and Alexander Barber and senior Michael McChesney have been volunteering at the Beaver Dams Fire Department. "It was kind of scary riding in the fire truck for the first time. Your adrenaline is

BEAVER DAMS C-PPHS Students pumping but then you're like 'I'm ready for this and nothing can hold me back,'" Barber said. **photo by** Alexis Woodcock

> JUMP **COVERAGE 1**



GLORIA SHIELDS NSPA MEDIA WORKSHOP

> JUMP **COVERAGE 2** "We can use the Indian Packs—a backpack full of water-to hit hot spots in brush fires. For tree downs we move the branches that have been cut up." As firefighters, the volunteers

had to learn how to save other people and also themselves through required classes and trainings. "The craziest thing that I've had to do would have to be my previous class, which was ice water rescue," junior Alexander Barber said. "They cut a hole in the ice and you have to selfrescue yourself once without ice picks and once with ice picks."

Every year, the fire departments put on the Harvest Festival and Trucker Treat at the fire hall on Halloween. "We have these

firefighter games, where they have the hose and they have to shoot a ball. It's two fire departments against each other and whoever gets the ball to the other side wins," Ashley Willis said. "It's crazy because everyone gets soaked and there's a lot of yelling 'higher, lower, just right, keep it there.""

Firefighting wasn't all fun and games though; they had to learn to deal with losses of fellow teammates and their families. "Losses are very hard," sophomore Jeremy Willis said. "We have pastors come in every once in a while, especially with big emergencies. We've lost a lot of people. There are some very sad things that we have to go through."

Firefighters did what they could to help those in need. "There are some people that you might not deem worthy of saving, but as a fire department, you can't think as yourself, you have to think as a community. There are some people you don't like, but you have to save them just as quickly as those you do like," Jeremy Willis said. "I keep emotion out of it. I just think, 'ok, this person is going to get hurt if we don't get them out, we've got to get them out."

Being a firefighter came with many responsibilities and they had to know what they were able and unable to do. "My first structure fire was nerve wracking because I didn't know how bad it was. The family lost everything but photos. It took from 2:30 p.m. to 6:45 p.m. to put the fire out," junior

FEATURE • BEAVER DAMS & HORNBY Design by Alyssa Tenny





Mackenzie Wakeman said. "The most challenging thing is when I'm in school and we get a call out and I can't respond."

The unique experiences of the student volunteers fostered closer relationships amongst them. "When you're looking death in the face, it's amazing how close you get to people," senior Joshua Brockway said. "Everyone in that department is like a brother or sister to me."

"I got my first ATV when I was four. Once, I was going too fast when I was six and I turned too fast and I rolled over four times.

all over and having fun. I have friendly competitions with my friends such as freshman Trever Minarovich and I ride every weekend with my cousins. Whoever goes the fastest and doesn't wreck wins.

"I taught myself how to ride. Watching all of the adults do it made me interested in riding. My least favorite part about riding is that you have to fix the ATV when it breaks and when you are stupid with it, then you have to fix it a lot. I stuck with riding because it's something that I find fun in and something that I can do outside of school." Michael Bonham, 9

> . Suit Up To maximize speed and accuracy, junior Ross Hall practices for an emergency call. "We learn the basics we need like how to use the jaws of life, make sure we know our gear inside and out and that we know where everything is on the trucks," Hall said. "It took me three or four months to get comfortable with all of the gear." 2. Playing with Fire During their training, junior Alexander Barber and seniors Michael McChesnev and Joshua Brockway practice putting on their air packs. "I joined because the other members of the fire department are nice. It's important to me because I do it with my brother Joshua," sophomore kway said 3. Locked and Loaded As Deputy Chief Kirk th instructs them, the crew locks their face respirators into place. "Or training days, which is Mondays, we usually do truck checks for the first hour, then go through some training. We do some medical, some hose training and some other fields," senior Alisa Willis said, 4. This Girl is on Fire At a Monday training, junior nzie Wakeman practices putting her gear on and taking it off efficiently. "My best memory is telling my grandpa that I wanted to do it and ending up doing it, Wakeman said, "He was very proud because he was a member." photos by Alexis Woodcock



Ś

Not Everything Happens as Quickly as You Would Like

Michael McChesney, 12: "I hunt to put food on the table, but you have to be patient and you have to have a passion for it. My least favorite things are the cold mornings. You just put your stand in a tree and hope to God-it is pretty much a game of luck. Watching the sunrise come up, watching the woods open up a little bit-it relaxes you a lot more."

Let Someone Else Know Where You Are

Austin Fritsch, 9: "Always hunt with a partner. If you aren't hunting with a partner, make sure people know where you are going. If you fall or get injured and someone doesn't know where you're at, you might sit there for days or you may die from a serious wound. Make sure no one is around while you are hunting and if there are people, make sure you know where they are at all times."

Be Smart and Aware of Your Surroundings

AF: "Sometimes you are in a tree so you can see mostly everything because there's no leaves in the trees. Make sure that if you are in a tree stand you are wearing a harness. You have to make sure in the hunting course you take you learn how to take in your surroundings. It's important to know your surroundings before you do anything and be aware while hunting."

Know Your Restrictions and Safety Laws MM: "Make sure you use your safety at all times, and that you know the laws so you don't go to jail or hurt someone. When hunting, I don't load the gun until I'm ready to go so I don't have to worry about it falling out of the tree stand and shooting me in the face. I make sure I follow the rules by not doing anything stupid with it."

five hunting tips and need-to-knows from freshman Austin Fritsch, junior John Landolf and senior Michael McChesnev

Know the Best Places to Look for Deer

John Landolf, 11: "The deer make the spot perfect, find a cornfield and sit right there—it's your best bet. Deer like the cornfields because they are hungry and they go there to eat. Look for a good tree for cover and maybe a bedding spot. I sometimes use a tree stand that has good cover. Get a trail cam and put it on a tree to find the deer. We have a specific spot, it's a tradition to go to the cornfield we go to. We've been going there for four years because I always get a deer there."





1. It Takes Two After hunting, freshman Austin Fritsch and his friend Da stand proudly beside the day's kills. "Hunting is all-around a good sport, Fritsch said. "My favorite part about hunting is getting out in the woods, sitting there, sometimes with a family member, and having a good time. photo provided by Austin Fritsch . Early Bird Gets the Worm In his hometown, senior Michael Mo poses with a doe he shot with his father "My favorite part of hunting is watching the sunrise," McChesney said. "My best memory would have to be the second day of hunting season this year. I shot an eight point. Then my dad came out in the afternoon and we smacked a doe. It was pretty interesting trying to get that deer out of the woods." photo provided by Michael McChesney



> Concept-driven sections > Dynamic theme copy presentation > Fewer images, large dominant photos > Detailed contents listings > Jump coverage





> SAGA

Loudoun Valley High School Virginia



> COVER





LOUD AND PROUD At the Homecoming pop raily, Jake Jones, Trent Dawson, Antwoin Stokes, Caleb Smith, Kathleen Grupe and Eva Swartz cheer with other juniors in a competition for who can be the loudest class. The pep raily is a time for the junior class to mop the floor with all the other classes, and then get cheated out of a win," Caleb said.

LOUDOUN VALLEY HIGH SCHOOL 340 N. MAPLE AVE. PURCELLVILLE, VA 20132 STUDENT POPULATION FRESHMEN 342 Sophomores 335 JUNIORS 347 Seniors 335 Total 1359

CONTACT Phone 540-751-2400 FAX 540-751-2401 Web WWW.LCPS.ORG/LVHS



> TITLE PAGE, CONTENTS







THE FIRST DAY OF SCHOOL WAS LIKE ANY OTHER. YOU WALKED IN,

blending with the freshmen struggling to find their way. You talked to your friends as you headed to Mr. Bailey's homeroom where you found your seat, Bailey took attendance, and then Ms. Ross came over the loudspeaker and asked "hallways, classrooms and offices alike to please pause for just a moment of silence." Then you went to your first class of the day. You wove your way down the itty bitty language hall and through the bustling mixing bowl to Ms. McConnell for "COWQLUS," and last to Mr. Reeves, where band students hung out, chatted and played music.

THINK BACK TO WHEN YOU CAME IN ON ANOTHER SEEMINGLY REGULAR

STILLIN 22

day, and Bailey announced you couldn't go see teachers because there was a presentation about how PRIME was changing and that the school was also trying to go paperless. He then reached into a box and pulled out the new, county-distributed Chromebooks. Maybe it was then that you realized that life here wasn't so simple, especially after the senior cabinet and administrators brought in new furniture from the Chick-fil-A in Leesburg and scattered them across the school to make it feel more "homey."

> OPENING 1

PULL YOUR WEIGHT During Wollness Wednesday, James McClelland, Anis Ayouch, and Grant Strickland compete with and against their peers in a game of Tug-of-War. "My friends and I were excited to get on the field so we could redeem ourselves from our last loss," James said.



I've known many of my bandmates for years, and we've all developed close bonds. This helped set us up for success, but as a drum major I had to learn what I could and couldn't control. We do everything we could to set ourselves up for success, but at the end of the day it's up to the individual. Bella Burgess

Chemistry has expanded my mind and my thought process more than I ever could have imagined. I have Mr. Dawson to thank for that! BAILEY KUHN

It's important for the team to have a strong bond because it's those bonds that makes the team stay close whenever there is rough times on the team and it makes victories even better, too. NOAH PETERSON

44466

N VALLEY VININGS & H

> REAL **DIVIDER 1**



> REAL

Blowing up the balloon was so hard! My favorite game at the pep rally was scooter soccer; that was the most interactive one. I got really nervous to be a part of the homecoming court because that meant I had to be in front of the whole school, but I focused on just having fun and making it a good high school memory.

erica ROLAND

I've never been apart of something like this before. My friends and I were all excited about spirit week, and we celebrated by dressing up in all the costumes for spirit week, and then when Homecoming finally came, it was so fun to see everyone all glammed up! ALISON PIKE

I was so excited leading up to Homecoming

because it's my first year in high school and

Getting ready for the show is crucial to a good performance. Starting with a bare face and slowly putting on the makeup helps me, as an actor, slip out of reality and into my role. BRYNN LACKEY

GLORIA SHIELDS NSPA MEDIA WORKSHOP



GLORIA SHIELDS NSPA MEDIA WORKSHOP

This pep rally was different because the homecoming court was only seniors. Instead of competing as individual couples, we often competed as teams. This didn't seem as competitive because the underclassmen didn't have a couple to cheer for like they normally do.

Austora Editor Wikings Athletic Association

a16.98



> REAL DIVIDER 3



> CHRONO

SECTION

DESIGN

24 HOUR RELY JAMAICA MISSION TRIP, VIKING FEST 10

VIKING FEST Alvasa Hassan Madisor Santmyer, Cara McDuffie plus Cythia Ruelas, and Mackenzie Shore pick up and hand out schedules for the upcoming school year. (photos by P Schaal, N. Walker



NEW CLASSES

SUMMER REMINISCING While sitting with her

teammates, Faith Crosser shares stories

about her summer. "The 24-hour relay is

so special to all of us because it's a place.

Faith said Johns by G. Sa

where you build so many bonds as a team."

JAMAICAN A DIFFERENCE

Different runners wore

REATIN' IT UP Early in the morning, Ben

Mussman runs at 6 a.m. to support cross

country and raise money for the team. "It was

very hot, but as it went on it became cooler

and more fun," said Ben. (photo by A. Garbe)

REACH FUR IT At the relay, Joe Demonte,

Kellen Hassle and Jacob Hunter play keep it

up with their learnmates. "The ball was a little

out of my reach so I went for it with my foot."

Joe said (photo by G. Saunine

the Viking hat and beard during the adult v.

athlete relay. Neah Peterson tries them on

after the relay. "I personally love this event

because of all the memories you make and

the fact you get to be active for 24 hours

straight," Noah said. (photo by A. Garbe)

down the line of helpers. "We did this by hand because they didn't

we do in the US,* Caroline said. (submitted by C. Bolen)

family in need.

80-year-old residents of the



THE CROSS COUNTRY TEAMS TURN UP THE HEAT FOR 24 HOURS AUG. 10-11.

s it work or is it play? Actually, it's both. At the fourth annual cross country

KEEP

MOVIN

24-hour relay, runners finished exhausted but ready to begin the season with new and old friends. "I love getting to know all of my teammates and instead of passing a baton getting to know all of the transfers and freshman," Mandy McGroddy said. At the relay, team members ran a mile at a time, in groups of four, around the track. Then they handed batons off to the next group. This routine cycled

uninterrupted for 24 hours, with athletes running a mile approximately every three hours.

Between miles, the teams bonded while playing soccer, corn hole and other games. Some played cards and talked about a long summer of training. Some trained in small groups and with such a large team this helped team members get to know each other.

As a special activity, Purcellville's Mayor Kwasi Fraser and his staff raced a team of coaches, a team of parents and a team of alumni in a 4x200 meter relay. In the end, the coaches won. The alumni wore a Viking hat and beard Team members sold tickets at the event and raffled off donated items. "The relay raised money for the team to use for away meets, equipment and new

REFERENCE

SPORTS

uniforms," Sydney Dehler said. For most of the team, the fun started when it got dark. "The best part is running in the dark. It felt so much faster and so different than running during the day. My group and I just loved the feeling it gave us," Cate Dowden said. Members ran their third or fourth mile at 3 a.m. Some began the mile in the dark and ended in the light but when the clock hit 24 hours, runners headed home.

THE R LEWIS CO. LANSING MILLING MILLING



Students spend a week

Jamaica, students spend time at an infirmary reading and singing with patients. "The people we met from the 3-year-old to the infirmary, had a huge impact on each of us," Julia Singh said.

in the foundation of a house, McDonald pass bags of gravel

in Jamaica helping to build a home for a

INTERNATIONAL BUILD While in

THANKFUL SMILLES To be used Caroline Bolen and Madi really have large machinery like









TWIN CREST PRODUCTIONS, SWEETS OF THE SEASON



I got my first camera, then I sold it, bought another camera and eventually got my way up to a beginner DSLR. I shot my first video for a chocolate shop, and I got paid in chocolates. From there I just kept working. I asked a family friend if I could film their wedding, they said yes. I did that one for free as well. So it took a lot of work to end up actually getting paid.

It's interesting because my peers get a job where they get paid however much an hour, but for me. I have to put all this work in and I might not get paid. Sometimes I work during school, like I'm editing during a class or when I get home. I edit for five or six hours. Sometimes it can be really weird hours, and it's hard to distinguish my personal life from my work life. I try make time for both and not hav one consume the other.

Right now I'm only doing freelance, and is when I get clients, I shoot for them. I edit for them. But, I just had an interview with this production company who I might be getting a full time job with. I will be doing an internship hopefully with them in May, that will be a full time job to really kickstart my career. In the future, I just hope to be my own boss and do fulfilling work.

> O @Tyler Cadenas F @TwinCrestProductions Twin Crest Productions ttp://Twincrestproductions.com



Sweet treats started coming out of Catherine Slupe's oven eight years ago and hasn't stopped since. Her favorite desserts to make are cakes and cupcakes. Her menu includeds sweets that often change with the season. "Cakes take the longest to make because you have to bake the cake, than let it cool, and then decorate it."

Catherine has saved all of her profits to put toward college. She plans to go into event and wedding planning. However, she plans to continue to bake. "When I share my baked goods it is like sharing a piece of myself. I am a real hands-on type of person, and I enjoy taking a few ingredients and turning them into something others can enjoy," Catherine said.

One night my brother and I were driving home from Leesburg, when the idea of starting a clothing brand came up. It was going to be both of us, but I quickly realized he wasn't taking it seriously, so I ended up doing it by myself. Since middle school I have had an appreciation for fashion keeping up with the latest sneaker releases and Supreme drops. I've taken three years of art, so I've learned some design skills, especially when it comes to cutting out magazines and designing collage graphics.

The brand is off to a good start. Between my first two drops, I've sold 27 products to 25 different people. Right now I'm focusing on getting it out to different areas and people, which is important in growing the brand. Also, I need to set up a more proper way of selling, probably through a website.

It's really cool to see people wearing and enjoying something you have designed. I've gotten experience in the clothing industry and learned about running a business. Also, it's something productive that I can do instead of wasting my time watching an excessive amount of Netflix and playing video games all of the time.



With hopes of hearing his own song on the radio one day. Josh Walker's appetite for singing started more than four years ago. Josh had early memories of jamming in the car and singing but he became more focused on music after taking chorus in sixth grade. "It's really hard to get big in the music industry but I'm hoping I can hear one of my songs on the radio one day or something," Josh said. In August 2017, Josh began posting videos to his Youtube channel which has now grown to over 36,000 subscribers. His first live

> performance was in school at last year's winter assembly. To prepare before he sings live, he does the vocal exercise he learned in chorus. He said sometimes before he performs he doesn't do anything at all, but he advises against that.

HIGH-STRUNG

Clothing Co.

Josh's advice for someone who would like to get started with their music but is struggling, "Just do it. It gets so much easier once you start it and once you perform multiple times. My first performance was so nerve racking, in front of the school, but once I did it and it was over with it was a good performance and it gets easier each time." he said.



shoto by A. Garbe; edit by A. Garbe

HIGH

STRUNG CLOTHING CO, JOSH WALKER SINGS



Our team is smaller than most teams at the school, so it's a lot easier, and really important, for us to get to know each other and form real relationships. The cold definitely affects me. My muscles tense up and it feels like it's harder for the blood to circulate through my body.

> We learn from each other, our losses and our mistakes. We have to keep working to get better and move on to try to win the next game. GARRISON WILLIAMS

> SIMPLE DIVIDER 1

> SIMPLE **DIVIDER 2**

Our friend who was a powder-puff cheerleader last year now lives in Austria, so we did this routine for him. We had some new people, but most of us did powder puff last year, too, so the crowd expected an even better performance than our last one, which was challenging and fun. DANNY GAPPNey

SNI STA

#SNRSZI

The cheerleaders already had some experience working with each other, so it made it a lot easier to get things accomplished at practice. The boys were also more open to trying new things. CASEY LANIGAN VOID





Playing on a high school team has made me realize how high the competition is and how much harder you have to work to excel as an individual.

VIII.

E 600

22

I usually listen to music before the game to pump me up and get me focused. As a team, we also do cheers and chants to get us excited and in the zone. I like to keep myself moving before any game so I'm ready to give it my all

Playing on a high school team has changed me because it has helped me open up so much and allowed me to meet different people and feel more comfortable on the field. I was new to the sport freshman year, so being on a high intensity high school team has helped me learn the sport so much better.

SPORTS

.....GOLF

62.....BOYS XC

74.....PROFILES

84.....GYMNASTICS

.....SWIMMING

.....WRESTLING 90.....JV/FRESHMAN WINTER ...CHEER

.....PROFILES

.....REFERENCE

...INDOOR TRACKSPRING SPORTS INSERT

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98.. 02....

(0)

.....GIRLS X

64.....VARSITY FOOTBALL

......VARSITY VOLLEYBALL

.....FIELD HOCKEY 70.....JV/FRESHMAN FALL 72.....BAND/COLORGUARD

78.....MANAGERS/TRAINERS

......BOYS VARSITY BASKETBALL

82.....GIRLS VARSITY BASKETBALL

> SIMPLE **DIVIDER 3**



> SPORTS SECTION DESIGN



HARD HITTER In a game against Woodgrove, Baylor Lin drives the ball down the green. The team ended up losing by eight points. "This match against Woodgrove was definitely a really well-fought match

between both teams," Baylor said. (Photo by Choi)

GOLF TEAM PLAYS AT LOUDOUN GOLF AND COUNTRY CLUB AUG. 9.

BAYLOR LIN

"Being on the golf team helped me improve my game tremendously since my first practice as a freshman. Through the team, I learned things about the sport I had never known before. As for this season, I improved a lot because being on the team encourages me to practice more so I wouldn't end up being the lowest scoring player."

MicHAel MORGA

"My teammates are always there for me, if I have a bad round they lift me up and turn a bad experience into a good one, and my coaches are always there to help me through the mental side of golf, and help me find the positives after bad shots. Having a good time is the biggest highlight of playing golf with my friend. It doesn't get better than that."

BRANDON HARE

"The golf team means a lot to me because we're all really close friends, and we're pretty much a big family. Even the people who don't play in a game still come to support the rest of the team. In my future years on the golf team, I want to become even more successful, and I hope the team becomes even more successful as well."

REAL UNDER PAR under par, they shoot a TALK better score than what s the average score on



feam plays at Loudoun Golf and Country Club, celebrates Senior Night.

OUR LAST because helped me figure out how competitive I

DRI

PUTT AROUND At a game against Dominion and Park View, Daniel Gardner hits the ball. "My first season on the team was a good experience

SHANK

a bad shot that a

golfer makes that

urves too far to

the right.







New situations. different courses challenge Owen Cook

DIFFERENT SPIN In a competition at Stoneleigh, Owen Cook takes his turning eeing off. "I enjoy that there's a new situation every time you come back to play. It doesn't natter if it's your home course, or a course you play on vacation once a year. There's always something new and different about the game," Owen said. (Photos by Choi)



HARDER THAN IT LOOKS Misperceptions, losses, and wins motivate aptices motivate golfers.

JOHN O'BRIEN Golf is a lot harder than most people think. You can miss the perfect spot on the club by two centimeters and the ball can go 20 yards in the wrong direction. It definitely comes with a lot of frustration, because having one bad shot or one bad hole can ruin your entire round.

JACKSON ELY After a win, everyone can't wait to get back on the course and win again. After a loss, we want to work harder so that we can win the next time and not make the same mistakes we made when we lost, (photos by Choi)

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I like to play music because when I get it right, it makes me feel like I'm not a complete failure.

Drama is inclusive, fun and energetic while still teaching people about theatre and bringing together an ensemble. It has taught me a lot about communication and theatre production as a whole.

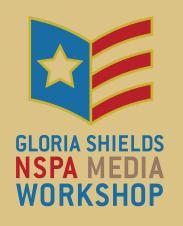
SOPHIE STAPLETON

COLE SCHEFFER

> **DIFFERENT DIVIDER 1**

Makerspace has shown me how to work towards my goals. It's taught me that the harder you work, the better your product will be. LUCAS BAKER





Music brings out emotion. It can be the words, the melody or the notes; when it is shared, differences in background, age or beliefs don't matter, and you are truly living in the moment.

DAVE MININBERG

1.

> DIFFERENT DIVIDER 2 N





> DIFFERENT DIVIDER 3



OH THE PLACES YOU'VE BEEN, CHIATELLO - DAWSON 148

> **REFERENCE** SECTION DESIGN

"I went to Puerto Rico two

summers ago on a cruise. My

time with my family and seeing

different cultures."

EMILY PONCIN

DAWSON CALVIN

favorite memory was swimming with

"This summer, I went to Capetown

for two weeks. We went to the Cape

of Good Hope, climbed Tabletop

at Kwandwe. We saw elephants,

icons, cheetahs, rhinos and buffalo."

Mountain, and went on a safari

sea turtles. I also loved spending



OH, THE PLACES YOU'VE BEEN

RETURN WITH T-SHIRTS, HATS AND MEMORIES.

"I really love the culture because

I think of Pakistan, all of these

makes me happy to think of going

Yosemite Park when I was younger

and went to the national park. We

stayed in a really cool hotel and

I loved it. During a hike we saw a

black bear in a tree. I will never

memories flood back and it

"We went to see family near

on vacation.

ALINA ALAM

forget that trip."

SAM SANDER

everyone is really friendly, Whenever

FROM TRIPS ABROAD AND IN THE U.S., TRAVELERS

"I went to Liverpool for my

to a historcial haunted house

My favorite place we saw was

asthetically pleasing."

JAKE ROBEY

JOE DEMONTE

stepdad's 50th birthday. We went

and I learned a lot about the U.K.

"I went to Aruba over the week

of Halloween. My family has a time

share there. We went to the beach

and I would play volloyball in the

was going to Gianni's Italian food

restaurant with my family."

water with everyone. My favorite part

Westminster Abbey because it was planned one."

JOELLE QUICK

was really pretty. I made amazing

memories with my family, and I'm

looking forward to going back."

GURLEEN BHATHAL





Joe De Monte Will Degn Antonio Del Borrello Marissa Del Zingaro Margaret Depault Dominic Deverse

Kevin Dezagottis Marisa Dillmuth Heather Dodd Karleigh Downs Gabrielle Duchemin Ryan Dudak

Jonny Dugger Kayla Durbin Ryan Ebrahimi Alexis Eddinger Ethan Ericksen Mateo Estremadoyro

Meghan Evans Dayton Fairchild Elizabeth Fairfax Jennings Felt Erin Fennelly Mason Field



GLORIA SHIELDS NSPA MEDIA **WORKSHOP**

> REFERENCE

SECTION DESIGN



MAGNITHEAStrupe To help out a school hit by a hurricane. PEER club members raise money and make cards for the students

SHARING THE LOVE At the gratitude grams table, Marissa DelZingaro helps raise money for a North Carolina school affected by a hurricane. think that this will affect people by giving "Seeing us raise money for another school showed my peers that there are causes around them something good to start their day with, the country that need aid," Marissa said. Spencer said. (photos by A. Paracha)



EXCHANGE OF CULTURE

Global Ambassadors host exchange students from four countries over 10 days in March and April.

WORLDLY LOVE While at KIND HEARTS While participating in an ice breaker Woodgrove for a discussion activity, Maria Falzarano talks on environmental policy, with the foreign exchange Madison Santmeyer talks with students. "The days we had her foreign exchange student with the exchange students and Elena Schlegel. "It was went by very quickly because the most amazing experience we were having so much fun. I've ever had and it was so The exchange students were eye opening. Being able to some of the kindest and most connect with teenagers from open delegates out of the all over the world was so entire summit," Maria said. incredible * Madison said (photo by C. Osborne) (photo by C. Osborne)



(photo by G. Saunier)



SHAKE IT UP By pulling kernels in a bottle, Livy Keane creates noise makers for the homecoming game. "I am involved in Spirit Club because it looked really fun and interesting,* Livy said. (photo by N. Walker) I'M THE KING OF THE WORLD Arms soaring.

Kassidy Cox. Caitlin Orender and her group play a game called ships and sailors. "The purpose of this activity is to meet new people, kind of like an ice breaker," Kassidy said. (photo by J. Calvin)

AYE AYE CAPTAIN Also participating in the ships and sailors game, where a person calls out a word and the other person has to do the action that goes with it, Nick Twetten has his arms out with Sarah Brundage next to him. (photo by J. Calvin)

ALL HANDS ON DECK Hands on feet, Livy Keane, Carly Snyder, Lauren Laverty and Morgan Lockhart participate in the ships and sailors activity. "My favorite part of this club is when we get to play games and make stuff." Morgan said. (photo by J. Calvin)

SHIP Shape

同

At club meetings, members play games like Ships and Sailors to encourage good, positive competition, while on other occasions they support school and community through variety of activities.

DODGEBALL TOURNAMENT

For a much-anticipated event, students formed teams for the dodgeball tournament. Each team of eight or less paid \$25 for a chance to fight for the title of winner. The club donated the proceeds to a local charity.

TEAM AND SCHOOL SUPPORT

Every season every team benefited from the club's initiatives, Members made signs and posted them in halls througout the school and in the gyms. They also made noise makers by putting corn kernels in plastic bottles and distributing them to the student cheering section at the Homecoming game. For Halloween, club members participated in the school's Safe Halloween event by painting the faces of the young attendees.

prives

From a winter coat and food drives, to a giving tree, Spirit Club committed to helping students in the community. The outerwear, food and holiday gifts collected went to families in the school's attendance zone. The aroup filled the tree in the front fover with specific requests for individual gifts to be that were delivered wrapped, to the front office before the holidavs began.



SPIRIT

GLOBAL

160





EVEN THOUGH MEMORIZING YOUR BUSY SCHEDULE AND NAVIGATING THE

social hierarchy of high school was stressful at first, it soon became second nature, and you were reminded of the consistencies that kept you on track: when you passed the same seniors who sat on the benches in the mixing bowl, and the same Mr. Wilcox with his changing Friday morning polls, when you walked the same tiny language hall to get to the same white-washed classrooms that looked pretty much the same; then you listened to your friends "spill the tea" about who's who at Woodgrove and County, what everyone's weekend plans were, who was going to be in the jungle at the game Friday and who was in charge of the face paint and glitter and bead necklaces that went with the week's theme.

THINGS CHANGED ALL THE TIME, FOR BETTER OR WORSE. BUT YOU KEPT

it real, even when things weren't so simple. Maybe you thought the open lunch concept was awesome, and that finally things were starting to look different for a change, and it was exciting. Or maybe you didn't like it, but then you looked around at the people around you and realized that while the looks may have changed, the close-knit, friendly nature of the community was still very much alive, and you realized that maybe it wouldn't be so bad.

> CLOSING

POINT AND SNOOT In the jungle at a basketbalt game, Moses Freedom and Jimmy Campbell cheer the team on. "Being in the audience at a basketball is more engaging than football because you get to inferact more with the athletes. It adds another level of excitement for those cheering in the student section, since your peers can hear you cheering for them," Moses said. (phote by 2, Fraco)

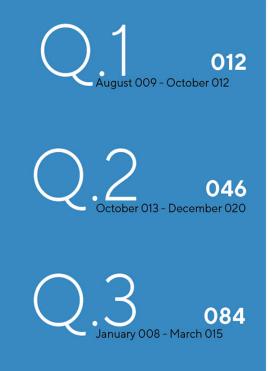
s





> COVER









THIS IS NOTA MOMENT • IT'S THE MOVEMENT

> ENDSHEET, CONTENTS









OT EM⁷ - Junior Savaughn Bradley - Aug 17 - Rocklin High School Right after halftime, Bradley makes a counter run off of left tackle mithe 5-yard line, escaping Rocklin's defense and putting the Varsity obtail team ahead in the previously tied game. - 'Rocklin was definitely obwerhouse. Going into the season, beating Rocklin was a great a infidence booster'. - Photos special to Titanium by Gary Jones

LIFE AS A TEENAGER

IN 2019 IS FULL OF

UNIQUE CHALLENGES,

BUT YOU HAVE TO KEEP PLOALAGE

NO MATTER WHAT, BECAUSE EVEN AN INCH CAN MAKE A DIFFERENCE.

> OPENING 1



WE MARCH THE OF OUR POWERFUL - Senior Christian Rios - Nov. 3 - Lodi Grape Bowl - Rios, left, performs during the first phase Marching Band Field Show. - "At this moment I OWN felt very powerful; we had very strong music. Hove Band and I feel like it's become a huge part of my life." - Photo special to itanium by Jeff Blanchard DRUMMER,

> OPENING 2

SOMETIMES EVEN CHOOSING 004 • OPENING TO DO IT TOGETHER.

concentrating, but I was also very happy." - Photo special to

TO THE BEAT - Sophomore David Parsons - Nov. 3 - Lodi Grape Bowl - Parsons performs at one of his first ever field shows on the drumline. - "This year's field show was called "Face." I felt pretty great actually; it was pretty fun. I was

Titanium by Jeff Blanchard





> OPENING 3



> OPENING 4

EVERY ONCE IN A WHILE.





GLORIA SHIELDS NSPA MEDIA WORKSHOP



SENIOR JACLYNN CARPENTER "Honestly I never thought I'd get voted homecoming queen or

even make it to the top five, so it was an amazing experience. Even participating in spirit felt different that week; I was super excited to even be considered.



SENIOR ETHAN FREDERICK "I decided to run for homecoming royalty because I thought it would be cool to do it. I was really excited because I didn't expect to get that far. It made me appreciate all of the work that Student Government does for us

Titanium Photo by Emma Miller

Titanium Photo by Emma Miller



SOPHOMORE KATLIN MIKELBAN "Playing for the band made me feel proud to be a Titan because I was doing what I love. This year's performance was more exciting because there is a lot more energy out into it, but it was hard because there were a lot of things that went into it."

ENGLISH INSTRUCTOR MATT PARRIS "I've been dressing up for homecoming since the first actual homecoming, the third year of exsistence. After Student Gov. comes up with a theme, I find a way to make a costume that fits. My job is around royalty; I always think that my performance makes kids smile."



SEPT. 3-8 CLUB RUSH WEEK

SENIOR JASNEET BAJWA

"C.A.R.E. club stands for Club

for Animal Rights and Equality.

Our mission is to help improve

the light in which people view

animal livesand shelters. This

club just started in August so

SENIOR ANTHONY MILLER

four - part harmony, stuff like that."

"Barbershop is a new club on campus so it

yet, but honestly it is a lot of fun and I enjoy

doesn't really have a big impact on the school

doing it. We sing, like a barbershop quartet, so

we were excited to get new

people in our club."

Titanium Photo by Mikayla Godoy



JUNIOR KYLIE BURTON

"I wasn't playing volleyball

this year, so this was my first

opportunity to play. This was my

first year playing, so I was kind of

nervous going into it. I loved it

because it was something fun to

do with the other girls in my class."

Titanium Photo by Emma Miller

WEDNESDAY, SEPT. 26 NIGHT RALLY

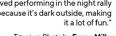


loved performing in the night rally because it's dark outside, making it a lot of fun."

Titanium Photo by Emma Miller



number for the junior class performance. It was fun, but l being in front of so many people, especially with the lights. I



> MONTHLY SPREAD



Titanium Photo by Emma Miller

FRIDAY, SEPT. 28 HOMECOMING GAME / CEREMONY

I didn't really run. Liust got voted in. I was really excited hat I got to represent my class and that people thought was a good role model. It put my name more out than it was before. I was excited because even if I didn't win royalty I was still excited to play football that night. I was nervous, but if anyone else won I would've been happy for them. There was a lot of joy and happiness, but I never really viewed myself as a positive role model in my life, and it was cool to represent the school. All my friends were excited around me, especially the team and my parents. I will definitely remember this for the rest of my life, and I will be able to tell my kids that their dad won

homecoming king."

"My sophomore year I saw one of my friends, Juliana Matos, win homecoming queen; I think that inspired me to run. I was really happy and surprised that I made it so far. This experience made me closer to the school; I didn't realize that so many people look up to me so much that they would choose me to represent our class. There is a video of Ben and I opening the box where you can see my excitement once I saw that we won. It was well-deserved for the both of us, so I was so, so proud. I was also happy to see everyone else so happy for us. I feel like it made me realize my worth and my actual impact on campus. I really love this school, and I will remember forever that I was Antelope's homecoming queen."

SEPTEMBER EVENTS • 021

020 • EVENTS



GLORIA SHIELDS NSPA MEDIA WORKSHOP

NICE MOVES Student have special skills that they had to work at in order to maste



Senior Michael Gamsi HAND BALANCING "It is all core strength and balance. It was something I had to work at for a long time in order to get it down. It helps me in dance, in the dance battle, and with



Junior Jasmin Soto SPLITS

"I would stretch after school like when I got home. I was in dance so we did a lot of stretching, and I was also in cheer, so I did a lot of stretching there, too. In cheer we did a lot of stuff where like you need flexibility to be good, so it helps a lot for your jumps."



BACK BEND "It did not come naturally to me. I have been working on it ever since I was little because I would be sitting in the splits and stuff. It makes jumps and other stuff a lot easier in cheer. I feel like it really gives me an advantage because flexibility can help me in a lot of sports."





Colorful Hair "I started growing it out "I think I just got tierd of during a metal-head phase seeing everyone have blonde. I went through last year in black and brown hair, so I decided to dye my hair myself. January, 2018. I mostly just like that it's straight and soft." I started when I was 7. I really like dying my hair blues and reds.



like when I was younger, maybe five or six years ago, I had Alopecia so it fell out. I just decided to keep it short because it's not going to grow back all the way."



"Cutting my hair wasn't really a decision for me. It was more

THE TALLEST STUDENT IN SCHOOL IS JOSHUA MOORE AT 6-6 AND THE

SHORTEST IS JIANIEL TABANCAY AT 4-5

WORDS AS TOLD PEDRO SANTAY AND KAMEIKO HOSTLER PHOTOS BY MIKAYLA GODOY

> SOPHOMORE JIANIEL TABANCAY 'm different from everyone else. It's just a different perspective. When I'm walking around school it's really not that different, you're just not that noticed when you're walking around. I get bumped into a lot of the time during passing period. People don't see me because of my height. My friend is tall, so I can see him walking around the school campus all the time. During rallies it's very different because when I'm sitting down it's hard to see what's going on, on the floor, especially when people are standing up.

> My dad's height is 5-foot-9 and my mom's height is 5-feet exactly. I get my height from my mom for sure. I'm one of the smallest people in my family, but I have two younger sisters that are about the same height.

To be honest, I like being short because I'm different from everyone else. It doesn't really hold me back because I haven't done anything yet that had to do with my height.

I think it's fun being small because you're not noticeable when you're walking around campus, and seeing a small person bonding with different types of people just shows that Antelope has a good community.

Antelope is a chill place because no one really cares and everyone wants to be friends with me. If I hid behind a door or under a desk and popped out of nowhere, it'd be very easy to scare someone.

To be honest, I've thought about being taller before, but I really feel like if I was taller I would be a whole different person than who I am right now. As of right now, I would want to stay this height, but if I had the choice to be taller, then yeah, I would. As for my future, I don't really see a difference between being tall or short. I think my height has nothing to do with my future; I won't let it get in my way.



FRESHMAN JOSHUA MOORE

he benefits of being tall are being able to reach cabinets really easily and getting to the top part. Also, when shopping, things that are really high up I can easily grab.

As far as aesthetically, it's easy to see over people, especially on defense in football. In wrestling. people don't know how to wrestle a tall person; they don't know how to wrestle my height. For track, it helps in discus because my wingspan helps me get more momentum.

The con of being tall is showering, because when I go to someone else's house the showers are always for like a 5-foot-9 person, so it's hard to shower at other people's houses. Even my shower I extended my shower head up like a foot. Also, I don't fit completely under my mirror. I have to do a little squat when I put my contacts in. Another thing that's difficult is bath tubs because I can't extend my legs, so I don't take baths unless I'm really sick. My dad is 6-foot-5 and my mom is 5-10. I got my height from my dad for sure.

Roller Coasters aren't bad to ride on, but airplanes are really hard. I always have to get up and walk around. I also get really bad knee injuries and

my knees always hurt. My elbows hurt and so does my back because I grow so fast.

I've never felt insecure about my height, if people give me looks I just brush it off because I like being tall. My height hasn't really held me back, but sometimes I'm too tall to ride roller coasters. I'm still growing; I have like two more growth spurts left.

My height has given me the opportunity to play good positions in football on defense and offense. I got moved to tight end in football because of my height. They knew I was one of the people who could do it on the team. I like my height, it's nice being tall.

> SECTION DESIGN



> Verbal/visual connections > Bold typography and hand-lettering > Bright colors, duotones, transparency > Color framing and blocking > Multi-spread divider packages





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THE

LONESTAR

VISTA RIDGE 59

VOL.

16

> **THE LONESTAR** Vista Ridge High School Texas

THE LONESTAR 2019

> COVER

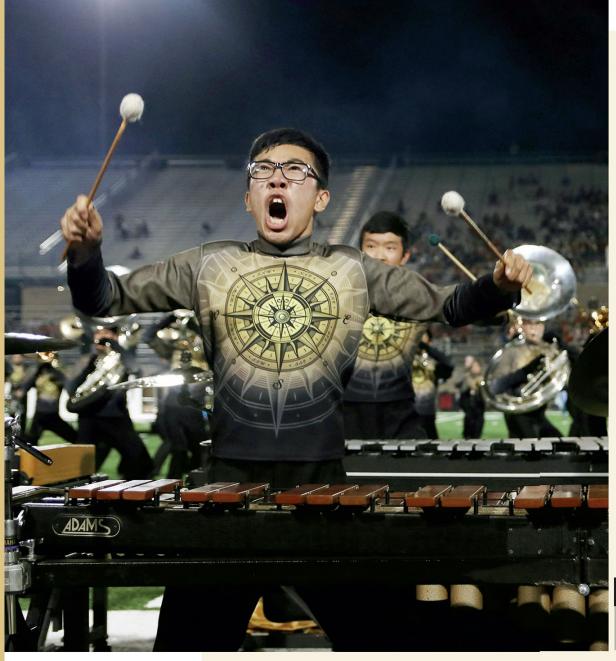






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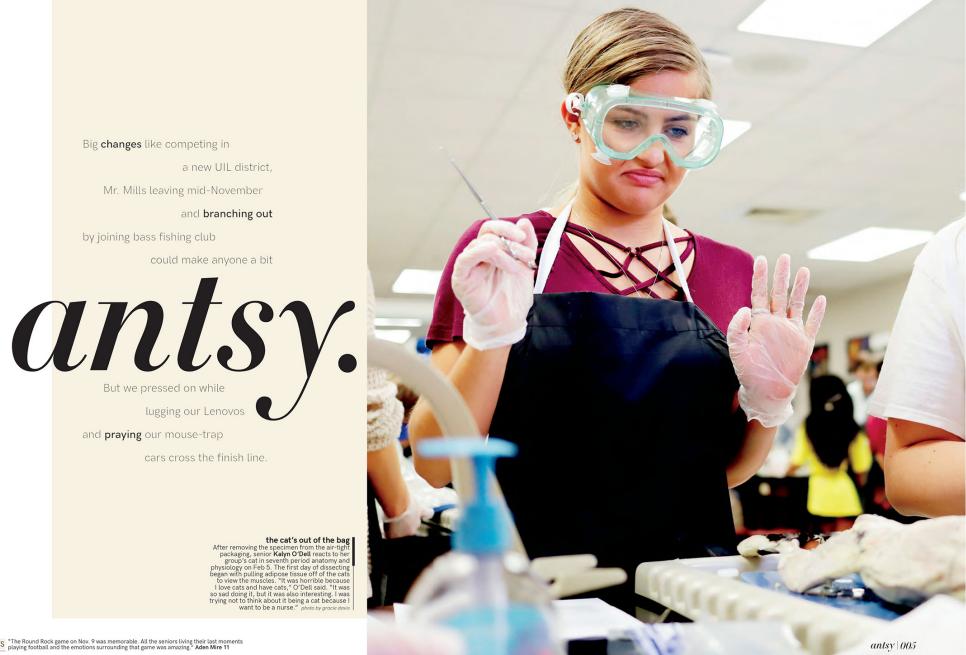
Cruising down Park Street at 8:15 a.m. on Aug. 16, we were

> to **ace** Mrs. Lowery's seventh period BC calculus class and navigate the confusing A-building halls. For two weeks straight in July, band **busted out** nine-hour days to perfect "Lost and Found," ultimately **winning** the state championship.

> OPENING 1

hit every note Playing the marimba, sophomore Benny Nguyen performs "Lost and Found" during halftime at the Westwood game, Sept. 21.

Nguyen periodits Loss and Pound Guiling halftime at the Westwood game, Sept. 21. There were 25 students on front ensemble. "I feel like I tell a story to the audience and take them on the ride when I perform," Nguyen said. "Whenever I step on the field, I pour all my emotions in the notes I play. I forget all the struggles I have to deal with and focus on my performance." *photo proceed data*





But we pressed on while lugging our Lenovos and praying our mouse-trap cars cross the finish line.

Big changes like competing in

by joining bass fishing club

Mr. Mills leaving mid-November

a new UIL district,

and branching out

could make anyone a bit

the cat's out of the bag

After removing the specimen from the air-tight packaging, senior Kalyn O'Dell reacts to her group's catin seventh period anatomy and physiology on Feb 5. The first day of dissecting began with pulling adipose tissue off of the cats to view the muscles. "It was horrible because I love cats and have cats." O'Dell said. "It was so sad doing it, but it was also interesting. I was trying not fre blink short it being n cat because. trying not to think about it being a cat because I want to be a nurse." photo by gracie day

> OPENING 2



NSPA MEDIA WORKSHOP

> OPENING 3



scream and shout and let it all out At the homecoming game against Leander on Oct. 5, junior Heather Bonner and seniors Alice Brito and Destiny Brawley cheer on the varsity football team. The student section brought noise makers and trash cans to every game. "The team works so hard and gives everything they have into every one of their games," Brawley said. "It makes being in the student section worth it." photo by gracie davis





> SPRING DIVIDER

SPRING MOMENTS ^{*}On Jan. 19, Save Planet Earth Club went to Brushy Creek and cleaned up all the trash. It was great to see my favorite place to take my dogs all cleaned up." Caitlyn Baldini 12

SPRING

It's that feeling when the seniors planned the perfect prank and paid \$2 each to hire a mariachi band to follow Mr. Johnson around campus March 14. It's when theater celebrated its four GAHSMTA nominations with a performance at the Long Center on April 17. That feeling when the Cow Patty Classics won back-to-back titles at the third annual tug-of-war competition during Ranger Time. After completing our final STAAR exam, we blissfully coasted to May 31.

TWASA UNASA WAY TO EXPRESS A POSITIVE MESSAGE IN OTHER LANGUAGES AND CELEBRATE DIFFERENT CULTURES.

set in stone

With C-Squared, juniors Laura Marval Vasquez and Dany Sanchez Perez and sophomore Isabella Germano Cabrera assemble the rock garden on Feb. 15, Members painted positive phrases in their native languages. "We decided to write "esporanza" which means hope," Sanchez Perez said. "It's something you can never lose."



March 6 practice at Avery Ranch Golf Course Mason Skidmore 11 & Naithan Garcia 12 photo by cindy plasencie

isabella germano cabrera II.





musicians reflect on winning moment















march madness

directors thought I was a baller and told me they've never seen a student be so calm in a situation like that. So I felt really good about it after." photo by gracie davi



In the first movement of their show, senior Carrington Patrick, junior Makenzi Costa and sophomores Serenity Lopez and Joy Ahn perform their finals performance at the UIL state competition on Sept. 6. The marching band had 276 students enrolled in it. "I'm in the moment [when I perform]," Patrick said. "I take on the character, feeling and emotion of whatever the show is, and I put that into me. All anxiety and nervousness go away." photo by gracie davis

senior soloist Gray Beasley photo by gracie davis

scan photo for **video**

if this is it "Winning was bittersweet because Gil has been there for me for the past seven years,

and I realized he wasn't going to be there to guide me anymore. I felt sad more than anything. I was holding onto the moment because I knew that it would be my last

time walking onto the field, and I wanted to savor everything." Sue Han 12

spread by natalie mccain

what a

With Lost & Found, marching band makes historic run, capturing

state marching champions 047

top spot at UIL 6A Marching Competition in San Antonio Nov. 6



> SECTION DESIGN



Lanna Nguyen 10 & Emily Maldonado 12

70.7

AUTUMN MOMENTS "The weekend of BOA and state was physically straining because we worked two hours at a time for four days in a row." James Fauver 10







> SECTION

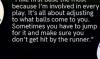
DESIGN











"I like the positioning on the field with the outfielders

and the range that you have to cover. The hardest part is double plays when the shortstop throws it to you, and it's all on you to get it to first."



"As an outfielder, you have more opportunities to make catches and plays that aren't as routine. When you catch balls in the air, **it's** satisfying because you know you did something good for the team."



You get to really show ye leadership as a shorts you're the guy who's the help everyone and pick

up when they are down. there to be a leader but not dominate.

just keep going

At the scrimmage against Cedar Park senior Dawson Groch pitches on Feb. 12. An annual scrimmage was held against Cedar Park. "It's always good to have adversity and see how we handle t," Groch said. "Obviously we handled it well." photo by gracie davis spread by aracie davis & ali meye

picture that preparing for district, team plays 18 games to gauge skill & build team chemistry Kyle Brown 10 Brad Mican 12 Tyler Engquist 12 Caden Walton 12



With the bases loaded, senior Kellen Janda runs for home at an away game against McNeil on March 12. The team won the game against the Mavs 7-6. "There is pressure when the bases are loaded, but you've always got more time in the game than expected," Janda said. "When I'm running for home I feel excited scoring a run is important. It's how we help win.

home sweet home

runner up

Swinging for the ball, sophomore Kyle

Brown plays in a game against Leander on

March 26. The team lost 5-1, and this was

third, you just gotta get them home. Make sure you put the ball in play. There isn't any

added pressure. It's just like every other time you're up to bat." photo by gracie davis

During the LISD tournament on March 8,

senior Caden Walton winds up to throw the

ball to first during the game against Rouse. The team lost 17-2. "In the future, we just

need to hit the ball when we have runners

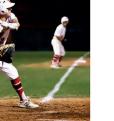
on base," Walton said. "We left our team hanging with base runners on." photo by gracie davis

the first of two against Leander with the second following later in the week. "I feel

confident that I'm going to hit the ball," Brown said. "When there is someone on that's a fact

Individual positions benefit team





Position: Outfield Height: 5'9"



Konrad Karsten 12

'It's exciting when you have the opportunity to make a play. Jake Minick 12



Position: Catcher Height: 5' 11" "It's physically challenging because you squat the whole game." Brad Mican 12

scan photo for

video

SPRING MOMENTS wait to take my brother home once my practice ends." Taegen Gunn 11





Christian Cochrun Debate 2, NJROTC 4 Jacob Cohen Greg Cole Art Honor Society 3, E-Sports Club 2, Key Club 2, Spanis Honor Society 1, Tennis 4 Capital in 12 Tabitha Collard Austin Conner

Troy Cook Max Cooper Garrett Copeland Creative Writing Club 1, Debate 4 Captain 72, UI Courses Dents 3, UI Social VI Courses Jenessa Costello Art Honor Society 2, Lacrosse Mason Cottrell

Andre Covian Graphic Design & Animation Club 2 Co-President 12, News Media 1 Shane Cullen Band 4 Jude Cyriac Choir 3 Braden D'Herde Ashley Dalton

Grace Danis Grace Davis Vey Coly 1 hom Committee 1 Insanuer 12 2541 Team 1, Satrine 1, Sinz Steppers 3 Head Manager 12, Student Council 2, Vearbook 3 Photo Haley Davis Vearbook 1 Hannah Davis Colorguard 1, Choir 4, Debate 3 Sayger Davis

Evely Deal Starline 1, Star Steppers 1 Andrew Delaney Art Hons Society 2 Security Officer 10, French Hons Tociety 3, NBOTC 4 Platoon Commander 10 Recruiting Officer 11 Executive Officer 12 Sydry Demeyer Choir 1, Drama Club 4 Secretary 12, French Hons Society 1, Musical Theater 3, Theater 2 Makeighla Dentino



Bill Dozier Ridge Dutkin Accelerator 1, Incubator 1, Track 2 Aaron Eacott Jason Eastwood (2, 1, Drama Club 3, GSA 4 Vice President 10 President 11-12, Improv Club 11 Nikolai Eckhart



Before starting her senior year, Alayna Zunker spends time exploring Nepali coast on Kauai's North Shore with her family

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> SECTION DESIGN 1

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fast track "My fastest takedown was 20 seconds. I crossfaced him and brought the cradle. A cradle is when you are able to wrap your arm around their shoulder and leg to pin them." Aiden May 9

ilike how i get to be aggressive.

do you even lift? Senior Troy Smith bencl presses two 40-lb. dumbbe during practice. The tear worked out everyday to ga an advantage over the oth competitors. "I like liftir because it makes me strong Smith said. "It's important to b stronger than your opponent photo by ali meyer the perfect pin

Against Vandegrift, sophomore AJ Lofton puts his opponent in a spladle on Jan. 16. Lofton was ranked second in the nation. "Before matches I feel excited, while I'm wrestling it's natural, photo by charlotte willkins



I LIKE HOW MUCH IT PUSHES ME. I HAVE A REALLY BIG DRIVE TO GET BETTER AND MAKE MY TEAMMATES. MY COACH AND MYSELF PROUD. 66

Colton Collard 10



do it for the team Jan. 17, sophomore Luke Boatman does a power half versus a Vandegrift opponent. It was the last home match of the eason and senior night. "I feel xcited when I take someone own because I know I'm going win," Boatman said. "My team my favorite part of wrestling ey are my motivation because don't want to let them down."

Five wrestlers place at district, two advance to state

> OURTAKE was hectic," Bordeaux said. "Keeping a steady mindset and pace was difficult for me. Competing at the district tournament MYTAKE at Vandegrift on Feb. 7-8, the girls brought home second place and Senior Troy Smith the boys fourth. and sophomore AJ Wrestlers seniors Lofton competed at Chloe Brandon. state on Feb. 22-23 Troy Smith and sophomores in Dallas. Lofton brought Bridgette Bordeaux home third place for and AJ Lofton and the second year in freshman Alexis a row in the 145-lb. Chavez placed in district. weight class. He was ranked second in For the girls team, Brandon placed first in the girls 119-lb. weight class district and second weight class. "It was the best in region. Smith placed first feeling ever when at district and fourth coach put the at regionals in the medal on my head, 113-lb. weight class. Brandon said. "My favorite part He placed in the top eight at the state was getting on the podium and coach tournament. 'I was happy started crying." about making state Bordeaux brought because this was home a first place my last year," said Smith. "Hanging out medal from district in the girls 128-lb. weight class. with AJ for the last year was my favorite "My coaches part." spread by Ali Meyer and Jazra Williams and teammates were screaming so everything





Competing at Wrestlemania on Nov. 28, senior Micah Morrow uses a cross face to take down his opponent. Morrow competed in the 126 lb. weight class and won the match. "You can learn from everybody else and that's what it's all about," Morrow said. "When I'm wrestling, I feel like I'm in the best position possible because I love the sport and everything that has to do with it." hoto by iazra william

> SECTION DESIGN



> SECTION

DESIGN

under **Dressure** stress of school, peers can have negative impact on mental health

percent of students say they are overwhelmed

"I'm really overwhelmed with school and DECA, especially with state coming up. It's a lot of work. Mixed with all the AP classes, especially BC calculus, it's hard to keep up." JACOB COHEN 12

classes

"There's so much to do for every class, and there's not really a balance. Geometry is my most stressful class. I like the class and my teacher, but we move too fast."

JAYDEN PELLEGRINI 9

hours of extracurriculars per week

"Having band every day for three hours makes it hard to manage my time. You can take AP classes as long as you get your work done. It can be really stressful." ADDIE O'NEIL 11



hours of homework each night "I spend a lot of time

doing homework each night for chemistry. I get really stressed, but I study with my friends."

AMOD DAHERKAR 10

HIDDEN STRUGGLE

Alyssa Jimmie 12:

"Struggling with mental health makes me a lot less motivated to do things. I was the basketball manager at the beginning of the year, but I was struggling with myself and being happy. Because of that, I didn't feel motivated at all to do my schoolwork, always challenges that



in my head.

didn't do my English

projects. I just had to do

some simple things. It's

easy work, but I felt so

unmotivated. Because

of that, I failed, and I'm

ALYSSA JIMMIE 12

100 students surveyed spread by natalie mccai

out stressed out stressed

failing now.

Things fall apart before my eyes at the same time myself they're falling apart



It's a lot harder to get back up from that

Struggling with mental

choolwork. Seeing that

fall apart really stresses

Even though it's hard,

things improve in small

ways daily. There are

health is discouraging

because I see it reflect

in my grades and

first time.

Mark Brown 9: show up to school or care about my grades. "High school is a lot A few weeks ago, I was harder than middle really struggling, so I

that inspire others. I school. The homework believed I should be was really easy, and we doing that for the people did most of it in class, but high school is a lot more work. My A-days are pretty easy for me. have all my core classes on B-days, so they're a lot more stressful I've never taken an AP class before, so I have to take a lot more notes than I'm used to taking. In middle school we always had foldables or fill-in-the-blanks, but posts now I have to read from the textbook and fill in all of it myself

that follow me, but I've definitely come a long way and grown used to being more vulnerable. I was dealing with things that got fulfilled with how many likes I got on my posts, but now I've realized it doesn't matter how many I get. I think it's awesome that people are able to see my Now, I'm more open about my faith and how it's affected me personally, and I don't have to worry about what people I don't even know think about me. I think recognizing the effect my story and my walk with the Lord could potentially have on others definitely inspires me to keep reaching out to people and be more vulnerable about who I am, and that nobody

Last year I could get

away with not taking

year I have to actually

like I have more time to

do my work because of

A-days and B-days, but

Band makes getting my

work done stressful, but

it definitely motivates

me to keep my grades

myself like my family,

vacations or things

that I'm doing in life

up because I don't want

combined with band,

that cancels out.

take the notes. I feel

because I didn't do what notes and still get 100s

I was supposed to do the on my tests, but this

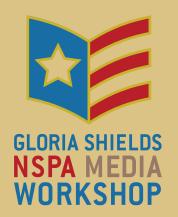
THE NUMBERS EXTRA-CURRICULARS

has a perfect life, even if it seems like they do."

Do extra-curricular activities put a strain on your ability to get nomework done









Luke Hammond 11 Mary Han 9 Paul Han 11 Reid Haney 11 Elizabeth Hanks 11 Kristofer Hansell 10 Guinivere Hansen 9

sharp when the photographer said "cheese." spread by marcus litz

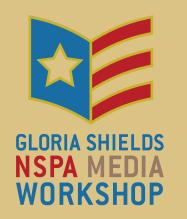
Keonalani Hansen 11 Gabriel Harbert 11 Leilani Harbert 9 Madelyn Harborth 11 Jacob Hardin 10 Brylee Hardin 10 Brylee Hardin 10





Collin Haye 10 Jack Hayes 10 Rashaud Haynes 11 Aubry Hearn 10 Ethan Heffelfinger 11 Kwade Hegtvedt 10 Hannah Heimerman 9

Derek Helser 9 Avery Henderson 9 R Reyana Henderson 11 Riley Henderson 9 Casey Henne 10 Andre Henriques 9 Paul Henson 10





By the **start** of the

second semester, we were

ambitious

to finish our 20-page DECA business plans as 13 teams advanced to internationals. Rain or shine, NJROTC drilled every day after school to **crush it** at the Waco Invitational. After signing up for 2,061 AP exams, our **determination** to pass for the year grew exponentially.

report for duty Saluting, senior platoon commander Angelo Pacino Santillo reports to a Naval officer at the Annual Military Inspection on Nov. 15. Out of six platoons in the unit, Santillo's earned 'Honor Platoon,' and the entire Lone Star Unit earned 'Bravo Zulu.' 'N was extremely confident," Santillo said. 'N wasn't nervous as the leader of my platoon. I knew we had it in the bag."

> CLOSING 1



Second in district, the girls basketball team ended its season at the regional quarterfinal game on Feb. 19 feeling as bitterspected

> as ever. While freshmen indecisively mapped out their four-year-plans in Coach Cunha's fifth period, seniors proudly accepted their diplomas at the H-E-B center on June 1, marking that feeling when we set our sights on the future.

> > stop and smell the roses At her fina home football game, senior drum major Alice Palmiere hugs color guard director Erin Kosman after the senior walk on Nov. 9. Band seniors walked out with their families, and they were each given a rose to honor their hard work. "It felt like a wave of a thousand emotions," Palmiere said. "Band molded me into the person I am today, and I couldn't be more thankful for everything I've learned."



OUR MOMENTS "To play the show one last time for the home crowd at the Nov. 9 game against Round Rock was such a incredible and fulfilling feeling." Adarsh Patel 11 bittersweet



> COVER









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NOT

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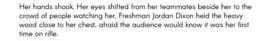
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BUT IT WORKS

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Winter guard coach Christy Hobby moved Dixon up to rifle from flag, giving her a brief window of time between band and winter guard season to learn a whole new tool from the varsity girls. In the opening act, Dixon had to do a triple, and she dropped the rifle on its way down.

Dixon's rifle clattered onto the floor. Her face flushed bright red as everyone else continued their routine around her. She froze, staring at the rifle on the ground.

THIS WASN'T EXACTLY HOW IT WAS SUPPOSED TO GO.

The voices from the crowd grew louder and the only thing she wanted was for it to be over, but it was just beginning. Dixon's teammates started to count through their routine louder. She looked up, grabbed her rifle and finished the performance.

IN A MOMENT OF BRAVERY, SHE MADE IT WORK. READYTO CATCH UDWICHING Her mile

Dixon learned that it was okay to drop. Everyone dropped something at one point in a practice or competition, so it was not the end of the world. In every drop, Dixon and her tearmates tried to decipher what went wrong. They started videotaping their practices, and they found that after Dixon threw the rifle in the air, she crossed her hands before the catch. She knew the flaw in her mechanics, and they worked to fix it.

In the moment when things went wrong, THEY LEARNED HOW TO MAKE IT RIGHT.

Laurching her nile in the air, freshmon Jerdon Duon does the higher throw 3he missed the same throw at the last Winter Guard Competition, but worked to perfect the immouse. "I feel more prepared now." Duon said. "After that toos, Coach Christy Hobby] gave as mare tooses, see 1 had to learn those while having that treat. Thele fees. PHOTO BY GRACE ROOMEY.



2 THEME



BUTIT

He stared at the hot glue on his hand. Seconds before, it slipped while he decorated skeleton-themed jars for Halloween and burned him. Upset by the initial shock, he lifted the glass jar above his head, angry. Teacher Michele Zawatsky watched him as his eyes glanced between her and the glass jar in his hand.

NOT EXACTLY THE BEST BUSINESS STRATEGY.

HAND UP After finishing her part-part bills for Time Tempprine student jocqueline goes to high two part Debost Gearring Malagan-Morelee entiality traggiged with the project, but the media it wask, with the help of her para. She was really person of the wask also dist. "Gearring her dist." Gearring base really person of the wask also dist. "Gearring her som and had a lat the **Photo By GRACE ROONEY.**" Zawatsky's student maintained control. He looked at his teacher, took a deep breath and put the glass down on the table. He knew a moment of anger could lead to a cut out of his paycheck or even losing his job with Titan Enterprise.

Throughout the school year, Zawatsky's students made and sold goods, often themed around holidays, to learn the skills they needed to be independent in the real world, like being able to give correct change back and to learn what it took to keep a job.

DESPITE HIS INTENSE EMOTIONS, HE MADE IT WORK,

Her students realized they didn't have to be perfect. They were going to get angry or frustrated. It was hard to maintain control, as Zawatsky told them it would be. If they needed help, she wanted them to know they could ask for it. Over the course of the year. THEY LEARNED THE VALUE OF THEIR WORK.

> OPENING 2



GLORIA SHIELDS NSPA MEDIA WORKSHOP



VARSITY WINTER GUARD POTENTIAL ATHLETES **COMPLETE TRYOUTS** CONTENT BY BRIAHNA MARTIN

3:30 P.M. STRETCHES

"It helps warm and loosen up your muscles," senior Joseph Salvatori said. "We stretch our leas, arms, our back and then our wrists. [The best stretch] is when you're sitting in straddle. and you have one arm over the other touching your foot."

"It flexes out our body," junior Zoe Collins said. "When we start

4:00 P.M. DANCING

dancing, we already have our body loosened, and we do a lot of pliés. It helps us with our posture and makes sure our toes are pointed correctly and turned out."

helps me get the force I need to toss."

5:00 P.M. THE FLOOR

"You dance your way across the floor," sophomore Isabelle Braudakis said. "They improve basic skills like first position, plié, grand plié and posture. You go through a checklist to make sure your posture is good, and your feet are pointed."

"My favorite thing about working with flags is learning new

tosses," sophomore Danielle Rudolph said. "Warm ups help me

to work with them because it gets my wrist stretched out and

6:00 P.M. FLAGS



SEHIND MY SACK Before starting practice, freshman Molly Asmussen pulls her arm back as she does the butterfly stretch. This prevented her from hurting herself while turning her flag. " [We spend] 15-20 minutes doing our different routines before we get into the actual down to where I'm confident and practice," Asmussen said, PHOTO can do it every time took a full BY SYDNEY HANSEN. season," PHOTO BY MELANI season." PHOTO BY MELANIE **SCHEPMAN**

Ready to catch her rifle. HANDUS With her hand junior Kaley Lapp watches closely outstretched. IV captain Isabel to ensure she will catch it right. She Rios mirrors a routine. The varsity took her time to learn how to catch it captains recognized her work ethic without injury. "It's really hard if you and named her captain. "This year don't know what you're doing," Lapp we have two teams, JV and varsity, said. "To know and get everything

compared to other years where it was just one large team," Rios said. "I'm definitely not the best, nowhere near, but I'll always have that moment in my head when I first saw someone spinning so professionally. PHOTO BY SYDNEY HANSEN.

prepare to perform their routine. In his third year on winter guard, senior Trent Mcguire took on more of a leadership role. "The trying out isn't really nerve-wracking to me," Mcauire said. "Getting the results is because I want everyone to achieve [their goal], so when I see the list. I'm excited to see who made the team." PHOTO BY ROBIN NTANKEH. STANDING FALL After graduating in 2018. Winter Guard veteran Courtney Lee visits to help with tryouts. She instructed the students trying out. "I have such a special bond with that team and I love my coach more than anything." Lee said. "To help teach a sport that I'm passionate about really brings light to my day." PHOTO BY ROBIN NTANKEH.









ANDS OUT Holding her position, junior Meahan Tirado performs a tryout routine with other potential teammates. Although they troduced new routines and warm-ups, the yout process did not change. "Every year, he gets more and more advanced, and she hallenges us a little more," Tirado said. " [The est thing about winter guard tryouts] is seeing verybody that's going to be on the team and] seeing how we're growing." PHOTO BY ROBIN NTANKEH.

Stood tall, junior Karina Duque emonstrates how to do a technique. She participated in winter guard for a year and new she could do well, despite having to learn a new toss. "For those who wanted to be on arsity, we had to learn a harder toss." Duque aid. "I was a little nervous about the toss. I learned it pretty fast, so I wasn't too stressed about it." PHOTO BY ROBIN NTANKEH.

> SECTION DESIGN



> THE BARD

Hill Country Christian School of Austin Texas







House flag of applag in the wind, serier Sleven Nahr and sophancer. Itsel I-knowled, geek the Incomingbase on the rode outside Camp Budmer. Twes really tempted to by and jump-on the top of the bas. Nahr seld, bud (didth? jutchskyk: Haup

> In some ways this year was just like any other. There was another NASA trip and another Camp Watermelon. Talks of finally building a building were met with students' smirks. It was just like last year and quite similar to the year before that. Or was it?

In reality, the school changed and so didwe. We raised \$5 million and actually broke ground in February. We made smoothies in Home Economics, debated politics in the Great Thinkers Club and performed the school's first Christmas play in fifteen years.

As the year shaped us, we in turn shaped the school . Every year is different, but some things never change. Another year is complete and we are all ...

UNCHANGEB





Breaking through the spint postermeduby the cheer squed, apphonose Starl Krapes Leads the base in numming out before the first football game. "Once the mastic played, we ran out," Rupet raid, Tit a cool to heave every prochereing you can ", Abebdy K. Kir



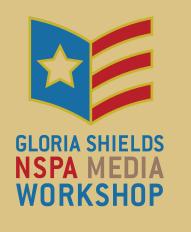
When school begins, it's all hands on deck. Mr. Donnowitz takes over as principal, and Charlie Sullivan adjusts to high school after homeschooling for four years.

Yet Trinity Bledsoe still went to the homecoming carnival, and the middle school football team stayed undefeated. Some things change but others remain. To calcinvit the and of He Jaliuw month, students signs heatrook for theraw building on Gaing Wachesday. The Mite actor data I was signing my name." Mite guider data I was beplang any sporth beplang any sporth behang and dischool attil will appreciate all the equipment." photo by 2 Hang





> FALL DIVIDER 1





In Anatomy and Physiology (unloss Ornini an Muller, Grace Hodgare, Levi Utterback and Anatop Dramor built a shallow as a part of their black-dimensi challenge to learn about survival. Wy least favorite challenge was the bood challenge because that to eat a phosp again fails. Justice Hichard Yosen yand. The warneally hotboc uses I could not actually available it oph away. My threat was not to for the monitodas, so I just leit class to go get mile and amiliatalise form Mr. Dan' photody it Hong

Cheen ring through the gym as middle school students make the letter R with their hands during a veiligibility grane. Therefore, apports to other people and it gale therm more exclude elefth spinder. This sing otherwise students we wind the letter more energy stable, but if we don't wave an still enjoy the game global by C Let

Ready to race, preschoolers Landry Brown, Bell vy Perm and Nosh Allen Breup on the starting ins On Sike Day, three-year olds bring their bless and account to school. These a blockles. Joshim (Locking) has able? pre-schooler Silaria Locking mail. The is grean Mine interained and white Scampadia (hat "stoole by B Hang

> FALL DIVIDER 2





With a walker to complement his Workly Wednesday costume for homeconting week, junior Hopding Junices goes allout with his cutif to wing points for the competition. Thementer [Repden] havings writer and always being like shundthack" (unlor Cail Totid and. Ne kept saying the file like Couch Chargeron 12 photolyci. Lee

Dreading up as stars. Indeepeteness sing about how God made the world during the 16th annual creation play. During this play across students petermad with new costumes. Tplayed shores. Ensce Roberts and Thaldup-the signific Day Sa when God made the animals and the humans' plate by Handy.

While carving propiation revently grader Territor Hower with pumpting guts for sized during a house competition. The Hornath before the backs that i wouldn't at the pumpting duri. Hower raid. Tead now and publicly handlin the bag and side the pumpting guts. It was need by the and tasks the back quarks it available some of a and locupted thack up, i would have done it or last money backups it was treating to an addition of the could have the for last money backups it was treating to an addition of the could have the for last money backups it was the was treating that could have true "photo by a Here





> FALL DIVIDER 3







-13



ONE

Students travel internationally and share global experiences

Thousands of miles away from home, many students immerzed themselves in the costic cultures of for sign lands. Fifth grader Ty Vacek traveled across the Atlantic and Mediterranean to visit friends and explore newterrans.

"Iwentwith my dad to Sri Lanka for awedding Vacek said We visited

the jungle and therewere monkeys lying around each other that got close to jumping on us. We went to a rainforest and szw a bunch of anahas

While Vacek dodged the wild minals, others were not so lucky. In

Costs Rica, eighth grader Roman A roswat bitten on the arm by a Kinkajou. "We were ordering pizza at the place we were

staying and heard they were releasing an animal into the wild," A res said "Instead of going to the trees, it came to us. It freaked me out and climbed up ny father. We had to come back to America early to get rabies shots." Across the ocean sophemore Grees Marx and the theater class experienced a less scarring change in scenery in Scotland "The currency is in pounds in Scotland which I did not like," Mare said. "The exchange rate was higher overthere which means I had less memory than I have here which is super annoying It took ms a while to figure out what the coins and dollars were?

keep the change On a family vacation to Canada, seventh grader Sam Williams added three **GITITUP** coins to his International currency collection. Tva always

collectadicoins;

'every time i po

international." Collecting coins

heips Williams

realize the key

components of

"I think it's cool

country that you

with you."

each nation.

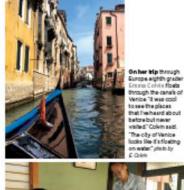
to have a little place of that

can take back

cultural

Williams said.

somewhere









Withs classe of plans. Paphanare Joshus Husing and senior Harmah Huang provide disasterneiler to riccol victima in Kure Hiroshime, while-originally planning to work as missionaries on the opposite side of Japan. Sectionary Darnas Wond also perilopated on this trp. We never planned to go there." Wong seid "It was such a great experience helping people learnhow to find joy even in the worst situations." photo by R. Katerie

junior Hi cole Pindio admites the interesting birds, expecially the foucan. The birds would fly super close and it was testifying." Predo

Serrounded by cased,

Adds greater Ty Viscall jumps in the middle of the desert in Dubel He spent his time sandboarding sand duning and visiting a braditional dinnar party Therewas this big party in the bant with people throwing file." Vaceic said 'R was cool to say what people do tor fun in foreign cultures." photo by T Macell

cool architecture in the castles," Smith Schauerseid. 'Some of it looked like pepermedie" shots by R. Schauer

On their croke

around Suropa.

fourth-grediers Sanah

Schuure and Arry

the ancient castles.

We saw a lot of

Schessrstop-in Dermark to admire



asid. Twas straid the touc an would stackma' photo by aviery employee

"tatilities the construction of Construction of State and Construction of Cons



> SECTION

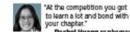
DESIGN



A THREE-DAY **TRIP TO STATE**

competing at State

DECA State qualifiers describe their experience

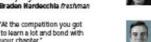


to learn a lot and bond with Rachel Huang sophomore

It was a lot harder than

District, and it was really fun.

Plus you got to miss school."



"You had to manage your time well, especially planning for your events and food." Dorcas Wong sophemore *We did Sports Entertainment Marketing but it just seemed like a really long weekend."

Ryan Boatright freshman

DANCE ALL NIGHT

An evening of music, black and white, and lip sync battles Every year, NHS organizes a dance for the middle schoolers. "I feel like not many people completely understood the black and while theme," seventh grader Savanah Boles said, "and didn't understand how to dress up for it." Even so, the dance was a success, especially the lip sync battle. "It was super funny," seventh grader Hadalina Azachi said, "I was going to doil, but chickened out at the last moment. I regret it. My group, with Tanner Hower and Jack Matourn, did Baby by Justin Bieber in a dinosaur costume and ended up winning."

CHECK MATE

Chess club participants explain why they play the game

"I think Hearned how to play chess "Hovew inning and it basically when I was five. I don't mitrid playing happens every time I play. The with the older kids but there are some worst part is when you have two kindergarieners there, too." good moves, and you have to choose Boden Davenport first grade between them."

"I really like playing chess and I like when the teacher teachesyou about "There are plenty of funny moments different moves and other stuff you when someone accidentally knocks can do. That helps me a lotwhen I play over a board. One time when we were a bursch of different people. In a really tight match during their Hannah O'Connor third grade five minutes, we had to call it a te in a really tight match during the last

because we were taking too long" "My favorite part is playing with all the other people. The hardest part is when they put problems on the screen "Hike it a lot. I haven't played before, and we have to figure outhow to solve" but it feels really good to stay after them and win."

school and go play. Emma Edwards first grade Elijah Girdler second grade "There was a rook and a king on the "Every time I go to my grandparents board thathadn't moved, but then you house I always play chess against can switch them in a special move. I them. It's one of my favorite things to did it when playing against my sister." do with them when I go." Declan O'Connor first grade **Hicholas Chell fourth grade**

Intentty studying the chess Billing larabia next move to outsmart his opponent. People always like to move only the pieces they like. Billingsley said. "but I by to move as many of them as possible. That gives me an advantage because I have several different angles on their pieces." photo-by N.Brady

Will Appenbrink fourth grade

Ryan Borkland ### orado



Experimenting with direct out chemicals, freehmen Literan Roatia and Adarsh Vadiapatta mix the solution while sophomore Mandy Clace reade instructions sloud. Science Out was new this year and i didnit quite know what to expect out dit. Gem raid. but it turned out to be a lot of fun "photo by H Hematoliz





> Classic serif fonts and subtle colors > Strategic use of black/white > Whole-book type and color palettes > Smart insets and text on the dominant > Partial photo cut-outs



> HAUBERK

Shawnee Mission East High School Kansas

2019

volume









GLORIA SHIELDS NSPA MEDIA WORKSHOP

WE ARE

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THE LAST LAP Hyping up the student section, senior Cooper Holmes tt the winter pep as OTO ALLIE ERDNER 33 S IS OUR HOUS 59 85



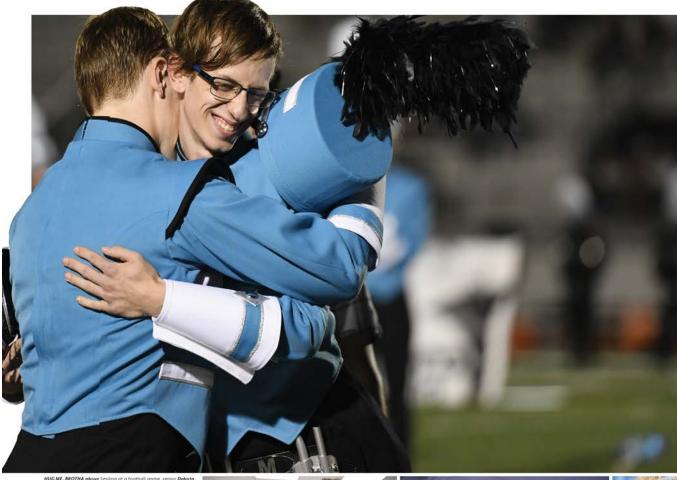
> ENDSHEET, CONTENTS





> TITLE PAGE





NUG ME, BROTHA above Smiling at a football game, senior Dakata Zugelder hugs fellow band members after a praise enducing performance, photo elise baker. PLAY ON far right Messing around with the band, junior Lify Campbell plays the keyboard enthusiastically, photo charlotte brock. SCRUB A DUB DUB middle right Helping out in the choir car wash fundraiser, sophomore Tai Morely scrubs the window of the vehicle, photo josie lenger. IT'S LIT middle left Performing a flame test, sophomores Jessica Pindell and Claire McPhail examine the purple flame caused by a chemical reaction aboto katie drake RECRUIT SEASON right Drawing on a poster to recruit people to feminist club, seniors Lauren Winston or Ble Angelo have fun illustrating their design, photo elise bake





THIS ISN'T JUST ANOTHER YEARBOOK ABOUT JUST ANOTHER HIGH SCHOOL YEAR.

Maybe someday, this year will blur just a few peak memories. Like the with a hotdog costume. Or the eight SM South.

figure form, but our solo in the Mancer Dancer routine should've instant hit. won the award for best original choreography.

into the others that make up high things exactly the way they've school. And the blur will become always been done before. We kept our traditions, and valued them, but homecoming proposal complete we also wanted to create our own. We brought our Wii remotes to room surprising, but always appreciated, 307 on a Saturday morning and snow days. And storming the court relived our childhoods as Princess after our triple-overtime victory over Peach to raise money for Hurricane Michael relief. When we took the Our self-portrait for Intro to stage at the first-ever StuCo talent Studio Art may have been in stick show, the song we had spent months rehearsing in the shower became an

We weren't satisfied with doing

WE ARE CREATIVE.

We held ourselves to high Regardless of what any other standards. Whether it was an SR2QR school in the district had to say, we for chemistry, a kick serve on the knew how lucky we were to wear tennis court or the Friday night shift Columbia Blue. While Mission Road at Spin, we were determined to strive acted as a runway to show off our disco costumes, we were more proud of the upperclassmen boys spending their afternoon in the Auditorium with Haney after a failed attempt to revive Bano. The fact that our assassin knew our every move - while somewhat concerning – was impressive, but so was the fact that we refused to take

for more. When the February snow got in the way of our preparation for a state title, we replaced our lacrosse sticks with shovels and cleared the upper field for practice. Instead of sleeping in while the underclassmen cycled through the curriculum fair, we slapped on our hairnets and prepped over 18,000 meals.

WE ARE DRIVEN.

WE ARE PROUD .

OPENING 003







LADIES' MAN above Running through the lines of cheerleaders on the way into East, sophomore Keaton Duckworth cheers along with them on his way to his first class on Lancer Day, photo tera hawes. MUCH NEEDED BREAK for right Using his hat to shield his face from the sun. senior Chase Conderman lays on the football field during band camp. photo katie drake. QUENCH THE THIRST middle right Taking a break after a hot day at soccer tryouts, senior Jack Lischer squeezes water into senior Culley Woods' open mouth, photo elise baker. BENCH BUDS middle left Chatting at the K-Life barbecue, sophomores Geogla Cook, Hannah Hasenzahl and Julia Percy make plans for the upcoming school year. photo elise baker. FOOTBALL FLOP right Yelling at after school traffic, senior Will Stapp accepts the consequences of his fantasy football loss. photo tera hawes.

> OPENING 2

super heroes at the Link Crew dance, making sure that our friends were right behind us. After losing two football coaches in a six month span, we came together to carry the team to sub-state, never missing a postgame Freddy's run along the way.

WE ARE UNITED.

Our desire to showcase our passions was always evident. We a Frisbee, determined to secure grade. We are real. bragging rights in our team games class. Hand in hand with our castmates during the final bow, we realized that we wouldn't trade our hours of rehearsing the choreography to "Under the Sea" for see us,

anything. WE ARE **PASSIONATE.**

No one could accuse us of backing down from a challenge. Everything we do, we do it big. The thought of stunting for the first time after being ground bound for three months made us sick to our stomachs, but we've never been more ready to step on a mat. We finally gathered

What we do, we do together, the courage to volunteer for the When we dare, we dare together. We bull riding competition at the winter shoved to the middle of the crowd of pep assembly, knowing we would remember our friends screaming our name from the sophomore section long after we said goodbye to high school.

WE ARE LCLD.

Who we were at East was our real selves. The thrifted denim jacket our English teacher complimented. The parties we lied to our parents about. The I a.m. group FaceTime calls that skidded across the turf to catch killed our battery and our physics

WE ARE REAL.

All of these traits shaped how we lived our year. Turn the pages and







"I GREW UP WATCHING EAST TEAMS AND NOW, BEING HERE, IT'S BEEN REALLY COOL TO REPRESENT MY OWN SCHOOL."

WE ARE

nyone scrolling through Instagram the morning after Lancer Day could see it.

It showed on the faces of Chem 2 students the morning of Mole Day, when their hours of planning and presentations finally paid off.

We felt it as we anticipated Drill Team's hip-hop dance, and raved about the performance for weeks after its reveal.

We may not have wanted everyone to know our grade in financial literacy, and the amount of classes we skipped was borderline embarrossing. But each of us could find something – our ability to save money, how far we could kick a soccer ball, the number of volunteer hours we collected – to take pride in. We are proud.

> WE ARE PROUD DIVIDER KANSAS CITY 09 LANCER DAY 11 DRILL TEAM 13 HOMECOMING 15 MOLE DAY 17 CHOIR 19

COFFEE SHOP 21 BOYS' SWIM 23 BOYS' LACROSSE 25 STUDENT SECTION 27 MASON SUDERMANN 29 EMMA BALDRIDGE 31

EAST

LOUD AND PROUD Speckt at the Lancer Day parade, senie Tyler Stattle and Anderson Maddox pump up the student section before the big game PHOTO ELISE BAKER

PROUD DIVISION 007



"I GREW UP WATCHING EAST TEAMS AND NOW, **BEING HERE, IT'S BEEN REALLY COOL** TO REPRESENT MY **OWN SCHOOL.**" TYLER STOTTLE, 12

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> WE ARE PROUD SECTION DESIGN

KANSAS CITY 09 LANCER DAY 11 DRILL TEAM 13 HOMECOMING 15 MOLE DAY 17 CHOIR 19



PHOTO ELISE BAKER

STRIKING THEIR FACH CHOIR HAD ITS OWN PERSONALITY

4^{2}	
E	ofking into room 2IL choir director Ken. Foley greeted all his students with a handshoke and smile. He shook the hands of every student in every choir – treshman, gender choirs, choroliers and chambers.
	But each choir was different from the others. Each choir had its own personality. When the second hour bell rang, 35 sophamore

heir songs. At the beginning of the year, fole and a second the room, ready for another day in taught them the basics how to blend their voices ten's chair. They were the ones who would push and use websites to learn notes, the tought them that chair was a learning process, but if they stuck that chair was a learning process, but if they stuck they are the stuck of o learn the notes and choreography to "If I had A with it, they could eventually be part of choraliers. stache," they focused on the music. "What we get done is what we get done," freshmon Andrew Alka said. "The more we get The always tried to teach guys that it's cool to e in choir," Foley said, "Being a guy and being in accomplished the better we feel." or just goes together pretty well because we are When the bell rang for sixth hour choroliers to

t frying to express words. As the sophenore boys left for third hour, 63 upperclassmen. A group that could spill into eight ophomore girls grabbed their maroon folders full ports during "Nyon Nyon," while singing as loud as

until we get everything' sophonore was Chinock. After the characteristic to be to be last bour, kold. Then well run it, and if there is still an missing. The 24 chamber chair members stayed behind for ourt, we will do that the next class. another 50 minutes of singing. They arranged their

When fourth hour started. Foley stood in front of THE GROUP CHEMISTRY AND 90 freshmen. He watched the girls look over at the henor and base section. He knew the basis weren't THE WAY WE WORK TOGETHER, singing as foud as they could, worried about what IT'S UNSAID, IT'S ALL IN UNISON, thers might think of them. That was the typical freshman chair attitude.

WHICH IS REALLY COOL. But the group focused on learning and finishin

airs in a circle, sitting in assigned seats based on their part. As well as singing at concerts, they had gigs outside of school. They gave up part of their school day to sing in the highest-level choir, Because

of that, they arew to be a family The group chemistry and the way we work together, it's unsaid," senior chamber member Daniel Hammond sold. "It's all in unisols, which is

start, Foley stood on his podium, looking out at 122 During the winter concert, the gender choirs mode their way out into the crowd. The freshmen f sheet music. Although they wanted to totk with entitistime or os som a parasime with neite large math finends and snapchat their WPA dotes, they numbers. A group that song "Go You Gotta Go" to their booksttool finomatels or gomedory. They were their booksttool finomatels or gomedory. They were they needed to focus on the music their booksttool finomatels or gomedory. They were they needed to focus on the music they booksttool finomatels or gomedory. They were the state of the state and the final state of the state and the state and the final state of the state and the state and the final state of the state and the state and the final state of the state and the state and the final state of the state and the state a The plano played the first notes of "Halleluigh" The "We'll work on a song for a whole block period a team, working together to create one voice ny singers storted singing. And it was all one voice

STORY FURABETHLON



ODOBA, ODOBA IS WAY BETTER THAN CHIPOTLE, DON'T AT ME. NOT PANDA EXPRESS. NEVER PANDA CLAY FAUGHT, 10 -

ckson Engel

of Hears

WHAT FOOD COULD YOU EAT EV





"ON STAGE, I CAN DO WHATEVER I FEEL IS RIGHT FOR THE CHARACTER. IT'S A SUPPORTIVE COMMUNITY AND EVERYONE WANTS EVERYONE ELSE TO SUCCEED."

WE ARE

t wasn't just IB ort portfolios and the Musical Review. We opened up our Harbingers to find four consecutive pages dedicated to every conceivable angle of the juul controversy.

We noticed the math classes that thought to survey wholesale companies in search of the cheapest cans to win the Can Drive competition.

Seeing the costumes of "The Little Mermaid" cast, we were amazed. We might not understand how much thought went into each scale and fin. but we knew they looked good.

Maybe we mixed up the sugar and solt in our cookie cakes for Intro to Foods, but our Spanish 3 iMovies deserved Oscar nominations. We are creative.

> UNDER THE SEA Channeling Ursula in "The Little Mermaid," senior Sophia Egan reaches towards the crowd during her sole PHOTO ELISE BAKER

JOURNALISM 35 JOBS 37 ENVIRONMENTAL ED 39 CAN DRIVE 41 MUSICAL 43





"ON STAGE, I CAN DO WHATEVER I FEEL IS RIGHT FOR THE CHARACTER. IT'S A SUPPORTIVE COMMUNITY AND EVERYONE WANTS **EVERYONE ELSE** TO SUCCEED." SOPHIA EGAN, 12

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PHOTO ELISE BAKER

The Little Mermald

wards the crowd during her sol

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ORCHESTRA 45 FINALS PREP 47 SHARE 49 LANGUAGES 51 LOVE CONCERT 53 BLAKE EASON 55 DYLAN HACKWORTH 57



LATIN CLUB FOCUSED ON RECRUITING NEW MEMBERS

With a bed sheet wrapped around herself, pitined with brooches at each shoulder to form a peplose, senior Nat Nitsch walked into school. People gove her weird looks, but she wore it proudly. She needed the extra credit to help her Latin grade.

Other students didn't understand why the Latin kids did this. They didn't know it was dress-like-a-Roman day. But the Latin students welcomed the confusion. They wanted people to ask questions and become interested In the longuage. "I don't think anything spreads awareness more than being able to see

people wander around in bed sheets." Nithch spid. "It's a cool thing to be

IT'S NOT JUST GETTING MORE PEOPLE TO TAKE IT. IT'S HAVING IT AVAILABLE FOR PEOPLE TO TAKE.

NAT NITSCH, 12

Latin club wasn't like other clubs. It was East's chapter of the Kansas junior Classical League, an organization that held state-sponsored events for all the chapters. During the year, the members of Latin Club participated in ultimate discus - a Latin version of ultimate trisbee - and oin cleaning. All this led up to the Latin Convention at the end of year. Compared to the other schools, East was not the athletic team to nmoste with. They issuelly couldn't participate in ultimate dacus becaus they didn't have enough people. But when it came to cleaning coint they scrubbed them as hard as they could, hoping to find an old Roman

"It makes you feel like a real archeologist," Nitsch said. "It's cool to hold something that was held by a Roman 2,000 years day." They wanted to show other schools that East shill had a Latin program, despite only having 20 students.

At the Latin Convention, the members of Latin club left before school started and finished around midnight. They could participate in any event, from ort to speaking competitions. But East was the only school that went

all out for the skill competition. It was something they started preparing a month in advance. A competiti to win again this year. on they won two years in a row, and hoped There's just a ton of different events, and I love them all," junior Shelby

Winter said. "It is just a day with the going." Although the students prepared for the convention all year, they spent

most of their time recruiting people for Latin. They taked to their friends about it in the halls and made posters for elementary schools. A few members even went to eighth grade orientation night at Indian Hills to direct people toward the Latin room Four years ago, there used to be two Latin I classes. Now, there was only one. If was the students' job to keep people interested in Latin. They

vanied others to have the apportunity to learn not only another language but another culture "That's why we do a lot of what we do, to keep it going," Nitsch said.

"It's not just getting more people to take it. It's having it available for people to take Latin club was a group of people who shared the same possion and

dedication for the language. People who were rooted in another culture. People who helped to keep the program going for future members. "It's good to keep the social atmosphere with your fellow Latin nerds alive," Winter sold

DESIGN AISLINN SULLIVAN + STORY ELIZABETH LONG

SPONGEBOB. I THINK IT'D BE FUN TO BE HIS FRIEND BECAUSE HE DOES A LOT OF EXPLORING AND GOES A LOT OF PLACES.





FOOD AND FUN FAN FAVORITES AT LANGUAGE FESTIVITIES.





IND THE WORLD MIT AT CALLIGRAPHY CLIQUE of club, senior Audrey above Planning Chinese opposite As president of th Kim Ortiz sets up for toco isday. "The events we pla OTO ELIZABETH SANDSTROM PHOTO KATIE DRAFE PHOTO ALLUE FRONTR

WHAT TV CHARACTER WOULD YOU WANT TO BE FRIENDS WITH?

DE'ANORE EUBANKS, IC



ROOM 510

LUNCH CLUB

LANGUAGE TEACHERS DISCUSSED





CREATIVE 051

> WE ARE CREATIVE SECTION DESIGN



"IT'S REALLY COOL TO HAVE THE CHANCE TO BE IN THAT ATMOSPHERE WITH THE BAND SEEING EVERYONE'S **REACTION TO US."**

Our drive wasn't defined by a perfect GPA or playing time. It was adding 5,000 miles to our cars to find the perfect home for the next four years of our lives, only to write a 650word essay the minute we got home. We showed no mercy on Rainbow Road at the Coalition Mario Kart tournament, worried only about that first-place medal. Of course, the \$642.32 we raised for Hurricane Michael relief made our loss in the last lap bearable. Pushing ourselves at every basketball practice, we knew the ten-60s would pay off when we were three overtimes deep in the SM South game.

So while we weren't always nosedeep in a Quizlet, we never missed a 7 a.m. band practice, no matter how cold. We are driven.

> WE ARE DRIVEN DIVIDER

STUCO 61 GIRLS' TENNIS 63 COLLEGE VISITS 65 WRESTLING 67 BAND 69

GIRLS' BASKETBALL 71 BOYS' BASKETBALL 73 TRACK 75 COALITION 77 GIRLS' SWIM 79 AARON RALSTON 81 CHIP UFFORD 83





WE ARE 🛽 **VR**

"IT'S REALLY COOL TO HAVE THE CHANCE TO BE IN THAT ATMOSPHERE WITH THE BAND SEEING EVERYONE'S **REACTION TO US."** ZEKE KRAUSE, 10

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GIRLS' BASKETBALL 71 BOYS' BASKETBALL 73 TRACK 75 COALITION 77 GIRLS' SWIM 79 AARON RALSTON 81 CHIP UFFORD 83



THE SHOT IS HOT PLAYERS DISCUSSED BENEFITS OF THE NEW SHOT TRACKER.

· ---

1 er DTA



I think they will continue to use the shot tracks at practice and I'd hope one day use it at games ince they get balls regulated for high school askelball, then we could play with them JACK GILMAN, 12

'I like it because it shows us our progressio and makes us want to work harder the next day to do better than the day before. It drives us to be the best we can be PRESTON REYNOLDS, 10

HOTO ELISE BAKER

RESH START for left A

TO KATIE DRAN

DEMPTION TIME M





ELEBRATION SEASON MIT UPHOI DING ting Clathe North, vorsity

PHOTO TERA HAWES HOTO FLISF BAKER

DRIVEN 073

> WE ARE DRIVEN SECTION DESIGN

WEET VICTOR AFTER A SLOW START, THE TEAM FOUND THEIR GROOVE. one minute left in the game. The helping the bays to better prepare. By putting THERE'S NOT ONE PLAYER

O varsity basketball team was down by one point against the McPherson into time-and-score situations, he was able Bullpups. Suddenly, junior Nick Arensberg to work with them to improve their late-game ANOTHER. THAT'S WAY DIFFERENT drained a three pointer. They had a chance. The plays and help them come out on top. Bullpups fried to foul them, but it wasn't enough. "The team got off to a slow start. We got a The boys on the court and the bench glanced bunch of new guys, and they struggled to find at each other excitedly as the realization set in their way early on," Hair said. "But they've just they had won the tournament for the first time played incredible these last six games. It's guite together allowed the boys to work together

While the season had gotten off to a rough tagether." start, in the weeks leading up to the tournament, the team's record began to improve. Before boys split the scoreboard and were all able to was something to be celebrated. their victory against McPherson, the boys were contribute to their wins. The abilities the players against SM South going in to triple overtime.

because the season started out pretty slow." tough team to beat at home."

in 12 years.

varsity basketball coach Shawn Hair started The fourteen teammates stayed with one just been a lot of fun." running special situation drills in practice, another in McPherson, and the hours spent WHAT'S ONE THING YOU WANT TO DO IN HIGH SCHOOL?

I'D LIKE TO WIN LACROSSE STATE DURING HIGH SCHOOL LIKE MY BROTHER. THAT WOULD BE THE BEST THING

- MICHAEL MOHR DR -

THAN PAST YEARS.

NOAH KURLBAUM, 12

an accomplishment. They're really coming easily for the success in the tournament. With three days of competition against Manhattan, Rather than having one star player, the Lawrence Free State and McPherson, the win

Returning players no longer relied on on a six-game winning streak, with the game picked up through defense and shoating drills one star player. The team spent every day at gave them all equal chances of playing well practice going over basic drills together, and "I think as a team we've really progressed with one another to help with their successes, had locker room falks before every game "This year it's more of a well-rounded team," "We just really interacted with the young sophamore Tammy Drever said. "Maliberson senior Naah Kuribaum said. "There's not one guys," varsity senior Naah Kuribaum said

was a good experience because they're a really player that sticks out more than another. We "There's a lot of sophomores and juniors on the gh team to beat at home." Just have four really good players that get it team, and we haven't had any issues with them Their wins had all been close games, so done. That's way different than past years." being uncomfortable around the older guys. It's

STORY KATHERYN NACHTIGAL



"ALEX WAS A BIG PART OF OUR TEAM DYNAMIC BECAUSE WE WERE SO CLOSE TO HIM. HE MADE AN EFFORT TO MOTIVATE US ALL." ADDIE DUNBAR, 10 t's no secret that we weren't all best

friends. But East was a place where robot builders and theater kids, broadcasters and swim champs, Bollywood dancers and chemists, could find common ground.

We showed up with our middle school friends to the Link Crew dance, and left knowing the faces of over half the people in our grade.

Our favorite inside jokes were the ones we shared with our teammates, told and retald over post-practice Yogurtini.

And while the picnic after Senior Service Day didn't necessarily leave us wanting more, the time we spent as a class was far more memorable than eating a Chick-fil-A biscuit alone in our cars.

The surface-level icebreakers during syllabus week weren't particularly interesting, but we have to give them some credit for pushing us to take a chance on someone new. We are united

> WE ARE UNITED **DIVIDER**





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LINK CREW 87 GIRLS' GOLF 89 VOLLEYBALL 91 SENIOR SERVICE DAY 93 FOOTBALL 95

WOODSHOP 97 BOWLING 99 SOFTBALL 101 BOYS' TENNIS 103 SOCIAL SKILLS 105 RICH WIGGINS 107 REAGAN SMITH 109



HE WAS THE COACH, BUT OUR TALENT IS GOING TO BE OUR

Ing TALENT. WE DON'T HAVE TO HAVE They were a team full of players who wanted HIM TO SUCCEED.

XAVIER NEWMAN, 11

STORY MADDIE REED









TACKLING TRADITIONS

AN AND SENIOR PLAYERS DISCUSSED

HIER FAVORITE TEAM TRADITION



> WE ARE UNITED SECTION DESIGN



PANCAKE BREAKFAST 13 CROSS COUNTRY 115 ART 117 GYMNASTICS 119 GYM 121

DECA 123 GABL 125 GIRLS' SOCCER 127 FREQUENT FRIDAYS 129 BOYS' GOLF 131 JOSEPHINE COTTON 133 HENRY SOWELL 135

"WE WERE SUPER PUMPED ABOUT OUR TEAM THIS YEAR, WE TRIED REALLY HARD AND GAVE IT OUR BEST." DAVID MURRELL, 12

WE ARE

igh school wasn't always interesting. In fact, sometimes we'd rather do anything else than go to English class. But for everything that bored us half to death, there was something that gave us a purpose.

We never would've imagined ourselves coring about a marketing cluster test, but come time for a DECA competition, we pared over our notes on the bus ride there in hopes we would secure a ticket to internationals. GABL season redefined the word

intense; boys in short-shorts and headbands never looked so dedicated to a win.

Frequent Fridays were a single performance in the little theater, but we saw no better way to spend our afternoons than perfecting our script. Some might have found our passions impossible to understand. But the feeling of fulfillment that came from doing something we love – and are good at – needed no explanation. We are passionate.

> WE ARE PASSIONATE DIVIDER





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orting to the last shower in the corner of the boys locker room, seniors kevin Connor and seas McDonald grabbed five of their closest SOME OF THAT COMPETITIVE friends and hopped in. The shower in the back was SPIRIT KICKS IN. IT GETS HEATED. their go to -- if was the steamiest. They were alread thinking about tomorrow's ledgue tootball game and how they were going to adjust their lineups.

acal - to win the championship game. They wanted "Kevin your team was trash yesterday, going 0.5." McDonold hollered as they walked out of the the hyped up imaginary championship ring. If was locker room. Connor brushed it off, maintaining on everyday topic of conversation. his confidence that his team would make it to the For most of the upperclassmen, it wasn't their pionship of the end of the football unit. first team games experience. They used to be the For varsity and inframural athletes alike, feam nunts of the class - the last picked, hiding behind

games was like the fourth quarter of the South game, every day instead of columbia blue jeneys. To then. Not anymore. They had risen in their ranks. hey suited up in their sweat stained gray T-shirts. and it was now their turn to draft a feam Team games was the reason Connor and McDonald decided not to walk out of the locker room doars McDonald sold, "To have cooch Hair like you to drive the quick five minutes to Chick-fil-A for a enough to pick you umber one before stats. It was the class where On a 95 degree August day, when McDonald just could let off some steam or flex their muscles after a

wasn't feeling like going full force, he changed his mind as soon as he stepped on that burning furt. day in the weight room. Head basketball coach, Shawn Hair, personally Avoiding competition was difficult when there were selected six captains for each sport - football. eleven boys ready to tackle him to the ground. olleyball, uttimate trisbee, and water polo. He "Latways go into feam games not wanting to try

believed that placing friends as opposing capitains would create more competition between the teams. Because I don't want to get all sweaty," McConaid said. "But as soon as we start playing, some of that A lot of us are good friends. We all played sports competitive spirit kicks in. It gets heated." and we're competitive," Mcdonald sold, "So we It made no difference if the boys of fourth hou always want to beat each other since coach puts us team games made it to the "ship or didn't win a league game. Those trash talking games were the While they may have been friends before things they'd remember, even if their team was the

tepping onto the field, they couldn't help their one being trashed. It's not often that one player can ourth quarter game faces from coming out once intercept anothers game winning touchdown and things got heated. All the team captains had one the

DESIGN AISLINN SULLIVAN . STORY BRIGID WENTZ

ISAAC MCDONALD, 12

DELINE CELEBRATIONS A

PHOTO ELLA MILLER ULTIMATE TEAMWORK middle right in team games, senior Will Bruso PHOTO FILA MULER BARBALLIN' right in

d arm day so we were looking good

PHOTO LUCY HARTMAN - WHAT MODULE ADVISOR MARTER WOLLCOM

MAD HOPS for right jumping in the cir. junior Daniel Adel tries to block of

BENCH (IM)PRESSING apposite Sho and and Will Stopp lough. "Will

PHOTO ANNA PARKER

FINITELY "THE FAULT IN OUR STARS." IT'S SUCH A OOD LOVE STORY AND IT'S SO SAD. MACIE STUMP. 10



PULLING AHEAD

OVED AND LOST LOOK INTO THE STOLEN ITEMS OF GYM CLASSES.

BRE LEDBETTER, 09

24 PADLOC

7 STOLEN

during a swim meet, i wo

GRACIE KOST. 1

CI III



> WE ARE PASSONATE SECTION DESIGN



"WHEN I GET THE OPPORTUNITY TO DRESS UP IN A FUN OUTFIT, THAT'S WHEN I FEEL REALLY CONFIDENT AND HAPPY." JULIE FROMM, 10

WE ARE

e weren't all oozing with confidence. Sometimes, being bold was raising our hand in math, trying something other than a turkey sandwich for lunch or simply leaving our hair natural for school.

Printing the flyers for MORP, we wondered if we never should've brought it back in the first place. But hundreds of kids decked out in rove attire assured us it was a risk worth taking.

We showed up to lacrosse tryouts nervous, never having picked up a stick before. Come our first game though, we found ourselves on the verge of our second yellow card.

Attempting to eat a donut blindfolded in front of 1,500 people would have our middle school-selves in panic mode. But instead of being terrified, we were encouraged by the cheers of the student section.

We left our comfort zones at our own pace, but we all left them eventually. We are bold.

WAY TO GLOW banding

PHOTO KATIE DRAKE

> WE ARE BOLD DIVIDER BOYS' SOCCER 139 MORP 141 CHEER 143 NEW YORK 145 DEBATE 147 WPA 147

BOLD



BOYS' SOCCER 139 MORP 141 CHEER 143 NEW YORK 145 DEBATE 147 WPA 147 PEP ASSEMBLIES 151 GIRLS' LACROSSE 153 BASEBALL 155 BUCKET LIST 157 LILLIAN WILLIAMS 159 TALLE HAWES 161 WE ARE

"WHEN I GET THE OPPORTUNITY TO DRESS UP IN A FUN **OUTFIT, THAT'S** WHEN I FEEL **REALLY CONFIDENT** AND HAPPY." JULIE FROMM, 10

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Attempting to eat a donut blindfolded in front of 1,500 people would have our middle school-selves in panic mode. But instead of being terrified, we were encouraged by the cheers of the student section.

We left our comfort zones at our own pace, but we all left them eventually. We are bold.



GRACE KREIG. 10: CHARLOTTE LOWE. 10 IACKIE CAMERON, 11 MATT RUETHER, 12: KEVIN GRINSTEAD, 12: CONNOR SAWALICH, 12

WAY TO GLOW Dandin

PHOTO KATIE DRAKE



OW WHAT YOU KNOW above I

WHO? WHAT? WEAR. THEY GOT THEIR

DANE ERICKSON, 12 OLIVE HENRY, 11: BROOKLYN MANNING, 11: BRYNN WINKLER, 11

REVIVED and REVAN

THE RETURN OF MORP WAS A HUGE SUCCESS. DESIGN CHLOE SOWDEN

STORY KATHERYN NACHTIGAL

HOLD 141

OULD TAKE A NAP ANYWHERE IN THE SCHOOL, WHERE WOULD IT BE BARDWELL'S OFFICE BECAUSE ONE TIME I STARTED CRYING IN THERE WHEN I WAS IN CHEM 2, SO IT'S KIND OF LIKE HOME.

> WE ARE BOLD SECTION DESIGN

ust really cool to think we made that findly

hillips and Stollard met with StuCo co-sponsors MY GOAL WAS TO GET AS MANY do Fishmon and Hannah Pence, vice principal kers, junior Britt Haney, and student body president jet Semrick. STUDENTS THERE AS POSSIBLE AND JUST FOR STUDENTS TO HAVE FUN WHEN THEY WERE THERE.



FASHION 165 DATING CULTURE 167 FAMILY DYNAMIC 169 PARTY CULTURE 171

RUMORS 173 CHEATING IN SCHOOL 175 SOCIAL MEDIA 177 STRESS 179 GENDER 181 PEYTON LINDSEY 183 YEAR IN REVIEW 185

A cademics, extracurriculars and school-sponsored events were a huge part of high school; there's no denying that.

REA

WE ARE

But what about everything else? The taboo topics. The ones we didn't give presentations over in class.

Like the texts blowing up our phones when we heard SRO officers were searching cars in the senior lot. Or when we scrambled to copy down an entire chapter's worth of AP stats homework, convincing ourselves that since it was only or completion, it didn't really count as cheating.

And pretending not to care when the person we liked broke our Snapchat streak. That was truly high school. That was our reality.

We are real.

> WE ARE REAL DIVIDER





FASHION 165 DATING CULTURE 167 FAMILY DYNAMIC 169 PARTY CULTURE 171

RUMORS 173 CHEATING IN SCHOOL 175 SOCIAL MEDIA 177 STRESS 179 GENDER 181 PEYTON LINDSEY 183 YEAR IN REVIEW 185

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> WE ARE REAL SECTION DESIGN

STRESSED OUT

IOR STRIVED TO MAKE OTHERS HAPPY AFTER

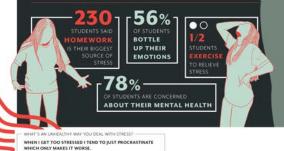
the majority of Cast backet Mandors. But januar Reity Moreland investment behaviour valentiate through the hold can happing the trailents sub hold it seen in two days. She tired asking math teacher Christopher burrows is werkend was: She loved chema up anyone who was keeling dawn as of the start of the werk.

et aday, And that thereafying wants true, *the planeters* for the times that Maxemma decision been the given shared hat plenets that wank knows on a CF and. are some certise, Monthand's allows even speech for majo bacid with himshing in a someth plenet back, a plast a want of even that the down logarithm on yours. In association that has more than the approximation of an abantic back on yours in a locar true in the moves think a bagger a black of and shared back on yours. In association that the moves that the approximation of an abantic back moves up, in a locar true in the moves that the abagger a black of and shared back and the source of the source of the source of the source back of the source of the source of the source of the source back true of the source true of the source true of the source true of the source of the source

While Manihand level being the person others went to where they needed one chierong up, it became stressful when the felt she could never have a ough day. The pressure of always being integry for others made Moreland feel ke she needed to hild her bod stary, putting up the persona of always being a good mout.

Propine dia mity on me to be hopping and a mode for them; Merchand Janit of an de virtesial because I do energina bo finite not or metal pergeta that are galangs but I also mend to be mise the mayatit but and an event of the merce of mayatit but and an event of the merce of mayatit and and an event of the second second second second second second and an event of the second second second second second second and an event of the second second second second second second and the second second second second second second second second metal second second second second second second second second second metal second second second second second second second second second metal second second second second second second second second second metal second second second second second second second second second metal second second second second second second second second metal second second second second second second second second metal second second second second second second second second metal second second second second second second second second metal second second second second second second second second second metal second metal second sec

A CLOSER LOOK: AN ANALYSIS OF COPING HABITS HOW THEY HANDLED IT.



ANNABELLE COOK, 12 -

11111

JUNIOR DESCRIBED HOW SHE MANAGED HER STRESSFUL SCHE

The same start and s

because it in super stressed. Solutions and, if the to most it at stress to the stress is experiable performed and the thought and the ball that of the stress is because of the pressure that Solutions wins under, she had to find using the deal with there and manager the time. Solution to the had have the body with the three and manager the time. Solution to the had have the body with the stress that stress the workd with an equation of the instance and the body and the stress the stress does and body with an excellative the body and with the stress does not able the of the finds or codes with blocks and all these does to here and and about every assignment.

Resulting on the surger tests and projects that book more time. For statement, that before the pick addot her stress than to odmit it get to her. She would shapehot her thinds sideos of homework the dath understand or pick to her parents about how whe could only est doner for thirty minutes or she would mess up her schedule.

"It try to place obout it in creation works part to help me get through It" Soutmons caid. "But there's a point where I reach that awkward middle ground between crying and abuijfing where tim file. I coult do this." Soutmon has thought about quitting. More than back, But her competitive ensure and inclusions to a sit or a could calling like that back and the could be the souther and inclusions has a time to a could calling like that back and the could be the souther back and the south of the south and the south back addresses to her the souther back and the south of the south back addresses to her souther back and the souther back addresses to her addresses the souther back addresses to her souther souther back addresses to her souther souther back addresses to her souther back addresses to her souther back addresses to her souther souther back addresses to her souther souther back addresses to her souther southe

schoolwork, even at two in the morning. "Innyor all my classes individually, but when I put them all together it's a lot." Salaman said. "It can get stressful, but two always taken hard classes. Eve never known anything else."

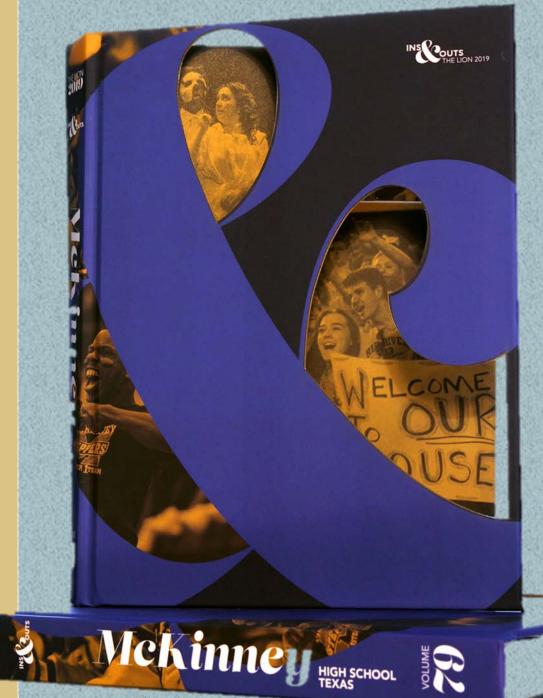
DESIGN NIMBALL GOGEL . STORIES LIZZIE MACADAN





> COVER

26000



> **THE LION** McKinney High School Texas



002 opening





Freshmen were figuring out their schedule and where the heck H-hall is (and so were some seniors).

We waited in Ms. Woodson's classroom reading "On the Come Up" for the new #ProjectLIT club.

The seniors made a massive group chat to plan the perfect senior prank.

We all rushed into the new Sperry Performance Center when we thought tickets for Phantom were sold out.

And when Mr. Arbabi told us after morning announcements, "You were born inherently good," even though it was kinda cheesy, it let us know that when we were at McKinney High School, we were

in.



eachers." Ivan said. "They worry about you an try to help as much as possible."



LINE IT UP On the field at the football game, senior Katherine Davison does victory lines. Katherine is a lieutenant. "I like that it's fun and a challenge, but down," Marissa said "It was frustruating because the rewards is really good," she said. " We have a

lot more opportunities as officers."

> OPENING 1



GLORIA SHIELDS NSPA MEDIA **WORKSHOP**

001 opening

The construction trucks pulled out of the parking lot for the last time.

Instead of a boring Homcoming dance, we piled out onto the practice field for the Lionpalooza Carnival.

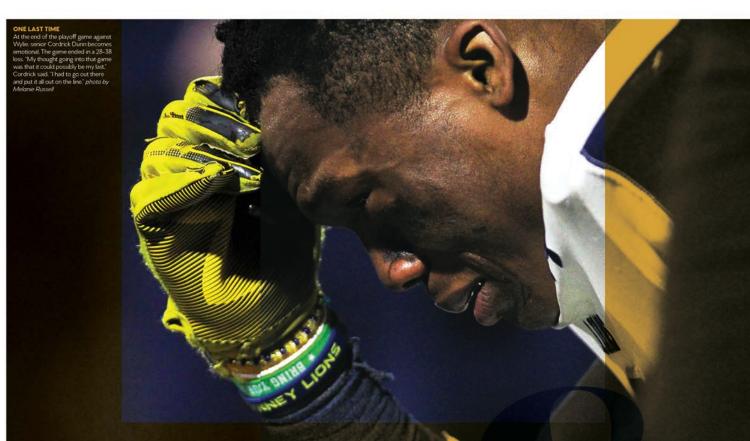
Rudy and MHS1 called us out for not buying parking passes.

Some of us ventured out of the country to Europe for Spring Break with Mr. Izak Santana.

More than 700 of us came out to the dance for senior Kate Pepper as she battled cancer.

Even when we stayed up until 2 a.m. doing power notes and the tardy bell rang right as we got to first period, if we were overhelmed with school, jobs and

relationships. Even when life got tough, you could never count us









END

CONNECTING THE PIECES

In digital electronics, senior Roshell Grant Wesley

WINGING IT

uses a solder iron to connect pins to a circuit board. Alan Arbabi read off a question. The object of Solder is a lead-based metal with a low melting the challenge was to see how the hotness of the point, which makes it easy to melt. "I burned my wings challenges you to keep your composure. hands a couple times but it was pretty fun," Roshell "My mouth was burning and I had a problem said. "Being in engineering classes and club helped focusing on the conversation." Mr. Arbabi said. "I me realize this is definitely what I want to do." was proud that I was able to eat every one of the

wings and not have to bow out."

RAPITUP While filming Hot Ones, Mr. Izak Santana and Mr. During a poetry slam, freshman Ashanti Hill reacts to a preformer. The poetry slam allowed students to share their writing talents to their classmates. "Someone was rapping and it was so good," she said. "I was just so happy and excited in this moment."

> OPENING 2



TRIED



OTTING

> **DIVIDER**

COME RAIN OR SHINE At the game against J Pearce, junior Jaylen Gallardo, cheers in the rain. Jaylen was injured for this game. The rain made the game a lot more memorable with my frends. Jaylen said "Just watched my teammates do what they gotta do and show out: photo by Melamie Russell





> DIVIDER FOLD OUT



> CALENDAR



FALL WINTER

NOV. 26

Thank U, Next' "thank u. NOV. 3 Ariana Grande's song THANK U. "Thank u, next" "Thank You, Next" was released. The music video "Thank U, Next" recreates scenes from four iconic teen movies. The "Thank u, next" music video broke a world record, reaching 46 million views in the first 22 hours the video was released. Source: Variety.com

NOV.6 102 women were elected to Congress during the historic Midterm elections. In Texas, Republican Senator Ted Cruz eked out Democratic challenger Beto O'Rouke. Cruz recieved votes from 50.9 percent of the state. Source: Vox.com

NOV.8 The Camp fire destroyed over 13,000 buildings and killed around 88 people. It started in Plumas National Forest and ran through Butte County, It was named the deadlist fire in the history of California. Source: WashingtonPost.com

november

NOV.9 The annual Distinguished Lions Ceremony was held. Real estat developer Ray Eckenrode and stunt performer Jessica Harbeck were

inducted at halftime of

the Boyd football game.

NOV. 12

Comic book artist and creator of the Marvel Universe, Stan Lee, died at the age of 95 of congestive heart failure. Lee was known for his cameos in the Marvel movies, starting with The Hulk" (1989) to "Venom" (2018). Source: USAToday

Over Thanksgiving break, a cat snuck into the school Ms. Dondi Moran took the cat home and named her Luna. after they caught her in C-hall.

NOV.30

George H. W. Bush, the 41st President of the United States, died at age 94. He suffered from vascular parkinsonism, a condition that limited his mobility.

Junior Jack Kirkham and sophomores Allison Bennett, Tyler Price and Tristan Adtu performed "The Wizard of Oz" for the elementary schools along with the rest of theatre. "It was fun to hang out with the cast and make good relationships." Jack said. "Everyone's really fun and outgoing" photo by Landry Raymond

DEC. 13

"Spider-man: Into The Spider-verse" was released. The film won Best Animated Feature at the Producers' Guild Awards, and won an Academy Award for Best Animated Feature, Source comicbook.com

DEC. 22

Key parts of the US government shut down after President Donald Trump and Democratic politicians hit an impasse over the president's request for \$5 billion in funding for the wall on the US-Mexico border, a demand Democrats opposed. Source: Politico.com





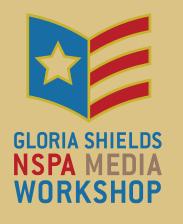
DEC. 10 The foreign language department had a gingerbread house decorating contest. Sophomore Kamryn Lumpkin and freshman Sophia Angelucci were there for French Club. "We were making the house and I accidentally spilled the icing. Kamryn said.





The teachers spent a day in the Makerspace making ornaments to decorate for Christmas. Ms. Spain and Mr. Braddy planned the event. "We got the ornament ideas from Pinterest," Ms. Spain said. "Then we went to Walmart to get all the supplies and came back and set up the room."

DEC.14





Abney Garci



what surprised you

RESHMAN YEAR

story by Randyle Farmer

it's a really cool tradition that the school has."

ABOUT

SCOTTIE BROYLES







THE TRADITION At the end of the summer, senior Michael Stallbaumer paints tuning picks. He painted a guitar because he is building his own guitar and put things that are impactful to him. "My senior spot means" somthing to me because it's something my sisters

STAYING GROOVY As she traces floral designs. senior Adlyn Larsen draws on her spot. Adlyn painted a yoga pose on her spot to represent

her getting her yoga teacher

certification. "I didnt really have

QUEEN CORONA

For her parking spot, senior Breanna Corona draws with chalk. Breanna painted her name with a crown to symbolize her last name, and added the flowers as a touch of girliness. "I knew I wanted to represent my last name." Breanna said. "It was the only cool thing I could think of."

why this **DESIGN?**



My senior parking spot is a swim lane because I started swim in my seventh grade year so I knew I wanted to make my parking spot about it." - JORDYN BAIRD



My senior parking spot is the headstock of a guitar, because I'm in the process of building my own guitar." – MICHAEL STALLBAUMER

had done." he said. "It's tradition."

> SECTION DESIGN





010 hoco

palooza

BEST TWO OUT OF THREE

During the carnival sophomore Trey Davidson and Julia Richardi compete by trying to knock eachother off a pedestal. Trey and Julia had tied by time up. "I was being super competitive." Trey said. "Since we bought the tickets we wanted to at least try everything."

removes a block causing the whole thing to fall. She enjoyed not having to do any work and hanging out with her friends the whole day. "I liked the ASL hopscotch the most because there wasn't the line." she said. "The carnival made me more excited for the upcoming years," photo by Eliana Baker.

Playing giant Jenga, freshman Gweneth Tillman

JUMPING FOR JOY

TUMBLING DOWN

On one of the carnival attractions sophomore Lexi Short competes against Nathan DelCid. The point of the game was to try and put the bean bag as far down with the bungee cord pulling back. "Me and my boyfriend were going up against each other and he kept betting me he would win." Lexi said. "I ended up showing him up and I won."

FIRST-EVER DAYTIME CARNIVAL **PROVIDES FOOD, GAMES AND MUSIC**

hile standing behind the stage, student council president senior Victoria Carvajal watches students dance and sing to the DI's music as the seven

The theme was 'Lionpalooza,' a play on

words from the popular music festival

'Lollapalooza,' held every summer.

with that many people." Victoria said.

or how many t-shirts to order, so we

The attractions at the carnival included

were all just like 'this seems OK."

a live DJ, multiple bounce houses, a

than everybody else's," Victoria said.

velcro wall, and a mechanical bull.

"I didn't really ride a ride. I was at the carnival but I was mainly working it the entire time

Along with the attractions, senior Kennedy Claytor and junior Aden Lantos deliveries of pizza pull up in the driveway performed that the carnival. "I felt like a local celebrity." Kennedy during the first daytime carnival. said. "Everyone was singing along with "We've had the idea for a long time," me which helped me to kill the nerves." she said. "But this was the first year the administration said 'OK y'all can do it."

Kennedy performed "God Is a Woman." "Freedom," and sang "Valerie" as a duet with Aden Tremember when I was singing, there

was a group of kids in the front that "I think the biggest struggle is that it's really hard to put on something that big were singing every word along with me. Kennedy said. "Everyone was dancing "And especially since we hadn't done it and having such a good time. before so we didn't know what to expect. Students are hoping this may be a new We didn't know how much food to order tradition for years to come.

"I think the carnival is so much better than the past couple of years." Kennedy said. "I liked it a lot better than a dance because to me dances are kinda lame. Everyone does them, but I thought the "My experience was probably different carnival was a really good idea." story by Kayla Thompson

BY THE NUMBERS

1,200 TICKETS

We ordered around five hundred boxes of pizza, from four different Dominos, and seven deliveries, pizza was arriving every 15 minutes so we had to keep sending people

ATTRACTIONS

\$5,000 DONATED FOR

out to get it.

66

PROFESSIONAL

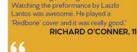
At the carnival, junior Britney Schick rides the bull for the first - and last time. All of her friends did it before her, and she wanted in on the fun. "I'm not going to lie, it was kind of embarrassing, but you know. you only live once," Britney said. "I probably could've stayed on longer but I got self onsious so I just fell off on purpose.



On the dance floor, junior Keely Anders and Anna Thompson dance to the song "Footloose." Keely did not participate in any of the other attractions - just the DJ. "I think that if was a great first year." Keely said. "All the performances were amazing. Since we don't have a dance, the carnival was a fun way to mix things up and we still got to dance."

A STICKY SITUATION

At the carnival, freshman Vernon Gomez jumps against the velcro wall. His favorite part was the bull ride because it was a lot of fun. "I only did this once because I accidentally got myself hurt," he said. "If Homecoming week didn't have a carnival it would proabably be boring."



I thought the bull ride was pretty frickin'

cool, watching people get thrown off

The inflatables and music were cool.1 loved getting to eat pizza and how hype everyone was with the DJ there, I also got attacked by bees."

AVERY JOHNSON, 9

VICTORIA CARVAIAL, 12









052 boyd



A BROTHERHOOD

After winning the game against Boyd, senior Jack Vinson, joined by the other varisity members, was asked to take a picture in front of the score board. The team made history when they defeated Boyd after an II-year losing strak. "With a brand new coaching staff and only seven returning varisity members, the seniors have seen a lot", jack sid. "The special thing was that we all came together and formed a brotherhood that was capable of beating 6A football teams."

MCKINNEY ISD





> FEATURE MAGAZINE 052 boyd





A BROTHERHOOD

After winning the game against Boyd, senior Jack Vinson, joined by the other varsity members, was asked to take a picture in front of the score board. The team made history when they defeated Boyd after an 11-year losing streak. "With a brand new coaching staff and only seven returning varsity members, the seniors have seen a lot," Jack said. "The special thing was that we all came together and formed a brotherhood that was capable of beating 6A football teams." photo by Abney Garcia



Robitaille cheers on his friends, Jackson Cantrell and Jo Vinson. The Lions took the lead at the end of the third quarter. "I saw the scoreboard and realized that we beating Boyd so I threw up that towel." Cody said. "It fo amazing to be a senior in the front row because you c see the whole game and you don't have to worry abox seeing over people's heads." NERVE-WRACKING After a touchdown, senior jennifer Sandoval celebrates in the front row Before the game, she had a gut feeling that the team would do good. 'I get so nervous at games,' she said. 'When they were close to the goa lose my eyes and just listen for th rowd" A TEAM EFFORT During the second half of game, senior quarterback Kelvin Thomas rur He was one of many Lions that went to Wha after the pame to claim it by planting the Mcl Flag. "The game was important because I was four leaders of the team." Kelvin said. "It was team effort because we were losing at half time able to turn it around in the second half."



ons were ahead 34-24 with seconds left in The locker room after the game had an e pame. The crowd was on their feet waiting for exhilarating dynamic that it had never had before he burger to go off to seal the win that would lead hern to playoffs. The team looked up at the board Jack said "Post-game victory celebrations hold a special place in my heart," Jack said. "Being that it was not seconds ticked down. Helmets flew into be an Some players fell onto their knees. Some

vaved their arms and legs and they lay there. Turf ngels, they called them. They had made history by defeating the Boyd Broncos in the Crosstown Showdown for the first time in 11 years. The Lions made it to the first round of playoffs. two years in a row and were able to beat their

crosstown rival for the first time since 2006 "All I know is when the buzzer rang, I threw my face the rest of the night. There were big sweaty group hugs everywhere and pictures being taken like crazy. It was a big relief, we achieved our goal for that week. But at the same time all of us were already looking forward to next week and achieving 2019 and their accomplishments.

34-24 CROSSTOWN SHOWDOWN PROPELS LIONS INTO PLAYOFFS

the next goal" After winning, the Marquettes and the cheerleaders were allowed to run on the field to celebrate with the team.

the game," Marquette captain Brook Naulty said. appearing in playoffs two years in a row and this so when we work we just screamed and hugged sear broke the 12-game losing strack against our each other then got to run over to the footbal boys biggest rivals. McKinney Boyd[®]



really unites us as a school" Jack said he is proud to be a part of the Class of Tve always known that the Class of 2019 holds

something that a lot of other classes don't." Jack said. 'And it always has. Us seniors, who played varsity football 3-4 years, pot to see the state's We actually got to be on the field for the end of best running back, broke the 'tradition' of not

story by Ellisha Stokes

> FEATURE MAGAZINE



just your normal win, the locker room was electric that right. We had clinched playoffs and made



> FEATURE

MAGAZINE



A BROTHERHOOD

After winning the game against Boyd, senior Jack Vinson, joined by the other varsity members, was asked to take a picture in front of the score board. The team made history when they defeated Boyd after an 11-year losing streak. "With a brand new coaching staff and only seven returning varsity members, the seniors have seen a lot," Jack said. "The special thing was that we all came together and formed a brotherhood that was capable of beating 6A football teams." photo by Abney Garcia





HAVING & MOMEN After finally beating Boyd, Principal Alan Arbabi and Head Football Coach Marcu Shavers embrace. Mr. Arbabi was the first person Coach Shavers saw after the game ended. "After all his hard work and support of me through a roller coaster person, it was just tremendous just to be able to share that moment with him." Co. Shavers said. "And to be a part of history with the guy who give me the opportun to be here'





Tervice and Uvixe Regens jump for joy Thrende jam is sub-character sophismore Jack Moses and Sephenore Seth Cea and jump jum Verlages before the game and had a feeling the Lores Concept Frase theore theread is the sephenore seth means. Seth Cea and jump jum Verlages are overcrossed heread is and set of the setting of the setting the setting of the setting the setting to the setting the setting of the setting the setting of the setting the s



DLLERCOASTER OF EMOTIONS uring the first quarter. Mr. Turner leads serviors Aryana jamshidi, jennifer indoval, Aly Grider, and junior Jacob Jackson in the rollencoaster. The Lions had oried a touchdown and were tied with Boyd. "Whenever the camera for the big reen showed us we just got really hyped up," Aly said. "We were just yelling at







> FEATURE MAGAZINE



McKinney is GOLD

WITH OPEN ARMS

S

As the Boyd game comes to an end, seniors Tierney URI, Macey Winburn, Esther Ghoma, and Zoe Zimmerram welcome the players haiding towards, the student section. Befors the moment we wereabout to win. I was really, really oxicited and was screaming at the top of my lungs. Macey said: "All my friends were coming and so I was reaching out for them: *player by Abnye Grociar*



> White space > Freestyle modular design > People-focused storytelling, profiles > Calendars > A variety of story presentations





some things are just greater

together

SUMMERHILL & KENNEDY

FRIDAY NIGHTS & WHATABURGER SENIORS

& BACON FRY LUNCH & CELL PHONES

GRIM & TURF PAINTING

& THE PIT LEADERSHIP & STUCO 8:20 A.M. & 3:50 P.M. SADIE

& DINNER THEATER DRUMLINE & PEP RALLIES

MONDAYS & COMMUNITY CAFE

ROSEBUDS

& ARKANSAS

WEDNESDAYS

& SPIRIT DAYS

& TRASH CANS

WHO YA WITH

& T-HIGH

STUDENT SECTION

& TEA

TEXAS

> TIGER **Texas High School** Texas

like TEXAS HIGH SCHOOL SUMMERHILL & KENNEDY FRIDAY NIGHTS & WHATABURGER SENIORS & BACON FRY LUNCH & CELL PHONES GRIM & TURF PAINTING & THE PIT LEADERSHIP & STUCO 8:20 A.M. & 3:50 P.M. SADIE & DINNER THEATER DRUMLINE & PEP RALLIES TEA TEXAS & ARKANSAS WEDNESDAYS & SPIRIT DAYS thing STUDENT SECTION Tiger 20 19 Vol. 101 WHO YA WITH & THIGH together

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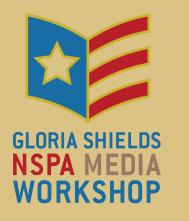
PEOPLE 130

"There's no better feeling than running the school's flags to show our support for Texas High. Being on the field with some of my closest friends and getting to cheer on our school's team is a thrill. We are Texas High, and we like to show everyone who we are and that we have spirit." -CARSON WOOD, 12

ORANGE Southerstand

some things are just greater together

> ENDSHEET, CONTENTS





han said. "I got a few scrapes o 10 minutes since we were out of breath because d just finished a 5K."

IT HAPPENED



WE SHOOK OFF FIRST-DAY JITTERS

AND SAID GOODBYE TO SUMMER

as we began the drive to 4001 Summerhill Rd. We were eager to greet the friends we hadn't seen in two months and anxious to meet our

new teachers. With Cardi B's "I Like It" blaring in the parking lot, we waited for Mrs. Pilgreen

or Mr. Anderson to tap on the car window prompting us to get out of the car. THE 8:25 BELL BECAME THE **OFFICIAL START OF THE DAY.** Some of us enjoyed the precious extra minutes of sleep it gave us, while others were lucky enough to wonder whether we should get a drink with the good ice from Sonic or warm chicken minis from Chick-fil-A.

IT'S file THE HARDEST DECISION

WE EXPERIENCED THE THINGS that made us happiest, like spending our Friday nights together at Grim, getting roasted and having a good laugh with Bobby or hearing the 3:50 bell dismiss us to go home.

THERE WAS SO MUCH TO file ABOUT THE NEW YEAR.

WE WALKED PAST THE COURTYARD AND STEPPED ON THE ORANGE "T" with our best friends like peas in a pod, while low-key hating the thought of a verbatim vocab test or the unit circle project. We compared homework loads and gossip, and dreaded the bell that meant go to class. **BUT IT WAS ALL WORTH IT WHEN**

OF THE DAY.

IMMERHILL KENNEDY *The new building on Summerhill and Kennedy is definitely appreciated. With over two times appreciated, with over two times more room, TigerVision is excited to have the utility to be more creative and less inhibited for our shows '



8:25 A.M. & 3:50 P.M. "Starting school at a later time didn't really affect me because this is the first year that I started driving, so I had the five minutes of extra time to find a parking spot and drop my camera gear off in the morning." -MERIDETH STANFILL, 11

-ABBOTT LAWRENCE, 12



"Palentines gives me a chance to give something to people I work with in publications. It helps us become close, and it's nice to be able to celebrate Valentine's Day with your friends." -ANDREA LOREDO-GONZALEZ, 11



RT WORK & AUCTIONS During the Grace Come

> OPENING















UMMER LOVIN' Seniors oak in their last Sp d oo wild " laeden said red this time would be a ood chance for me to get the house and live it up.



OUR TIME TOGETHER WAS OUT OF THIS WORLD.

Space Jam, the unofficial kickoff to the new year, gave us a chance to wear our favorite jerseys while we packed the venue to dance with friends we hadn't seen all summer.

WE RIPPED AND RAN FRANTICALLY TRYING TO PACK EVERYTHING IN.

For the first time, we had to focus on preparing for the watermelon supper after school began. And it wasn't long before we turned our attention to getting back the axe from our crosstown rival, Arkansas High.

DEFEATING ARKANSAS WAS BEST MOMENT OF THE YEAR.

EVEN THOUGH THE TEXAS HEAT

kept us from wearing our letterman jackets to the bonfire, we did what we could to ensure that it was lit while trying to capture each perfect moment for our Instagram story.

WE WERE OUT HERE THRIVING

while DJ Hollygroove played "Baby Shark" at Sadie and we shouted the lyrics while trying to remember the correct counts for the "We're All In This Together" dance for dinner theater.

OUR TIME WASN'T WASTED.

Through the countless dance practices to prepare for TASC StuCo State, we made memories with our friends and didn't even realize it. Time slipped between our fingers, and

THE DAYS WENT BY JUST 🖗 THAT.

5 A.M. & HOT YOGA

"Going to 5 a.m. yoga has been such a blessing this year. I love going because it really helps to jump start my day since I'm awake so early. Yoga has really helped me to destress in the middle of such a stressful year." -JULIA WHITEHORN, 11





"This was when I first tried watermelon, and it was pretty good, so I just went in for it. [Watermelon supper] was pretty -KELVIN JACKSON, 12



COURTYARD & FRIENDS njoying the nice weather, sophomores Alexis Lansdell, Aadalynn Radford and Keilie Lyons work on an English project in the courty and outside the cafeteria. When the weather was pretty, students often sat in the courty and to gather with friends, "You can sit out there and talk to your friends before class," Alexis said. "You see people that you don't normally see or that you do not have classes with, so you get to interact



NSPA MEDIA WORKSHOP





the jitters and a dose of optimism greet first day Nerves. Excitement. Anticipation. A new school year brought a wide range of emotions, all about a single piece of naner that dictated the course of the year. Comparing schedules and scoping out their teachers, student reactions to their schedules varied from satisfaction to disappointment. Academic advisers often placed students in classes they had not plan to take. Despite this dilemma, students came into the school year prepared for all its challenges.

TAKING ON THE YEAR "I was excited for my first day back, but since it's junior year, I'm a little scared," junior Nicole Kennedy said. "I'm optimistic for what this year will hold, though."

OFF TO A SMOOTH START "The first day of school went smoother than I thought," freshman James Fisher said. "The transition to high school went well. I really like how big the school is."

A GOOD TURN OF EVENTS "I got all the classes I wanted with the exception of one I didn't sign up for, but it's helpful for the career path I'm interested in," junior Tylicia Crutchfield said.

REUNITED AND EXCITED After a busy summer, freshmen Charity Gellington, Nyla TRY NEW THINGS Now that he's in high school, freshman Dalton O'Neal enjoys visiting with friends during watermelon supper. Henry-Tucker and Jalah Jefferson are glad to see one another again. "Nyla and I went to Instead of the Saturday before school started, the watermelon supper because we hadn't seen each other in months. Nyla was in a the event occurred after school began." I've been to watermelon suppers before because different country, and I was in a different state, "Jalah said. "So, when we all got back my sister went here, and I've been to most of state," Jalah said, "So, when we all got back to Texas, we decided to go because it was the fun coming back to them," Daton said, "I got first time we got to see each other."





c. murry

THE LAST SUPPER Even though she's a senior, Mabry Smith attends her first watermelon supper. "I'm sad that I didn't get to go to a watermelor supper in the previous years," Mabry said. This was my first time going, but I enjoyed it and had a lot of fun. I decided to go because I'm graduating early and don't have much longer left, and I'm just trying to make the best of it.

and it was a nice experience for my first year of high school. I decided to go because I have a lot of upperclassmen friends who said it was fun, so I decided it would be a good way to start off my high school career." NYLA HENRY-**TUCKER, 9**







BETTER "I'm really glad we finally have the opportunity to be on our phones during lunch," senior Connor Allred said, "It should have been allowed earlier, especially because we're not actively learning, so it's the perfect time to

"I think that being able to get on our phones during lunch is a good thing because it reduces the amount of time that we get on our phones during classes,"junior Candra Thompson said. "When we can check them during lunch, we are less likely to get on them in class and face the chance of getting our phones taken up." CALL ME BEEP ME "It allows me to check my social media when, normally, I can't," junior Chase Finn said. "If someone needs something during lunch, they could text me, and could go run an errand for them or something. It's a lot better than not having our phones."





k. gordor



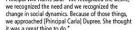
would be able to use our phones.

LUNCH **& CELL PHONES** we love moments of the day

we get to call our own The cafeteria fell silent as Associate Principal Richard

it would be a good opportunity for students to be encouraged to not be on their phones in class and give them a little more freedom at lunch," Assistant Principal Will Harris said. "We recognized the desire, it was a great thing to do."

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to be nothing short of a success. "I've been to some [watermelon suppers] in the past," Dalton said, "but this was my first official one in high school, and that was pretty cool." Not only did watermelon supper signal the start of school, the pep rally

was held the Saturday after school

"It felt really good to be with all of my

friends for my last watermelon supper,"

senior Drew Martindale said. "I was

a little sad it was after school started

because I always saw the watermelon

supper as a way of welcoming us back

Though there was a slight spin on its

timing, the watermelon supper proved

"I chose to go to the watermelon supper just as a chance to have fun and hang out with my friends before the school year got hectic," junior Christian Allen said. "It was also my last watermelon supper I was going to have with all of my senior friends, so I wanted to spend that time with them."

one in a

Having attended watermelon

a student, freshman Dalton O'Neal

supper many times while his sister was

knew what to expect from the annual

newfound freedoms in the transition

from middle school to high school.

I'm more free to express myself."

While Dalton celebrated the

beginning of his high school career

end.

and the ability to express himself, some

students saw it as the beginning of the

event. However, he enjoyed some of the

"Red Lick didn't allow unnatural hair

colors," Dalton said. "Now that I'm able

to dye my hair different colors, I feel like

In past years the tradition took place the Saturday prior to the start of school, supper. but this year's watermelon supper was

Date changes for back-to-school event

began.

to school."

SPREAD BY A. PAXTON, H. WOOD, S.

meant the beginning of football season "I just really wanted to start my senior year off right and make some

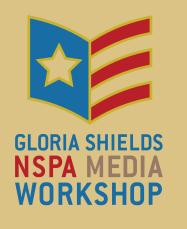
more memories with my friends," senior Autumn Golden said. "Football is my

favorite time of year, and I was really

excited for it to kick off at watermelon

altered. Since school began on Aug. 22, STEWART, H. MITCHMORE a Wednesday, the watermelon supper

> Stahl approached the mic to make an announcement that would give students the freedom they had always wanted: phones were allowed at lunch. "We felt like











1. A WORK OF ART Over summer, senior Alvssia Edwards explores the Virginia Museum of Fine Arts, discovering new art, 2, IT'S DESTINY Seniors Walker Davis, Carson Wood and Cameron Radney visit Destin, Florida, over summer. 3. A DREAM COME TRUE Waiting to see Harry Styles at the American Airlines Center, juniors Olivia Lower and Meredith Green take a moment to cherish the experience "Getting to see a celebrity I love so much with one of my best friends was so surreal," Meredith said. 4. HUGE OPPORTUNITIES Senior Chris Lyles visits Southern Arkansas University where he was offered a baseball scholarship at the end of his trip. 5. FAMILY TRADITIONS Sophomore Adriana Martinez celebrates her 15th birthday with her quinceañera. "Getting to see family I hadn't seen in years come together for me really meant a lot." Adriana said. 6. ROAD TO ADVENTURE While in Banff, Alberta, senior Cutter Dietze visits a ailroad track downtown after canoeing on Lake Louise. 7. GARDEN OF THE GODS "In Colorado Springs with my family, we visited different places such as the Garden of the Gods and the U.S. Obympic Training Center," senior Zuhayer Kalam said. 8. IN THE DEEP In Sea Island, Georgia, junior Harrison Lee goes deep sea fishing while spending time with his family and grandparents. 9. PLEASANT URPRISE While searching for the Blue Hole in Arkansas, seniors Rachel Johnson and Kaithyn Gordon stumbled upon Little Missouri Falls. 10. HAPPY CAMPERS Senior Kearstan Williams and junior Dane Sundbye attend UCA camp at the University of Texas at Austin

OVER IN AN

Social media documents the lazy and busy days of summer vacation

SUMMER, THE DAYS WHEN WE HAD TIME TO DO PRACTICALLY ANYTHING.

"We never went out of town," senior Treston Green said. "But we spent a lot of time on the roads in Texarkana, going to places we haven't been to in awhile or at all. It was kind of like a mini vacation."

SOME WERE SLUGGISH

"During the summer I slept anywhere from five hours up to 10 and 11 hours," junior Christian Allen said. "If I wasn't sleeping I was most likely still in bed watching Netflix."

BUT OTHERS WERE MORE PRODUCTIVE

"I accomplished my goal over the summer, which was finding a job," senior Gabrielle Sardinas said." It knev I was going to do things over the summer like going out with my friends, and I was also tired of asking my parents for money."

AND SEVERAL VACATIONED TO NEW PLACES

"Over the summer, I visited my mom in Virginia. She's in the military, so I see her every other month or every three months," senior Alyssia Edwards said. "When I see her after a while, I get excited that she's in the same room as me. We ate at a lot of different restaurants, visited a museum and went to an amusement park."

THERE WAS NOTHING

SPREAD BY SJ. PADDOCK, J. WHITEHORN, A. PAXTON, H. MITCHMORE













POSITUDE Over summer, senior Autumn Golder nds a three-week mentorship at the University of necticut, 2. BEACH BESTIES Sophomores Evelur terson, Reagan Potts and Mary Claire Wright prepar a day at the beach in Seaside Florida. "My favorite was definitely being able to spend time with my est friends." Reagan said. 3. SQUEAKY CLEA phant Sanctuary in Hugo. ed getting to wash the elephants with my friend ly Kyles," Connor said. 4. ROUGH WATERS While vacation in Gatlinburg, Tennessee, senior Mallari cClaran explores the Great Smoky Mountains. "The ater rafting and almost tipped out of our boat," Mallari I. 5. LAW & ORDER Senior Craig Crawford visits the me Court while on a youth tour in Washington, D. SENIOR SADNESS While decorating for the Space n, seniors Sarah Jane Paddock, Sarah Grace Boudreaux ace McGuire, and Mallari McClaran enjoy their last fore starting their final year of high school. FORGETTABLE Over the summer, seniors Hale

h and Zaria Dunn visit New York City with their fellow mates and favorite teacher, Britni Huggins. "We ade so many unforgettable memories while in the city, a said. "I am still shaken that I was able to experience New York life." 8. SEA YA LATER While vacationing acrest, Florida, junior Sophie Cree hops on a bike minutes of making it to the city. 9. BRO-SKI in Destin, Florida. 10. GRAND TIME During th er break, junior Cameron Alcorn visits the Grand with his family, 11. BAYWATCHING Taking a from watching her brother play in the Little Leagu Series, junior Shelby Steele hangs out in Orange eague World Series there," Shelby said. "It was nice e part of being in Santa Rosa Beach was getting t x on the beach and going to cute cafes," junior Hale ood said. "It was a great trip, I love Florida and the mosphere there." 13. COLORFUL COLLABORATION omores Cort and Caden Rainwater use their summer to spend time giving back to those around them. said. 14. SEASIDE SUNSETS While watching unset with other vacationers in Seaside, Florida, sophomores Cayli Clack and Hollan Reed cherish the sweet summer evenings. "My favorite part was getting to ride around on bikes and all your worries are just gone for a while," Cayli said. 15. A SIGHT TO SEE On a mission rip in New Mexico, sophomore Jurman Williams takes he off to visit the Grand Canyon."I've always wanted to the Grand Canvon, and I got to view one of beautiful creations first hand, "Jurman said, 16 CTION! Seniors Colton Capps and Abbott Lawrence re with their two Russian counterparts filming while i counterparts," Colton said. 17. ENJOYING THE On summer vacation, senior Brooklynn Freemar is the view of the Grand Canyon while in Arizona. 18. FOLLOW THE LEADER After attending a leadersh camp at University of Mississippi, senior Madison Brown ays goodbye to her group counselors on the last day of amp."I bonded so much with my group, and I really loved etting to experience life in a college campus," Madison aid. 19. STRAIGHT CHILLIN' "Over the summer, I nt on vacation with my family in Plava del Carmen

went of valation with in yaim. If in rays det samen, senich folland Raimvater said. Speen most of thes vacation reading on the beach." 20, FUN & FRIENDS Sophomors Caden Miller and Jake Dekandbe vacation at Seaside over summer break. 21, BEACH VIBES During summer break, sophomore Bailey Reinsch spends her vacation hanging out at the beaches of Galveston. 22, DULDAPALODA While in Chicago, sophomore Reizels Bames attends the music festival, Jollapalocoa. "I loved getting to see my favorite artists perform, "Feeds as ad. 23. WASHINGTON WALKS While walking around in Washington, D., junici Jayla Boyone pauses to take in the surreal view of the Supreme Court. 24, EYE ON THE PRIZE A nago completing in barrel race. 25. RAINY DAYS During a break from the rain, sophomore Morgan William septores the beach in Daybin Island, Alabama.

TEXA

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> SECTION DESIGN









POP & SIZZLE Grills lined the courtyard as seniors, and a few volunteer dads, gathered before the sun game up to cook eggs, bacon and doughnus for classmates during the annual Bacon fry the morning before the Tesas vs. Arkansas game. DONUT MISS OUT Senior Carl Oliver places doughnuts on plates of bacon and eggs. WHIST TWISTIM Hungy students wait as senior Rachel Johnson makes scambilde eggs. MAKING DOUGH MOVES Senior Chris Sutton helps with powdered sugar at the doughnut station.



No one thought it could happen again. After the loss of two seniors last year, the thought of it occurring again seemed unfathomable. But it did. Senior DeQuation Lewis dide on July 1 from a rare heart disease, and senior Grace Comer died on Aug. 19 from injuries sustained in an automobile accident. Both were remembered during senior sunrise.

The set of the set of



The Texas vs. Arkansas

ootball game was great,

nazing. It was one of

nose football games I

ill never forget. It was

important because

kansas is one of our

-D'ANDRE WILSON, 12

iggest rivals in the

and the energy was





h minerate

ON OUR TOES FOR TOUCHDOWNS Before the game, senior Kaarstan Williams encourages the crowt to yell, "lexas." "We were all kind of nervous. It kept us on our toes for the whole game," Kaarstan said. "The game itself was interns, and the student section energy was really good. Was really relieved and happ to get the are back units with the student of the student section included Racohad. Cookies, can off exchange. The off each student included Racohad. Cookies, cand, pt exchange, "senior Achley Walker said. "It shows good sportsmanific encludu and good leadership between each school. My senior year has just been the best." READY FOR REDEMPTION. Hoping to get the axe back after last year's defeat, junior Karson McDonald shows his excitement after the team scored a touchdown. "I was really hype for the game because it was our biggest game all year," Karson said. "We had just scored a touchdown, and I was hawing a tor furn. It was a good redemption

same, and it was really great that we got the axe back. "WE ARE AS ONE In four of the student section, the fochabl Iteam gathers to sing the school song after the 43-35 win over Arkansas. "It's the biggest game that I have ever played in," senior Seth Willis said. "If the got one: "IN THE ZONE Wine warming up for the halfitume performance, senior Anna Loanzon eelebrates a touchdown. "I could see the field form where I was stranding." Anna said. "I was really excited because the color guard was so close to the football players, and I could see the ball make it into the end zone." CINCHED VICTORY High-stepping into the end zone, senior quarterback Coloin Clack secures a victor, Clack nushed for two touchdowns and completed 16 of 24 passes for 281 yacks." I saw an opening and hit in and then scored. "Colum said." I was really confident about making enough plays for us to win. The best feeling was definitely when I scored the toudhown that put us shead by seven to win the game."





beating your crosstown rival always feels good

Tears fell from eyes throughout the stadium. After an onslaught of penalties and miscues, the axe was coming back where it belonged.

The Tigers 43-35 defeat over Arkansas High was vindication for a team that was out for revenge following last year's devastating 7-0 loss. Only a week prior to the game, teammate Leonard Parks died, leaving the team grieving as they headed onto the field.

"Last year we lost Leonard, and then we lost the game. It made us lose a lot of our confidence," senior Deandre Brown said. "This year we calmed down and refocused ourselves. We were able to get both the student body and the crowd into it, and it really made it so much better for us."

The team had a rough start to the year with a 57-7 defeat to Pflugerville Hendrickson.

"Everybody was saying we were trash after the first game, but you can't let the first game define the whole season," senior Cameron Radney said. "It was a learning curve, and I think losing that game was why we won."

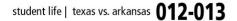
The boys knew they were in trouble and took every precaution in order to prepare for the famous rivalry game. "We made every mistake that we could have possibly made at the first game," Deandre said. "Everybody was too caught up in trying to make a play and get their names called, and we lost our cool. Sometimes you get emotional and you get out of hand, but we did better controlling our emotions and we keep tou our composure for this game."

Rain threatened to wash out the game, but the drizzle didn't prevent the Tigers from pulling out the best win of the season.

"Coach Hawkins was trying to calm us down, but I was too excited," Deandre said. "It's the last time we would play their team, and it's my senior year. How could I calm down? I just couldn't."

The Tigers had no time to let their guard down in one of the most nail-biting games of this year.

"Every time we went to play, we scored and there was so much energy and adrenaline. Then you go back to the bench, and you get scored on. You can't relax during a game like that," Cameron said. "You always have to stay focused. You can never get too comfortable." SPREAD BYS J. PADDOCK, E. MCDONAD



> CLOSING



WORKSHOP

> SECTION

DESIGN

WEDNESDAYS & SPIRIT DAYS

it's fun to let loose your inner child

MADE IN THE USA Pride in his country shows as junior Grey Johnson takes part in America day. "I thought the shirt looked awesome. I mean it's an American flag," Grey said. "I felt like everyone should have dressed for this day to show support for our country. It held some significance for me personally."

SPIRIT SAVES THE DAY





for superhero day. "I dressed up as Superwoman because she's my favorite superhero, and I love her," Tarren said. "When I was little, I wanted to grow up and be just like her. I dress up for every dress-up day because love school spirit.





and completely forgot it was a spirit day," Addison said. "When I was leaving my house, people were telling me it was space day; then, I looked down and realized I coincidentally had pu my Star Wars shirt on." **DOUBLE TROUBLE History is** rewritten when junior Macie

Webb dresses as Danny William: for favorite teacher day. "I go to his class before school every morning and we went on a school trip to Europe, so I got to know him really well," Macie said. "I think school spirit is important because it brings the student body together."

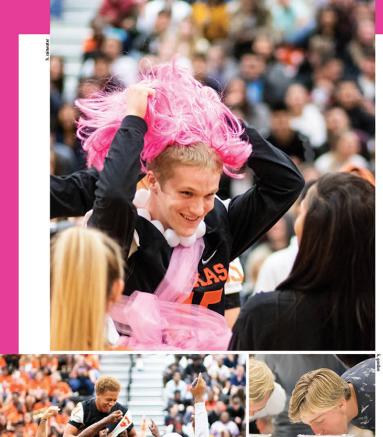


The hallway is her runway as freshman Olivia Sisk struts in her vibrant colors for tie dye day. "School spirit means unity it represents the school comin together as a family," Olivia said. "I dressed up for tie dye day in order to be more involve and support the school."









WIG SNATCHED The tables are turned as senior Nick Graves gets dolled up while getting a makeover for the Homecoming pep rally. "Getting dressed up in front of everyone at the pep rally was pretty cool and fun to be a part of," Nick said. "It was really great being an escort. It was nice to have that experience with a big group of friends." BOOGIE SHOES Hoisted by his teammates, senior Uriah Hopkins celebrates his win in the dance battle during the pep rally. "Everybody participating in the dance battle made the experience memorable," Uriah said. "I dance some outside of school, and I practiced before the pep rally. Getting hyped up by the football team helped me know that my teammates had my back no matter what," PIE FACE Whip cream flies while freshman Haak Chesshir participates in the pie eating contest during the pep rally." It was awesome competing with other students in the pie eating contest," Haak said. "I enjoyed shoving pie in my face and watching my friends do the same." STRUT YOUR At the Homecoming pep rally, senior Drakailen Woodruff is being dressed up by senior Allison Yancey. "I was embarrased, but I was having fun at the pep rally trying to get us hyped for the game," Drakailen said. "Dressing up at pep rallies is an honor, and it's fun that I was picked to participate out of all people." SPREAD BY E. MCDONALD, SJ. PADDOCK, H. WOOD, S. STEWART, H. MITCHMORE

WIGGIN' Anything can happen with spirit like this

SWEET VICTORY "It felt really awesome to win the pie eating relay at the pep rally because I worked really hard with my team to figure out which parts of the relay worked best for each person," junior Mya Bowers said. "In the end, our cooperation paid off, and the fact that we made a well-working team from people I didn't really know was really rewarding."

URN THE BEAT AROUND " didn't know much about the flash mob dance before the pep rally. which made getting out there and dancing even more fun," junior Bryson Harris said. "For the most part, I followed along with everybody else, but all in all, I had a good time, and I'm glad I could be a part of it."

"Normally, I don't perform with drum line, but when I was told that I was getting to dance out there, I didn't hesitate," sophomore Amelia Stansbury said. "I was really nervous about what people would think about my dancing. but it ended up being a really awesome experience.

"It was nice performing for the cancer survivors that are part of the administration at the pep rally, especially because my mom is a cancer survivor," senior Carson McCarver said. "I was glad I got to play with the orchestra and show the survivors how proud we are of them for getting past something so tough. I think it was so important to honor those people for what they had to go through."

PUCKER UP "Being in charge of kiss the pig was one of my favorite parts of being the senior class vice president," senior Sydney Stewart said. "When I picked the pig up in Mount Vernon, he was scared of me, but he eventually got comfortable with me, and that kept him from freaking out from all the noise at the pep rally. It was a great experience to be a part of a tradition like that for my last year at Texas High."



PUT ON YOURgame face

In a single instant, the course of a game can change drastically. From the exhilaration of a good play, to the shock and disappointment of losing a lead, students react to the little moments during football season with huge emotions.



SWIMMER

Adding on to the fun and bonding events the swim team holds, freshman Spencer Lawing hosted an apron-making get together for the annual Texas vs. Arkansas week apron day. Through their designs, the swim team showed their spirit and creativity while enjoying time getting to know some of their newer teammates. CAPTAIN'S ORDERS "We made apror "We made aprons and then played volleyball in the pool," senior captain Jackson Shellogg said. "I thought it was a good bonding experience for the team." "My brother told me that as a freshman, it's important to get involved and to bond with the team," freshman Maddie Frost said, FORGING FRIENDSHIPS Freshman Tanner Woodruff designs his apron with his mother, Tina Woodruff. "The apron making was a great chance to get to know my teammates for the year," Tanner said.



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TARE THE STAGE Cast, audience get immersed in 'Metamorphoses'

The cool water produces a shiver as Eros, played by junior Connor Powell, spreads his wings in the final scene of 'Metamorphoses.' As he solemnly observes Midas being reunited with his daughter. Connor, whose character is to remain frozen like a Greek statue, can't help but was forced to do something they probably see the feathers on his wings shaking.

"It was a tense moment where we had to be still and guiet," Connor said. "As I am trying to remain still, I look over and see the feathers in my wings shaking. It was hard not to tremble because it was so cold.

While the actors found themselves immersed in a pool of water, the audience found themselves likewise engrossed in the play since they were seated onstage

"'Metamorphoses' was such a unique and

to remain in character while being immersed in freezing water, the crew had to figure out how to even get a pool onstage, and the audience weren't very used to-be a part of the show themselves.

To allude to the setting of a beach, the crew built a pool onstage. "The pool was definitely a first for everyone,"

freshman Beth Dietze said. "It was so cool because we really did have a body of water on stage."

The audience was also included in the action. "'Metamorphoses' was different. Because

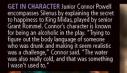
challenging show for everyone involved," senior Paisley Allen said. "The cast had to learn how wkward if the audience sat out in the house." sophomore Mason Smallwood said, "We put the audience on the sides of the stage with us while we performed and had projectors as well. In case the audience couldn't see, they would be able to know what we were doing in the pool." Behind the scenes, the crew had the task of

> "The pool made a different performing atmosphere," sophomore Darby Robertson said.

us. It was a lot of work with the tech crew too to make sure there wasn't any water on the stage, and the costumes we wore had to be able to handle water well."

making sure the show went as planned. "We had to learn to act to the audience around

SPREAD BY O. LOWER & L. SEWELL



IN THE MOMENT In the spotlight, senior Andrew Davis kisses junior Shelb Steele as their characters are being d into halcyon birds to other feeling in the world like a live rmance. Everyone's emotions are n your hands," Andrew said. " You can they never thought they could.



nake people think and feel in ways that

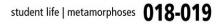


DINING IN Fork and knife in hand, senior amuel Sanchez prepares a meal while phomore Miracle Shephard ties a napkin who have the set of th Samuel said. "I feel like being an acto TAKE A DIP Chilled from the water, senior Rachel Johnson watches over senior Grant Rommel in the pool on stage. "The show was a lot different with acting styles and personas because th audience was right around us," Rachel said. "Throughout the show, every time someone got in

the water you would hear them make a noise because the water was so cold. It was really funny

"At this point, my character just found out her husband died, and I'm mourning his loss. I've always been in acting, and I don't know what I would do without it. Most of my time is dedicated to theater, and it's a great way to find out more about yourself and other people." -SHELBY STEELE, 11

> SECTION DESIGN





REACH FOR THE STARS

Students share stories of determination that help them achieve their goals



"Being in REACH has helped me in various ways. It helped me look for colleges, get scholarships and financial aid, and take the ACT. I've been in REACH for a little under a year. I found out about **REACH** through the previous

DESTINY

HUNTER, 12

A HELPING HAND

REACH teacher and through past seniors who graduated from Texas High who said it really helped them. REACH also helped me choose which colleges to apply to, which are UNT, Henderson and Historically Black Colleges and Universities. I want to go to college and major in business finance and accounting, and hopefully, get a good job. Because of REACH, I am able to think bigger than l originally wanted, and it helped me prepare to get into those colleges where I can accomplish those dreams."

KAILIE LYONS, 12

CATCHING UP

"REACH has helped me by catching up on classes, homework and backing me up for missing school for extra activities. It's also helped me by emailing coaches from colleges, applying to colleges and looking at future jobs. I heard about it from a friend who was in it for her freshman and sophomore years. I've been in REACH since junior year, so I've only been in it for two years. A lot of people have a long backstory for being in REACH, but for me, I just wanted to get help on college transcripts and my ACT. My hope for REACH was that it'd help me get into college and get scholarships. I want to go to Ouachita Baptist University and play soccer there."

SPREAD BY M. GREEN, L. LENOIR, E. NORMAN, Y. WILLIAMS-WHITEHEAD

VICTOR CAMACHO, 12

REACH because I forgot to

fill out my schedule. REACH

the years and time to look

at my grades and make sure

I'm up to date. I want to be

a mechanical engineer. The

college I want to go to is

Southern Arkansas University.

I'm not really that rich, and

REACH has helped me look

my grades. "

GUADALUPE

GET STUFF DONE

"I wanted to be in REACH because I saw how people

succeeded over the years.

Since I'm a senior, and I have

to get my life together before

leaving, REACH allows me to do this. It has helped me get

college stuff ready, like where

I want go and get my ACT

to volunteer and get more

is my second year in REACH.

I got a letter from the school

REACH, which helped me join

the club. It's helped me look

College to do my basics, and

Henderson State because it

radiology.

has the career I want, which is

at two colleges, Texarkana

sent to my house about

BUSTAMANTE, 12

at scholarships and financial

BLESSING IN DISGUISE

PERLA HERNANDEZ, 10

ACCOMPLISHING

hall, so I can finish all of my

class work that I didn't finish

I couldn't complete. It has

made me not get behind in

classes. It also has helped me

by making me work toward

my goal and never letting me

lose sight of what I want. I've

been in REACH ever since

sixth grade. I learned about

it from my elementary school

explained that REACH was a

college career readiness class,

that if you stayed in it all four

years through high school, you get a scholarship at the end of

the year for where you want

to go to college."

JEFFERSON, 9

"When I have school work

that I don't have time to do

at home, REACH gives me

brother and do chores, and

work, so I just do it in REACH.

It really helps me out and has

My dad never graduated from

college. He only graduated

from high school, and my

mom just graduated from

college with her registered

nursing degree. I plan on

being in the military while I'm

in college. REACH has been a

big help with planning that."

helped me raise my grades.

TWO IN ONE

JALAH

GOALS

"I've been in REACH since the "One way REACH has helped

sixth grade. I found out about me is that it is like a study

gave me a chance throughout before or homework that

aid for college. The teachers in teachers. They explained what

the way and told me what to accepted into REACH and that

do to and how to better raise it's going to help us a lot. They

score and grades up. It allows time to get it done. When I

me to have more opportunities get home, I have to watch my.

experience on my resume. This I don't have time to do my

REACH also helped me along REACH was, that we'd been

> SECTION DESIGN



"The Who Ya With chant is a symbol to tell everybody who we're reppin' no matter where we're at. Ever since I was a freshman, it's always got me hyped. It's like asking where you are and where you're from. I'm always going to rep T-High no matter where I'm at." -COLE DRUMM. 12



WHO YA WITH? BUT ON A WITH? BUT ON A WITH? We were always greater together

> ENDSHEET



> COVER: MULTIPLE DESIGNS



> **PILOT** Redondo Union High School California

notjust Notjust Notjust Notice Notice





> ENDSHEET,

CONTENTS

not just one





1. Modeling at Redondo Pier, seniors Kennedy Trawick and Miya support each other and have fun no matter what we're doing," Trawick said. Both have done similar shoots together in the past, as pictured. 2. Competing in her event, the butterfly, Sarah Quayle swims to win Redondo another title. "The Redondo Swim team has a very fun, competitive environment which everyone is able to benefit from. I especially love racing my friends in fly," Quayle said.



beginning

experience

preparation

adventure

celebration

festivities

action

battle

trend

dame

trip

tradition

process

challenge

competition

change

iourney

conclusion

win

party

performance

a

E

C

After swimming for seven years, Quayle excels in the backstroke and butterfly events during swim meets. rales, Riley Kennel and Chloe Cantalupo cheer on junior Chris (Panda) Martinez at homecoming. "My friends and I have always gone to homecoming because we love not caring what other people think and we knew we would have fun with each other." Moralessaid Homecoming is organized and hosted by Semper Club.



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story bond drive goal aim

dedication reason mission message inspiration determination ambition responsibility destination connection aspiration achievement motivation dream

outcome

104

96

98

100

102

craft

outlet

training

style

gains

attempt

activity

technique

idea

effort

practice

pressure

solution

progress

specialty

pursuit

trial

C

G

G

0

strategy grind

6 8

10 12

14

16

18

20

22

24

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32 34

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42

44

origin choice

discovery

resources

character

view

power

talent

routine

α

adversity

culture

team perspective history voice feelina reaction struggle relationship leadership evolution reflection

see page 330 to find content index

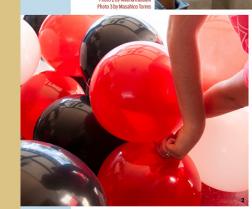


1. Participating in the March Madness tournament, senior Kyle Tsuji goes for a layup in the first round. "I like how we have fun lunchtime activities such as March Madness, because I love playing basketball," Tsuji said. Other sports series like seven on-seven football and dodgeball tournaments are hosted throughout the year 2. As a freshman at Redondo Brooke Goldman joined Semper the oldest service club on campus. "Lioined semper because Leniov planning events and thought it would be really cool to help with Hoco," Goldman said. Semper organized this year's "Casino Nights" Homecoming in the Big Gym. 3. After Joining AP Studio Art, senior Nicole Javellana has been exposed to new art forms in order to grow as her own artist. "The department gives me access to a plethora of free fabrics, paints, miscellaneous supplies, matting boards, and tools to facilitate my creativity," Javellana said. With her involvement in the program, Javellana has been able to display her art and network with high profile individuals in the Los Angeles Art realm Photo 1 by Mason Childs Photo 2 by Meena Kabbar

adidas

player

nuls



> OPENING 1

what's your your thing?

Is it the time when ASB killed the lights at the space rally letting our already obnoxious school colors shine and you decided to sign up for Salsa Club on the spot because you felt like it or when you ignored the leaky roofs in the new 900s building after measuring your heart rate for a Physio Lab which finally got you the grade you wanted for those random lanyards or phone pockets you seem to look forward to every quarter which ended up helping that time in Senor Sanchez's Spanish class you clicked the triangle on question 45 to win a game of Kahoot and cheered almost as hard as when Alyssa Munn shot the final point to win the girls basketball's last game against Costa or the celebratory shriek you and some classmates made after winning another game of 8-ball in the middle of 3rd period or struggling to read your sheet music through Mr. V's chanting for

"one last time"

2 opening





but feeling even better

when you finally earned enough money working at Wanna Chill to hit Coachella and Stagecoach back to back with those friends you met in Bio who you grew close to and watched sing their hearts out as iconic fairytale characters during Into the Woods when in the same weekend you and your friend group headed down the 405 at 6 a.m. to beat the morning traffic on the way to the Arts District instead of the usual sunset hike to the PV tree to reach the same view you catch from walking up the main hall stairs to the pond for that glance you so easily take for granted but look at anyway?

No.





1.8.5 members of the variety swim team, series Daniel Fuentes practices butterfly during off season to propare for the competition ahead. "I have been blessed to be part of such a great, handworking team. Over the past lew years, the whim program has allowed me to grow as an athlete and a teammate." Fuentes said During the spring season, reuters and the team spend hundreds of hours in the pool, aming to win more Bay League and OF Titles.

2. Performing in the Car Show held in the authorium parking lot, serior Peal Saffeys showcases here musici talents: "Being in the Matching bond program and having the privilege to be the Drum Major my senior year has truly shaped me into the woman I am today. It taught me how to lowe myself and it gave me confidence to be a strong leader: "Saffry said."

3. Making their first appearance in the spring. Momma Duck and her ducklings stroll around campus. "Duack, quack," Momma Duck said. During their visit at RUHS, the ducks often take advantage of the pond originally built for AP Environmental Science curriculum.

Photo 1 by Mason Child Photo 2 by Eden Millan Photo 3 by Gael Bernal





We're all of these things.



Create Null trip to the Redondo Pies, freshman Sierra Nunle snops photo of a fahrman's moning catch for photography class: really like the Roddoo School program and the fact that they offer a great photography class. I'm gind to have these opportunities in such agreat school? Nunls said. They were assigned to capture Redondo catture in their photography. Priors thy Machine Insunder Photography of parameters

Linking high finish bit class notes, junice Aline Bias helps out another student in Spanish class. "As everyone student in redondo has something special about them, by the time weigr radiaute, Redondo will have opened one. If not many, opportunities for us: Elas said. Along with learning new language, Elias spends his free time working as the securativy for tene court.

2 Consideration a community victory on the mat, freshman Teyah Gutlerrez cheers alongside fellow wrestlers. "The best part about being a wrestler is being a female in a combat sport," Gutlerrez said, Gutlerrez, along with other members of female wrestling, feel a sense of empowerment due to the strength required for their sport.



We're 🔁



> OPENING 3





> OPENING FOLDOUT



GLORIA SHIELDS NSPA MEDIA WORKSHOP

my hobbies

by Chloe Rosenbaum

he bandsaw grinds powerfully through the old skateboard, the direction of the wood grain. The process to make a cutting through multiple layers of wood. Small shavings flutter to the floor as an earthy smell fills the air. As the last of the wood is cut through, the saw switches off and a deafening silence fills the air. This is what senior Drew Brown experiences while pursuing his passion of woodworking. In his free time, Brown cuts up old skateboards and turns them into jewelry. While he can craft many different types of accessories, his main specialty is making rings." Usually people just throw out their old skateboards and they sit for a while, but I turn

ring is actually pretty simple and is mostly just sawing and a lot of sanding. Brown then finishes with wax and polyurethane, which creates a durable finish. The rings take anywhere from half an hour to an hour and a half to make, depending on the complexity and color of the wood. Brown doesn't keep an inventory, and only makes a ring if someone orders it. He charges \$15 for a basic ring, and \$25 to \$30 for the more complex, durable rings. "I usually get a few orders a week," Brown said, "Once [the ring] is done, I see where it's going, I put it in a little bag, and them into something that they can use again," Brown said. then add a couple of business cards, stickers, and coupon codes." He then ships it off and gets started on the next

Ever since he was young. Brown has loved to skateboard order. and has collected many boards over the years. When he

was 15, he decided that instead of just letting them take of them. "I was just messing around at first and the things I was making were super far from being anywhere able to sell." Brown said. "It took me two years, but eventually it got to a point where people wanted them." Brown then decided to turn his small passion into a big business by making a logo, setting up a website, and selling his rings on Etsy. Brown said:

It's been really cool experimenting to make each ring unique,

No two rings are the same since no two skateboards have the same design. There are many different colors and variations, including the layers on the board and

Surprisingly, woodworking didn't always come naturally up space in his garage, he would make something new out to Brown, who experienced a fair amount of challenges when he started. "Before I knew how to do it, the different techniques that I was trying didn't work at all. Every ring was coming out super wonky and lopsided." Nobody wanted to buy his rings, making Brown very discouraged. "I took a bunch of breaks, because I just gave up a couple of times. But I kept going back at it until I got it, and I finally got what I was looking for," Brown said. Eventually, Brown was able to master his technique and start consistently selling his unique wooden jewelry.

> While Brown's main specialty is making rings, he also makes earrings, keychains, ramekins, and more. "I made a tabletop once, but I haven't sold it. I've made sunglasses too. I always like to experiment with stuff," Brown said. "I would say 90% of the stuff that I try and make out of skateboards doesn't turn out. But it is what it is, and the 10% that do work is always worth it."

> > a way to combine it with his love for skat

















> **PROFILE**

30 passion

Ð



> SECTION

DESIGN

not just one goal

What your religion? Elise

Dahl, 9 lam Mormon not Jewish Sammy Aldover, 11

l am not Buddhist

Michael Wood, 12 I am not but I am Agnostic

Dasha Shevchenko, 9 lam Russian Orthodox and

Leyna Kataoka, 11 I am not but I am



Presbyterian

freshmen "I've always been a pretty social person, and I was in ASB "Homecoming as a freshman in middle school, so I always was a really new experience, went to the school dances. So because I didn't really know of course, I was excited to go to early and going to eat with what to expect at the dance."

seniors

"Homecoming as a senior was just a lot more memorable, and I tried to really savor it since it was my last one."

homecoming for the first time." my friends." "As for the decorations and "This year, my favorite the DJ, they were better than memory was dancing to previous years. I think the some of my favorite songs

ones from this year sank in

more to me."

"Although the dance was

really fun and a good

experience, I think my

favorite part was leaving

Driving around after with my friends was really fun."

dj play





my song

The photography class captures PE students through mutiple angles

compiled by Aayat Jhaveri

/ I was up in the windows and I saw a guy trying to throw a basketball backwards. I thought it'd be a fun shot to take given the expression on his face and because he was trying something different. I captured the moment on his face where he didn't know whether or not he was going to make it. It was a fun shot - Thomas Beucler, 11

A really captured the kid's frustration about PE I think that's what photography is all about, just capturing the moment as accurately as you can through the picture and so I'm pretty proud about this picture - Karim Vidaca, 11

14 was inspired to take a photo because it really looked like the kids were working hard and were able to push through pain, since that's what PE is about. I wanted to really just show their feelings through capturing their faces - Alyssa Munn, 11



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re the moment, students get in a crowd. "I had so much fun because I went with many of my friends," Carter said. Students who weren't friends before came close during moments like these at homecoming. s, the police showed their dance moves. "It's not something you get to see everyday," said Bode. Even the police were able to enjoy the night. kes a photo of the crowd. "The dj played a lot of my favorite songs," Bode recalled. The music was a big part of the

whole experience. the music, seniors Noah Johnson and Ariel Rodriguez dance their hearts out. "I think the seniors really enjoyed their time because it was their last," Carter mentioned. Whether a senior or a freshman, students of all grades had fun together



Freshman Carly Carter and senior Hunter Bode experience homecoming with different perspectives compiled by Suji Kim



> Tiny photos and group shots > Clusters of more than three captions > Crowded framing margins > Lack of expanded spacing > No traditional copy







What's trending in 2019 yearbooks

gary@studentpress.org